

SYLLABUS MONTHLY BREAK UP
CLASS – VII
(SESSION 2023-24)
TERM – I

SUBJECT/MONTH	APRIL	MAY	JULY	AUGUST	SEPTEMBER
ENGLISH	Honeycomb- Chapter 1- Three Questions Chapter 2- A Gift of Chappals Writing Skills 1.Diary Writing 2.Paragraph Writing Grammar and Vocabulary 1.Articles 2.Words used as nouns and verbs	Poem- The Squirrel Supplementary Reader The Tiny Teacher Grammar-.Simple Tenses (Revision)	Honeycomb Chapter 3- Gopal and The Hilsa Fish Poem- The Shed Supplementary Reader The Cop and The Anthem Writing Skills 1.Story Writing Grammar and Vocabulary	<u>Honeycomb-</u> <u>Chapter4- The Ashes That Made the Trees Bloom</u> <u>Chapter 5- Quality</u> <u>Poem- Chivvy</u> <u>Writing Skills</u> <u>Notice Writing (Lost and Found)</u> <u>Grammar and Vocabulary</u> <u>1.Perfect Tenses-Cont.</u>	Revision of Half Yearly Examination Syllabus for Annual Exams Literature- Chapter 3- Gopal and The Hilsa Fish Poem- The Shed Chapter4- The Ashes That Made the Trees Bloom

			1.Continuous Tenses 2.Perfect Tenses 3.Noun Clauses 4.Prefixes Syllabus for UT 1 Chapter 1- Three Questions Chapter 2- A Gift of Chappals Poem- The Squirrel Supplementary Reader The Tiny Teacher Writing Skills 1.Diary Writing/Paragraph Writing	<u>2.Phrasal Verbs with look</u> <u>3.Infinitives</u>	Chapter 5- Quality Poem- Chivvy Grammar- 1.Tenses 2.Articles 3.Noun Clauses 4.Prefixes 5..Phrasal Verbs with look 6.Infinitives Writing-
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			Grammar and Vocabulary 1.Articles 2.Simple Tenses 3.Words used as nouns and verbs		Diary Entry, Story Writing, Notice Writing
HINDI	*हम पंछी उन्मुक्त गगन के *मिठाईवाला महाभारत कथा	भाषा लिपि बोली, व्याकरण , वर्णमाला शब्द विचार प्रथम इकाई परीक्षा हम पंछी उन्मुक्त गगन के मिठाईवाला महाभारत कथा देवव्रत और भीष्म प्रतिज्ञा भाषा लिपि और व्याकरण ,वर्णमाला	अपूर्व अनुभव रहीम के दोहे देवव्रत भीष्म प्रतिज्ञा शब्द प्रायवाची 1 से 20 पत्र	संज्ञा कविता एक तिनका सर्वनाम पत्र कुंती, करण	अपठित गद्यांश अनुच्छेद अनेक शब्दों के एक शब्द 1 से 20 अर्धवार्षिक परीक्षा की पुनरावृत्ति अर्धवार्षिक पाठ्यक्रम हम पंछी उन्मुक्त गगन के मिठाई वाला अपूर्व अनुभव रहीम के दोहे एक तिनका कुंती ,कर्ण ,लाख का घर संज्ञा सर्वनाम

