

**BHARATIYA VIDYA BHAVAN'S MEHTA VIDYALAYA**

**MONTHLY SYLLABUS BREAK UP**

**CLASS VII: SESSION 2025-2026**

**TERM -1**

SUBJECT/MONTH	APRIL	MAY	JULY	AUGUST	SEPTEMBER
<b>ENGLISH</b>	Writing Skills 1.Diary Writing 2.Paragraph Writing  Grammar and Vocabulary 1.Articles 2.Simple Tenses (Revision) 3.Words used as nouns and verbs	Writing Skills 1.Story Writing  Grammar and Vocabulary 1.Continuous Tenses 2.Perfect Tenses 3. Phrases and its types 4.Prefixes			
<b>HINDI</b>	हिंदी व्याकरण, भाषा, लिपि, बोली और व्याकरण, विलोम शब्द, पत्र लेखन, अनुच्छेद लेखन पाठ्य पुस्तक	व्याकरण- वर्ण विचार, प्रार्यवाची शब्द			
<b>MATHS</b>	<b>Integers, Fractions and Decimals</b>	<b>Fractions and Decimals continued</b>			
<b>SCIENCE</b>	<b>Nutrition In Plants</b>	<b>Nutrition In Animals</b>			
<b>SOCIAL SCIENCE</b>	<b>Geography Chapter -Environment Civics Chapter -On Equality</b>	<b>History Chapter-New kings and kingdoms</b>			
<b>SANSKRIT</b>	संस्कृत - रत्नम्	पाठ-4 गंगा नदी व्याकरण	संस्कृत - रत्नम् पाठ - 5 भारतदेशः	संस्कृत-रत्नम्	पुनरावृत्ति अर्धवार्षिक परीक्षा की तैयारी

पाठ -2 कारक प्रयोग: पाठ-3 परिश्रमस्य फलम्		शब्दरूप – फल लिख, पा धातु लट् लकार, लृट् लकार, संस्कृत- संख्या (26 –50)	पाठ - 6 पुस्तकालय: ( पाठ्यक्रम गतिविधि के अंतर्गत ) पाठ - 7 चतुरः काकः <u>शिक्षक(1)</u> पाठ-1, 2 <u>व्याकरण</u> लिख, पा धातु लङ् लकार, लोट् लकार <u>इकाई परीक्षा-1 पाठ्यक्रम</u> संस्कृत – रत्नम् - पाठ -1 ईश - वन्दम् पाठ - 3 परिश्रमस्य फलम् <u>व्याकरण</u> लिख, पा धातु लट्, लृट्, लकार पठित - गद्यांश <u>शिक्षक(1)</u> पाठ-1,2	पाठ- 8 अपरिचित नैव विश्वसनीयः पाठ - 10 पर्वतराज हिमालयः <u>शिक्षक(1)</u> पाठ-3,4, <u>व्याकरण</u> अस्मद् शब्दरूप , अपठित गद्यांश , चित्रवर्णनम् (पाठ्यक्रम गतिविधि के अंतर्गत ) पाठ-10 पर्वतराज हिमालयः	<u>अर्धवार्षिक परीक्षा पाठ्यक्रम</u> संस्कृत - रत्नम् पाठ-5 भारतदेशः पाठ -6 पुस्तकालयः पाठ -7 चतुरः काकः पाठ -10 पर्वतराज--हिमालयः <u>शिक्षक(1)</u> पाठ- 1,3,4 <u>व्याकरण</u> शब्दरूप - फल, अस्मद् शब्दरूप लिख, पा धातु लट् लकारः, लृट् लकारः, लङ् लकारः, लोट् लकारः संख्या 26 – 50 पठित - गद्यांश, अपठित - गद्यांश , चित्रवर्णनम्
COMPUTER SCIENCE	Ch-1 Futuristic Concept & technologies	Ch-2 Functions & more in MS Excel	Ch-3 Creating Charts	Ch-9 Understanding Artificial Intelligence	Revision for Half Yearly Examination
MUSIC	Introduction of their respective musical instruments.Chromatic Scale.  Teach C major Scale on Keyboard	C major chord on Guitar and some bol on Tabla	One new composition (National Anthem)	New Composition continue	Revision <u>Syllabus for Half Yearly Examination</u>  National Anthem

