# BHARATIYA VIDYA BHAVAN'S MEHTA VIDYALAYA SYLLABUS MONTHLY BREAK-UP CLASS -II (SESSION 2023-24) TERM -1

SUBJECT/MONTH	APRIL	MAY	JULY	AUGUST	SEPTEMBER
ENGLISH  MARIGOLD -2	Letters and Alphabets .     Vowels and consonants  UNIT 1     Chapter 1     First Day at School     Chapter 2     Haldi's Adventure     Chapter 3     Poem Padding-Pool  Activity- Nouns (Naming word), Pasting the pictures of the young ones of animals with names.  Grammar-Alphabets, Vowels and Consonants Naming words (Nouns)  Activity -Group Work. Game -Name, Place, Animal and Thing  Vocabulary-	Unit 2  Poem: I am Lucky Chapter 5 I Want  Activity- Drawing and colouring of the picture and drawing a firefly (pg.22)  Grammar: Alphabetical order – Capital letter  Vocabulary-words that mean the same  Writing skill-Make Sentences  Creative Writing –Tree  Interdisciplinary Activity- EVS & Maths: Demonstrating movement of different animals Maths: Counting the things, animals and writing plurals,	Unit 3  Chapter 6 A Smile Chapter 7 The Wind and The Sun  Writing-Picture based composition.  Articles -A / An Vocabulary-Homes of animals, Opposites  Interdisciplinary Activity- Hindi: Knowing the opposite words in their mother tongue	Unit 4  Chapter 8 Rain Chapter 9 Storm in the Garden  Composition: Rainy season  Grammar: Pronouns  Interdisciplinary Activity General Awareness knowing about animals having webbed feet Maths: Counting the numbers in ordinal way	Activity - cut and paste things we us in rainy season  Activity - Paper folding Vocabulary Finding out rhymin words from the poem

<ul> <li>Animals and their young ones, sounds of animals.</li> <li>Writing skill-Description of an animal, flower</li> </ul>	collective nouns  Hindi: Poem Recitation of Movement of animals
Communication skill - Speaking few lines/enactment on animals	
Recitation- old Mc Donald had a farm EI EI O (Learning sounds of animals with fun)	
Interdisciplinary Activity- My Name (Identifying numbers of Vowels and consonants) Activity – Vowels or consonants Hippo	

MATHS	Numbers up	Numbers up	Place value –	Addition with 3	Numbers up to
	to 300.	to 400.	Hundred,	digit carryover	900
MATH MAGIC	<ul> <li>Number</li> </ul>	<ul> <li>Odd and Even</li> </ul>	Tens, Ones	<ul> <li>Subtraction two</li> </ul>	<ul> <li>Tables 9 and 10</li> </ul>
- II	names	numbers	<ul> <li>Addition of 2</li> </ul>	digit borrowing	<ul> <li>Properties of</li> </ul>
	<ul> <li>Dodging</li> </ul>	<ul> <li>Properties of</li> </ul>	digit numbers	and three digits	Multiplication
	tables	addition	with/without	<ul> <li>Numbers up to</li> </ul>	<ul> <li>Simple</li> </ul>
	<ul> <li>Ordering of</li> </ul>		carryover	800	multiplication and
	numbers	Activity – Quiz	• Tables 6, 7, 8	<ul> <li>Number names</li> </ul>	story
	<ul> <li>Greater and</li> </ul>	choosing Even/Odd	<ul> <li>Properties of</li> </ul>	<ul> <li>Ordinal Numbers</li> </ul>	<ul> <li>3 digit Addition</li> </ul>
	less than		subtraction	1st to 20th	and Subtraction
		PEC activity	<ul> <li>Subtraction</li> </ul>	<ul> <li>Guess the</li> </ul>	sums.
	Chapter 2-	Mental Maths	with/without	missing number	Revision of
	<ul><li>counting in</li></ul>		borrowing two	in the wheel	previous work
	tens	Interdisciplinary	or three digits	<ul><li>Activity —</li></ul>	<ul> <li>Multiplication</li> </ul>
	<ul><li>Simple</li></ul>	activity	numbers	Indicating	Interdisciplinary
	addition and	LANGUAGE: 1) Numbers and	<ul> <li>Numbers up to</li> </ul>	•	activity
	subtraction	numeration	600	Planets	language
	<ul> <li>Expanded</li> </ul>	a) Inter disciplinary	• Number	<ul> <li>PEC Activity</li> </ul>	(English)- writing &
	form of	activity LANGUAGE	names	<ul> <li>Mental Maths</li> </ul>	learning
	numbers	(English) writing and	<ul> <li>Mental maths</li> </ul>	<ul> <li>SUBTRACTION</li> </ul>	vocabulary
	<ul> <li>Place value</li> </ul>	learning vocabulary terms	<ul> <li>Addition</li> </ul>		,
		b) Interdisciplinary	I to Protein	Interdisciplinary	Art Integration -
	Activity-	activity MUSIC Sing	Interdisciplinary	activity LANGUAGE	providing worksheets
	Recitation	chant and read poem	activity LANGUAGE (English): Place	(English) Reading a story	
	<ul> <li>Story telling</li> </ul>	c) Inter disciplinary	value	including maths	
	place value	activity with PHYSICAL	value	counting	
	<ul><li>playing</li><li>.</li></ul>	EDUCATION(SPORT)	Interdisciplinary		
	number game	,	activity:		
	Completing		MUSIC sing, chant,		
	the pattern		read poem		
	Mental Maths				
	IVICIILAI IVIALIIS		ART INTEGRATION		
	Interdisciplinary		-through worksheet		
	activity				
	LANGUAGE:				
	1) Numbers and				
	numeration				