					पत्र अनुच्छेद अपठित गद्यांश अनेक शब्द के एक शब्द 1 से 20
SANSKRIT	- रत्नम् पाठ-3 परिश्रमस्य फलम् पाठ-4 गंगा नदी	व्याकरण - शब्दरूप – फल लट् लकारः, लृट् लकार संस्कृत- संख्या (26 -50) (पाठ्यक्रम गतिविधि के अंतर्गत) पाठ-1 ईश वन्दनम्	संस्कृत - रत्नम् पाठ -10 पर्वतराज--हिमालयः पाठ-11 सुभाषितानि शिक्षक(1) पाठ-1 व्याकरण लङ् लकारः, लोट् लकारः इकाई परीक्षा-1 पाठ्यक्रम संस्कृत – रत्नम् - पाठ -10 पर्वतराज--हिमालयः व्याकरण लट्, लृट्, लोट्, लङ्, लकार, पठित - गद्यांश शिक्षक(1) पाठ-1	संस्कृत - रत्नम् पाठ-5 भारतदेशः शिक्षक(1) पाठ-5,6, व्याकरण अस्मद् शब्दरूप , अपठित गद्यांश , चित्रवर्णनम् (पाठ्यक्रम गतिविधि के अंतर्गत) पाठ-5 भारतदेशः	पुनरावृत्ति अर्धवार्षिक परीक्षा की तैयारी अर्धवार्षिक परीक्षा पाठ्यक्रम संस्कृत - रत्नम् पाठ-3 परिश्रमस्य फलम् पाठ-4 गंगा नदी पाठ-5 भारतदेशः शिक्षक(1) पाठ- 1,5,6 व्याकरण शब्दरूप - फल, अस्मद् शब्दरूप लट् लकारः, लृट् लकारः, ल ङ् लकारः, लोट् लकारः संख्या 26 – 50 तक, अपठित - गद्यांश , चित्रवर्णनम्

			(पाठ्यक्रम गतिविधि के अंतर्गत) पाठ-10 पर्वतराज--हिमालय शिक्षक(1) पाठ- 1,5,6 व्याकरण शब्दरूप - फल, अस्मद् शब्दरूप लट्लकारः,लृट्लकारः, लङ्लकारः ,लोट्ल लकारः संख्या 26 – 50 तक,अपठित - गद्यांश , चित्रवर्णनम्		
MATHEMATICS	Chapter-1 : Integers	Chapter-2 : Fractions and Decimals	Chapter-4: Simple Equations Chapter-5 Lines and Angles Chapter-6 Triangles and it's properties	Chapter-6 continue Chapter-13 Exponents and Powers	Chapter-3 Data Handling Revision for Half yearly exam

SCIENCE	Chapter 1 - Nutrition In Plants Chapter 2 - Nutrition In Animals	Chapter 2 - Nutrition In Animals continues... Chapter 10 - Respiration In Organisms Chapter 17 - Forests - Our Lifelines	<u>Chapter 10 - Respiration In Organisms continues.....</u> <u>Chapter 12 - Reproduction In Plants</u> <u>SYLLABUS FOR UNIT TEST – I</u> <u>Chapter 1 – Nutrition in plants</u>	Chapter 5 - Acids , Bases and Salts Chapter 4 - Heat Chapter 7 - Weather , Climate and adaptations of animals to climate .	Revision Half Yearly Examination Chapter 1 – Nutrition in plants Chapter 2- Nutrition in animals Chapter 4- Heat Chapter 5- Acids, Bases and Salts Chapter 10 - Respiration In Organisms
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			<u>Chapter 2- Nutrition in animals</u>		Chapter 12 - Reproduction In Plants
SOCIAL SCIENCE	Geography Chapter 1-Environment Civics Chapter 1-On Equality History Chapter2-New kings and kingdoms	Geography Chapter 2-Inside our earth	History Chapter 3 –Delhi 12 th -15 th Century Geography Chapter 3- Our changing earth Civics Chapter 2- Role of the government in health <u>SYLLABUS OF UT-1</u> History	History Chapter 4-The Mughals (16 th to 17 th Century) Geography Chapter 4-Air Civics Chapter 3-How the state government works Chapter4 –Growing up as boys and girls(<u>activity</u>)	REVISION <u>SYLLABUS OF HALF YEARLY EXAMINATION</u> History Chapter 2-New kings and kingdoms Chapter 3 –Delhi 12 th -15 th Century Chapter 4-The Mughals (16 th to 17 th Century)

			Chapter2-New Kings and Kingdoms Geography Chapter 1-Environment Civics Chapter 1-On Equality		Geography Chapter 1-Environment Chapter 2-Inside our earth Chapter 3-Our changing earth Chapter 4-Air Civics Chapter 1-On Equality Chapter 2-Role of the government in health Chapter 3-How the state government works?
COMPUTER SCIENCE	Ch-1 Futuristic Concept &	Ch-2 Functions & more in MS Excel	Ch-3 Creating Charts Unit test 1	Ch-9 Understanding Artificial	Revision for Half Yearly Examination Half Yearly