					C major chord Basics of Tabla
PAINTING	Primary colours design	Use of poster colours	Figure drawing	Folder making	Folder making
HOME SCIENCE	Different types of Raita Summer Drinks	Fruit Cream Introduction of different Herbs	Introduction & use of different cuts of Vegetables.	Shakes Different types of basic stitch	Cloth Bag Making Thank you card for Teachers
ROBOTICS	Revision of previous class and introduction of high voltage (220)  How to use line tester and test lamp  Basic principles of electricity generators  How to use simple motor as a generator.	Basic principles of electricity generators  How to use simple motor as a generator.	Precautions should be taken while working with high voltage and introduction of house wiring  Demonstration of house wiring	Extension Cord and House Wiring  Parts of extension cord	Extension Cord and House Wiring  Extension cord
YOGA	Prayer	Prayer  Supta Padangusthasana (Reclining Hand to Big Toe Pose)  Virabhadrasana I (Warrior I Pose)  Virabhadrasana II (Warrior II Pose)  Shanti Path	Prayer  Ardha Chandrasana (Half Moon Pose)  Trikonasana (Triangle Pose)  Ustrasana (Camel Pose)  Shanti Path	Prayer  Shalabhasana (Locust Pose)  Bakasana (Crow Pose)  Mayurasana (Peacock Pose)  Shanti Path	Prayer  Navasana (Boat Pose)  Marichyasana (Marichi's Pose)  Matsyasana (Fish Pose)  Shanti Path

	<p><b>Bhujangasana</b> (Cobra Pose)</p> <p><b>Salabhasana</b> (Locust Pose)</p> <p><b>Dhanurasana</b> (Bow Pose)</p> <p><b>Setu Bandhasana</b> (Bridge Pose)</p> <p>Shanti Path</p>				
<b>DANCE</b>	Saraswati stuti(Kathak)	<b>Stuti practice and Double hand gestures</b>	<b>Revision of hand gestures and stuti practice</b>	<b>Dance on Patriotic song</b>	<b>Revision &amp; Syllabus for half yearly examination Double hand gestures and stuti presentation</b>
<b>PHYSICAL EDUCATION</b>	<b>Football - Push pass , Stopping the ball.</b>	<b>Cricket - Front foot defence</b>			

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**BHARATIYA VIDYA BHAVAN'S MEHTA VIDYALAYA**

**MONTHLY SYLLABUS BREAK UP**

**CLASS VII: SESSION 2025-2026**

**TERM -2**

SUBJECT/MONTH	OCTOBER	NOVEMBER	DECEMBER	JANUARY	FEBRUARY
ENGLISH					
HINDI					
MATHS					
SCIENCE					
SOCIAL SCIENCE					
SANSKRIT	संस्कृत - रत्नम् पाठ - 11 सुभाषितानि पाठ - 12 जगदीशचन्द्र बोसः  <u>व्याकरण</u> लिख, पा, दा धातु लट्, लृट्, लोट्, लङ्, विधिलिङ्ग लकार	संस्कृत - रत्नम् पाठ-13 सत्यं ब्रूयात् प्रियं ब्रूयात् पाठ-14 लालबहादुरशास्त्री  <u>व्याकरण</u> शब्दरूप- युष्मद् <u>इकाई परीक्षा-2 पाठ्यक्रम</u> संस्कृत - रत्नम् पाठ - 11 सुभाषितानि	संस्कृत - रत्नम् पाठ-17 स्वामी विवेकानन्दः पाठ - 18 स्वच्छभारतम्  <u>शिक्षक(2)</u> पाठ-8  (पाठ्यक्रम गतिविधि के अंतर्गत ) पाठ-16 दिग्-ज्ञानम्	संस्कृत - रत्नम् पाठ-19 सूक्ति- सञ्चयः  <u>व्याकरण</u> शब्दरूप- अस्मद् लङ्लकारः लोट्लकारः लट् लकारः लृट् लकारः विधिलिङ्ग लकारः	संस्कृत - रत्नम् पुनरावृत्ति  <u>शिक्षक(1,2)</u> पुनरावृत्ति  <u>व्याकरण</u> पुनरावृत्ति अपठित- गद्यांश, चित्रवर्णनम् पत्रलेखनम् वार्षिक परीक्षा पाठ्यक्रम पाठ - 5 भारतदेशः