	a)Inter disciplinary activity LANGUAGE (English) writing and learning vocabulary terms b)Interdisciplinary activity MUSIC Sing chant and read poem c)Inter disciplinary activity with PHYSICAL EDUCATION(SPORT)				
हिन्दी	<ul> <li>पुनराभ्यास - वर्णमाला स्वर व्यंजन का मौखिक और लिखित</li> <li>पाठ-1 ऊँट चला</li> </ul>	<ul> <li>पाठ 3 म्याऊँ कवि</li> <li>पाठ- प</li> <li>नए शब्द</li> <li>शब्दार्थ, व</li> <li>बनाओ</li> </ul>	तेता अधिक ठन, बलवान व द , • पाठ <b>5</b> दे	स्ति किताब	• पाठ <b>– 8</b> तितली और कली कविता

<ul> <li>पाठ 2 भालू ने खेली फुटबाल</li> <li>पाठ- पठन, नए शब्द , शब्दार्थ , वाक्य बनाओ , कविता की पंक्तियाँ पूरी करो बहुविक ल्पीय प्रश्न , प्रश्न उत्तर , व्याकरण</li> <li>अभ्यास</li> <li>कविताएँ (मौखिक )</li> <li>प्रार्थना</li> <li>चिड़िया</li> <li>Art Integration गतिविधि</li> <li>दिन के किसी एक भाग का चित्र बनाकर उसमे रंग भिरए।</li> <li>वर्णमाला -स्वर व्यंजन</li> <li>कैटेरपिल्लर / वर्णमाला वृक्ष (ध्वनियाँ)</li> </ul>	बहुविकल्पीय प्रश्न , प्रश्न उत्तर, व्याकरण	पाठ पठन श्रवण	नए शब्द , शब्दार्थ वाक्य बनाओ , बहुविकल्पीय प्रश्न , प्रश्न उत्तर, वर्ण विच्छेद , मात्राओं से शब्द बनाना पाठ के अंत के अभ्यास , रचनात्मक लेखन - तिरंगा झंडा व्याकरण – सर्वनाम  Art Integration – तिरंगी फूल बनवाना  परियोजना कार्य - गतिविधि –  • दिमागी कसरत • चित्रों में अंतर ढूंढना	• पाठ 9- बुलबुल पाठ- पठन नए शब्द , शब्दार्थ , वाकया बनाओ बहुविकल्पीय प्रश्न , प्रश्न उत्तर , वर्ण विच्छेद , एक अनेक , रचनात्मक लेखन – आम व्याकरण – क्रिया Art Integration अपने मनपसंद फलों के चित्र बना कर रंग भिरये और एक टेबल मैट बनाइए परियोजना कार्य - अपने माता पिता जी की मदद से फलों का सलाद बनाइए।
		<ul><li>नए शब्द</li><li>शब्द अर्थ</li><li>वाक्य बनाओ</li></ul>		

<ul> <li>किसने         किससे कहा?</li> <li>शब्दों का         सही क्रम</li> <li>रचनात्मक लेखन</li> </ul>	
<ul> <li>घड़ा</li> <li>हम पानी को कैसे बचा सकते है?</li> </ul>	
अनुछेद – रक्षाबंधन	
गतिविधि      शब्द पहेली      सन्देश     लिखना      चित्र पहचान      घड़े के चित्र     को घर मैं     प्रस्तुत     अनुपयोगी     वस्तुओं से     सजाना      रंग भरना	