	technologies		Syllabus Ch 1 Futuristic Concept & Technologies	Intelligence	Syllabus Ch 2,3 & 9
HOME SCIENCE	Introduction to Home science Sikkim toy making	Sikkim and Delhi handicrafts making	Introduction to kitchen commodities	Techniques for Food pre-preparation	Half yearly examination
DANCE	Saraswati vandana based on kathak form.hand gestures and uses in vandana	Dance on folk dance(Punjab)	Dance practice and dance on patriotic song	Dance practice continues and half yearly examinations	Dance practice and preparation for Annual Day
MUSIC	Introduction of their respective musical instruments (New students), Revision all previous tunes	New Chords	One new composition (Raag Based)	New Composition continue	Revision & <u>Syllabus for Half Yearly Examination</u>
PAINTING	Hot colour designs	Cool colour designs	Worli folk art	Folk Art and Independence day decorations	Completion of all topics Half yearly examinations

ROBOTICS	Revision of previous class and introduction of high voltage (220) How to use line tester an test lamp Basic principles of electricity generators How to use a simple motor as a generator.	Basic principles of electricity generators How to use a simple motor as a generator.	Precautions should be taken while working with high voltage and introduction of house wiring Demonstration of house wiring	Extension Cord and House Wiring Parts of extension cord	Extension Cord and House Wiring Extension cord
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YOGA	.Vedic Prayer	Vedic Prayer	Vedic Prayer	Vedic Prayer	Vedic Prayer
	.Neck exercise	.Neck exercise	.Neck exercise	.Neck exercise	.Neck exercise
	.Shoulder exercise	.Shoulder exercise	.Shoulder exercise	.Shoulder exercise	.Shoulder exercise
	.Trunk & knee exercise	.Trunk & knee exercise	.Trunk & knee exercise	.Trunk and knee exercise	.Trunk & knee exercise.
	.Tadasana	.Tadasana	.Tadasana	.Tadasana	.Tadasana
	.Vrikshasana	.Vrikshasana	.Vrikshasana	.Vrikshasana	.Vrikshasana
	.Padhastasana	.Padhastasana	.Padhastasana	.Padhastasana	.Padhastasana
	.Trikonasana	.Trikonasana	.Trikonasana	.Trikonasana	.Trikonasana
	.Buddha konasana	.Buddha konasana	.Buddha konasana	.Buddha konasana	.Buddha konasana
	.Vajrasana	.Vajrasana	.Vajrasana	.Vajrasana	.Vajrasana
	.Surya Namaskar	.Surya Namaskar	.Surya Namaskar	.Surya Namaskar	.Surya Namaskar
	.Shavasana	.Shavasana	.Shavasana	.Shavasana	.Shavasana
	.NadiShodhan	.NadiShodhan	.NadiShodhan	.NadiShodhan	.NadiShodhan
	.Pranayama	.Pranayama	.Pranayama	.Pranayama	.Pranayama
	. Shantipath	. Shantipath	. Shantipath	. Shantipath	. Shantipath
				.ShitkariPranayam	.ShitkariPranayam
				. BhramriPranayam	. BhramriPranayam

PHY. EDUCATION	FOOTBALL INSTEP KICK INSIDE KICK STOPPING THE BALL	CRICKET FRONTFOOT DEFENCE BACKFOOT DEFENCE	BASKETBALL CHEST PASS BOUNCE PASS RUNNING WITH THE BALL	VOLLEYBALL UNDER HAND PASS UNDER HAND SERVICE SKILL PRACTICE	FOOTBALL LONG PASSES CHEST TRAPPING
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SYLLABUS MONTHLY BREAK UP
CLASS – VII
(SESSION 2023-24)
TERM – II

SUBJECT/M ONTH	OCTOBER	NOVEMBER	DECEMBER	JANUARY	FEBRUARY			
ENGLISH	Honeycomb	Honeycomb	Honeycomb	Honeycomb	Honeycomb			Annual Examinati