		पाठ-13 सत्यं ब्रूयात् प्रियं ब्रूयात् पाठ-14 लालबहादुरशास्त्री <u>व्याकरण</u> शब्दरूप- युष्मद्अपठित गद्यांश , पठित गद्यांश ,  (पाठ्यक्रम गतिविधि के अंतर्गत ) पाठ-15 प्रहेलिका:		पत्रलेखनम्, अपठित गद्यांश चित्रवर्णनम्  (पाठ्यक्रम गतिविधि के अंतर्गत ) शब्दरूपों का सस्वर वाचन	पाठ - 10 पर्वतराज हिमालय: पाठ - 11 सुभाषितानि पाठ-13 सत्यं ब्रूयात् प्रियं ब्रूयात् पाठ-14 लालबहादुरशास्त्री पाठ-17 स्वामी विवेकानन्द: पाठ-19 सूक्ति- सञ्चय:  <u>शिक्षक(2)</u> पाठ- 8  <u>व्याकरण</u> शब्दरूप -अस्मद्,युष्मद् लिख, पा, दा, नम् धातु
COMPUTER SCIENCE	Ch-8 Internet & online Safety	Ch-7 Loops in Python	Ch-4 The complete HTML	Ch-4 The complete HTML(cont.)	Revision for Annual Examination
MUSIC	Folk Song	Classical Song	Christmas carol	Patriotic Song	Revision &  <u>Syllabus for Annual Examination</u>  Christmas carol  Patriotic song
PAINTING	Ganpati	Paper decoration	Paper decoration	Christmas decoration	Final submission
HOME SCIENCE	Different types of salads	Fruit cream	Diya Decoration	Reuse & RecycleCraft	Final submission
ROBOTICS	Extension Cord and House Wiring	Ohm's Law, function of fuse, Earth and short circuit breaker  Replacement of burnt fuse and how to	Understanding of House hold electrical things  Assembling and dismantling of	Repairing of household electrical things	Revision & Evaluation

		confirm the presence of Earth in a gadget	household electrical things	How to test and find the faults in electrical things  Replacement of faulty parts and testing for an ok , wired remote control car.	
YOGA	Prayer  Ardha Matsyendrasana (Half Lord of the Fishes Pose)  Paschimottanasana (Seated Forward Bend)  Upavistha Konasana (Wide-Angle Seated Forward Bend)  Shanti Path	Prayer  Supta Baddha Konasana (Reclining Bound Angle Pose)  Padmasana (Lotus Pose)  Baddha Konasana (Bound Angle Pose)  Shanti Path	Prayer  Malasana (Garland Pose)  Sukhasana (Easy Pose)  Virasana (Hero Pose)  Shanti Path	Prayer  Siddhasana (Adept's Pose)  Simhasana (Lion Pose)  Gomukhasana (Cow Face Pose)  Shanti Path	Prayer  Svastikasana (Auspicious Pose)  Kurmasana (Tortoise Pose)  Uttana Kurmasana (Stretching Tortoise Pose)  Shanti Path
DANCE	Folk dance(Gujrat)	Practice continue of folk song	Contemporary dance	Dance practice continue	Revision of dances Syllabus for Annual examination Folk dance and hand gestures
PHYSICAL EDUCATION	Football - Skill of Dribbling Short passes	Volleyball Under hand pass Receiving of ball	Athletics Start of race Finishing of race	Athletics Long Jump	Physical fitness test 100 m, long Jump, Push up, flamingo balance.