	Chapter 6- Expert Detectives Poem- Dad and the Cat and the Tree Suppleme ntary Reader Chandni Writing Skills 1. Letter to the Editor	Fire:Friend and Foe Writing Skills 1.Notice Writing- Event Grammar and Vocabular y 1.Active and Passive Voice (Assertive and Interrogati ve	Chapter 8 Fire:Friend and Foe (Cont.) Poem- Meadow Surprises Writing Skills 1. Creative Writing Grammar and Vocabular y 1.Direct	Chapter 9 A Bicycle in Good Repair Supplemen tary Reader- A Tiger in the House Grammar and Vocabulary 1.Direct and Indirect Speech-Int errogative Sentences	Poem- The Story of Cricket Revision for Annual Exams			on Syllabus Literature - Chapter 8 Fire:Friend and Foe Chapter 9 A Bicycle in Good Repair Chapter 10 The Story of Cricket Poem-Mea dow Surprises Grammar-
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	Grammar and Vocabulary 1. Modals and Auxiliaries 2. Fixed Expressions	Sentences) Syllabus for UT 2 Honeycomb Chapter 6- Expert Detectives Poem- Dad and the Cat and the Tree	and Indirect Speech-Assertive Sentences	2.Suffixes				Tenses, Modals and Auxiliaries Active Passive Voice, Direct Indirect Speech, Error Analysis Writing Skills- Creative Writing,
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		Supplementary Reader Chandni Writing Skills 1. Letter to the Editor Grammar and Vocabulary 1. Modals and Auxiliaries 2. Fixed						Letter to the Editor, Notice Writing Unseen Passage and Unseen Poem
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		Expressions						
HINDI	खान पान की बदलती तस्वीर लाख का घर द्रौपदी स्वयंवर पर्यायवाची	नीलकंठ भोर और बरखा चौसर का खेल अज्ञातवास शांतिदूत श्री कृष्ण विशेषण इकाई परीक्षा दो खान पान की बदलती तस्वीर नीलकंठ द्रौपदी स्वयंवर चौसर का खेल अज्ञातवास शब्द विचार सर्वनाम	वीर कुंवर सिंह धनराज पिल्ले भीष्म सरसैया पर अभिमन्यु श्री कृष्ण और युधिष्ठिर पत्र लेखन अनुच्छेद लेखन	पर्यायवाची 11 से 20 विलोम शब्द 20 से 40 अनेक शब्दों के एक शब्द 20 से 30 मुहावरे 1 से 20 अपठित गद्यांश अनुच्छेद	वार्षिक परीक्षा की पुनरावृत्ति वार्षिक परीक्षा पाठ्यक्रम हम पंछी उन्मुक्त गगन के मिठाईवाला अपूर्व अनुभव रहीम के दोहे एक तिनका भोर और बरखा वीर कुंवर सिंह धनराज पिल्ले भीष्म प्रतिज्ञा कुंती और कर्ण चौसर का खेल शांतिदूत कृष्ण सरसैया पर श्री कृष्ण और युधिष्ठिर व्याकरण			

					संज्ञा सर्वनाम विशेषण प्रायवाची, विलोम अनेक शब्दों के एक शब्द ,अपठित गद्यांश पत्र अन्च्छेद			
SANSKRIT	संस्कृत - रत्नम् पाठ-13 सत्यं ब्रूयात् प्रियं ब्रूयात् व्याकरण लट्,लृट्,लोट्, लङ् ,विधिलिङ्ग लकार,	संस्कृत - रत्नम् पाठ-14 लालबहादुर शास्त्री व्याकरण शब्दरूप- युष्मद् इकाई परीक्षा-2 पाठ्यक्रम संस्कृत - रत्नम् पाठ-13 सत्यं ब्रूयात् प्रियं ब्रूयात्	संस्कृत - रत्नम् पाठ-17 स्वामी विवेकानन्दः पाठ-19 सूक्ति- सञ्चयः शिक्षक(2) पाठ-8 (पाठ्यक्रम गतिविधि के अंतर्गत) पाठ-19 सूक्ति- सञ्चयः	व्याकरण शब्दरूप- अस्मद् लङ्लकारः लोट् लकारः लट् लकारः लृट् लकारः विधिलिङ्ग लकार पत्रलेखनम्, अपठित गद्यांश चित्रवर्णनम् (पाठ्यक्रम गतिविधि के अंतर्गत)	संस्कृत - रत्नम् पुनरावृत्ति शिक्षक(1,2) पुनरावृत्ति व्याकरण पुनरावृत्ति अपठित- गद्यांश, चित्रवर्णनम्			वार्षिक परीक्षा पाठ्यक्रम संस्कृत - रत्नम् - पाठ-3 परिश्रमस्य फलम् पाठ-4 गंगा नदी पाठ-5 भारतदेशः पाठ -10 पर्वतराज--हि मालयः

		पाठ-14 लालबहादुर शास्त्री व्याकरण शब्दरूप- युष्मद् अपठित गद्यांश , पठित गद्यांश , (पाठ्यक्रम गतिविधि के अंतर्गत) पाठ-16 दिकज्ञानं		शब्दरूपों का सस्वर वाचन				पाठ-13 सत्यं ब्रूयात् प्रियं ब्रूयात् पाठ-14 लालबहादुर शास्त्री पाठ-17 स्वामी विवेकानन्दः पाठ-19 सूक्ति- सञ्चयः शिक्षक(2) पाठ- 8 व्याकरण शब्दरूप -अस्मद् ,युष्मद् लङ्लकार लोट् लकार लट् लकार लृट् लकार विधिलिङ्ग लकार अपठित गद्यांश ,
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								चित्रवर्णनम्, पठित गद्यांश, संस्कृत- संख्या (26 -50) व्याकरण लट्,लृट्,लोट्, लङ्, लकार, पठित - गद्यांश शिक्षक(1) पाठ-1
MATHEMATICS	Chapter - 8 : Comparing Quantities Chapter - 9 : Rational Numbers	Chapter - 7 : Congruence of Triangles Chapter - 12 : Algebraic Expressions	Chapter - 11 : Perimeter and Area Chapter - 10 : Practical Geometry	Chapter - 3 : Data Handling (Activity Based) Chapter - 14 : Symmetry	Revision for Annual Exam Syllabus for annual exam: All chapters of term-I and term- II			

				Chapter - 15 : Visualising Solid Shapes				
SCIENCE	Chapter 11 - Transportation In Plants and Animals Chapter 6- Physical and chemical changes	Chapter 13 - Motion and Time	Chapter 14 - Electric current and its effects Chapter 15 - Light SYLLABUS FOR UNIT TEST – II Chapter 6- Physical and chemical changes Chapter 11 -	Chapter 15 - Light continues... Chapter 9 - Soil	Revision for final exams SYLLABUS FOR ANNUAL EXAM Chapter 6- Physical and chemical changes Chapter 11- Transportation in animals & Plants			

			Transportation In Plants and Animals		Chapter 13- Motion and time Chapter 14- Electric current and its effects Chapter 15- Light			
SOCIAL SCIENCE	History Chapter 5-Tribes, nomads and settled communities Geography Chapter 5-Water	History Chapter-6 Devotional Paths to the Divine (Activity) Geography Chapter 6-Human Environment Tropical	History Chapter 7-The making of Regional cultures(activity) Geography	History Chapter 8-Eighteenth century political formations Civics Chapter 9-Struggles	<u>ANNUAL EXAMS SYLLABUS</u> History Chapter 5-Tribes, nomads and settled communities			

	Civics Chapter 5-Women change the world	and Sub-tropical regions Civics Chapter 6-Understanding media SYLLABUS UNIT TEST II History Chapter 5-Tribes, nomads and settled communities Geography	Chapter 7-Life in the desert Civics Chapter 7-Markets around us	for equality (Activity)	Chapter 8-Eighteenth century political formations Geography Chapter 5-Water Chapter 6-Human environment: tropical and subtropical regions Chapter 7-Life in the Desert Civics Chapter 5-Women change the world			
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		Chapter 5-Water Civics Chapter 5-Women change the world			Chapter 6-Understanding media Chapter 7-Markets around us <u>Syllabus of Term include in Annual exam</u>			
COMPUTER SCIENCE	Ch-7 Loops in Python	Ch-8 Internet & online Safety UT 2 Syllabus Ch 7	Ch-10 Creating a chat bot without coding	Ch-4 The complete HTML	Revision for Annual Examination			Annual Examination Syllabus Ch 8,10 & 4
HOME SCIENCE	Wall Decoration articles	Floor decoration	Bakery products preparation	Nutritious snacks	Annual Examination			

DANCE	Dance on folk song(bangl a)	Dance on folk song (rajasthani)	Dance practice continue	Dance on patriotic song.	Revision of dances and final examinations			
MUSIC	Folk Song	New Scale	Christmas carol	Patriotic Song	Revision & <u>Syllabus for Annual Examination</u>			
PAINTING	Bandhanwar making	Zentangle	Christmas decorations and composition	Republic day decorations and composition	Completion of all topics Annual Examination			
ROBOTICS	Extension Cord and House Wiring	Ohm's Law, function of fuse, Earth and short circuit breaker Replacement of burnt fuse and how to confirm the presence of	Understanding of Household electrical things Assembling and dismantling of household electrical things	Repairing of household electrical things How to test and find the faults in electrical things	Revision & Evaluation			

		Earth in a gadget		Replacement of faulty parts and testing for an ok , wired remote control car.				
PHY. EDUCATION	BADMINTON GRIP OF RACKET HOLDING SHOT THE SHUTTLE BODY BALANCING FOOTWORK	ATHLETICS START OF RACE BODY POSITION FINISHING THE RACE SKILL	CRICKET CUT SHOT COVER DRIVE SWEEP SHOT	ATHLETICS SKILL OF RACES LONG JUMP BASKET BALL HOOK PASS PASSING THE BALL				

				DRIBLE THE BALL FINAL ASSESSM ENT				
YOGA	Vedic Prayer .Tadasan a .Vrikshas ana .Padhast asana .Trikonas ana .Vajrasan a .manduk asana	Vedic Prayer .Tadasan a .Vrikshas a Padhast san a .Trikonas ana .Vajrasan a manduka sana	Vedic Prayer .Tadasan a .Vrikshas ana .Padhast asana .Trikonas ana .Vajrasan a .manduk asana	.Pavan mukta asana .Setubandh asa na .Makrasa na Tadasana .Vrikshas ana .Padhast sana . Vedic Prayer	Vedic Prayer .Tadasana .Vrikshasan a .Padhastas ana .Trikonasan a .Vajrasana .mandukas ana			

	.Shashanka san a .Ardh ushtrasana .Ushtrasa na .Pavan muktasana .Bhujangas ana .Surya Namaskar .Shavasa na .Kapalbh ati .Nadi Shodhan .Pranaya ma	.Ushtrasa na pavanmu kta sana Setubandh as ana .Bhujangas an a .Surya Namaskar .Shavasa na .Kapalbh ati .Nazi Shodhan .Pranaya ma .Bhramri pranayam . Shanti path	.Shashan kasana .Ardh ushtrasa na .Ushtrasa na .Pavan muktasana .Setubandh asana .Makrasa na .Bhujang asana .Surya Namaska r .Shavasa na	Trikonasa na .Vajrasan a .manduka sana .Shashanka san a .Ardh ushtrasana .Ushtrasa na .Bhujang asana .Surya Namaskar .Shavasan a	.Shashankas an a .Ardh ushtrasana .Ushtrasan a .Pavan muktasana .Setubandha sa na .Makrasan a .Bhujangas ana .Surya Namaskar .Shavasana .Kapalbhat i			
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	.Bhramri pranayam . Shantipath		.Kapalbhati .Nadi Shodhan .Pranayama .Shantipath	.Kapalbhati .Nadi Shodhan .Pranayama .Shantipath	.Nadi Shodhan .Pranayama .Bharamri			
	Formation standing in line (file) • A line according height wise • One arm distance	• Revision month of April Hands up,Shake, down,roll, clapping How to work in a line Kokalachi PT exercise	Revision April to may Formation PT exercise no:-1,2 Standing march Flat race	Revision April to July Formation (circle) • PT exercise 1 to 3 • Standing march Back race Minor game	Revision April to August Formation (semi-circle) Hopping race PT exercise Dog in the bone(			

	Actual position of stand at ease and attention. Basketball dribbling	Basketball skill	- Dynamic stretching (importance,benefits) - Vrikshasana (impotence, benefits)	(knowledge about fire on the mountain)	minor games) Shuttle run(importance,benefits)			
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