CENIEDA	1.0 01.11				•
GENERAL	Life Skill-	My family	Personal	• House –	• Our
AWARENESS	Hand	• Nuclear	Hygiene	Types of	Occupation
	washing	family -	• THINGS	houses	
	Activity	Joint family			Art Integration –
	<ul><li>Myself</li></ul>	Poems My	HELPS US	helps us in	People who
	<ul><li>My body -</li></ul>	family	TO KEEP	building a	help us -
	External	Poem on	CLEAN	house	speaking
	parts -	fingers	• OUR	<ul><li>Materials</li></ul>	few lines
	Internal	<ul> <li>Parts of the</li> </ul>	HOUSE	used to	with prop
	parts -Sense	body	<ul> <li>PARTS OF</li> </ul>	build	
	organs		THE	different	
		Art Integration	HOUSE	types of	
	Poems:	• Palm	• DIFFERENT	houses	
	<ul><li>Myself</li></ul>	activity	ROOMS		
	<ul> <li>Parts of the</li> </ul>	• family	OF THE	Project – Make a	
	body	finger	HOUSE	model of house	
	•	puppet		with the material	
	LEARNING BY	<ul> <li>family tree</li> </ul>	POEM RECITATION	available at home.	
	<b>DOING Activities</b>	,	GOOD HABITS		
	were done on the				
	following topics		LEARNING BY		
	<ul><li>Sense</li></ul>		DOING Activities		
	organs		were done on the		
	<ul><li>Internal</li></ul>		following topics:		
	organs		• HAND		
	<b>3</b>		WASHING		
			KEEPING		
			THINGS AT		
			PROPER		
			PLACE		
			AFTER		
			USE.		

General	Unit -1 Our surroundings	Unit-3 Every day Science	Unit -4 Exploring		Unit-7 Environmental Issues 22. Growing a plant
General Knowledge	1. Dinning at a Restaurant	6. corona – The deadly virus 7. Inside Our body 8. Up In The Sky	India 8. Modern Gadgets 9. The Sun's family 10. Useful tools  Unit -4 India at a glance 11. Dances of India 12. Famous Indians 13. Tourist spots 14. Languages in India	16. Flags of Countries 17. People of world	Unit-8 23. Habits for health 24. Signs for safety 25. Manners

#### TERM -II

SUBJECT/MONTH	OCTOBER	NOVEMBER	DECEMBER	JANUARY	FEBRUARY
ENGLISH	• UNIT – 5	UNIT-6	UNIT-8	UNIT-10	Unit-9 The
	Chapter 10	Chapter 12	Chapter 16 I am the	Chapter 20 Strange	Grasshopper and
	Zoo Manners	Mr. Nobody	Music Man	Talk	the Ant
	• CHAPTER-11	Chapter 13			
	<b>FUNNY BUNNY</b>	Curly locks and the	Chapter 17 The	Chapter 21 The	Davisian af tha
		Three Bears.	Mumbai Musicians	Grasshopper and the	Revision of the
	Activity- Picture			Ant	syllabus taught.
	Dictionary	Activity-	<b>Activity-Colouring and</b>		
		Pasting/drawing and	decorating different	Activity-Animal Mask	
	Grammar-Use of Has	colouring the pictures	Christmas items	Making	
	/ Have, Genders	of Sharp objects			
			Grammar	Grammar-Framing	
	Writing-Describing	Grammar-Simple	Article – The	Questions	
	feelings	patterns		Using words like- Who,	
			Vocabulary-Nod,	What, Which, Where	
	Inter Disciplinary	Vocabulary-Tools we	shake, Writing a letter	and When?	
	General Awareness-	use Writing	to a friend	Writing -Celebrating	
	Worksheet-			National festival-	
	Matching the		UNIT-9	Republic Day	

animals with the	Using words first,	Chapter 18 Granny	GENERAL	
things they eat.	Next, Then, After,	Granny Please Comb		
Joining the dots to	That, At last and	my Hair	KNOWLEDGE-	
find the animal	putting sentences in	illy riali	listening to folk	
home.		Chapter 19 The Magic	tales like	
	sequence.	1	Panchatantra.	
Word search	LINUT 7	Porridge Pot		
Animal and young	UNIT-7		Art Integration:	
ones.	Chapter 14 On My		Making a Thank	
	Blackboard I can	Inter Disciplinary:	you card for their	
Hindi- knowing the		MATHS – Completing	Grandparents.	
names of animals i		the shapes, flowers		
their native	Chapter 15 Make it	pattern.		
language.	Shorter			
		ART INTEGRATION:		
Life skill- protecting	Activity-Our helpers	Making a Jaltarang		
the environment.	speaking few lines			
	Role play			
	Project-Making a			
	chart			
	Grammar-Adjectives			
	(Describing Words)			
	(Beseribing Words)			
	Vocabulary-			
	Compound words			
	Compound Words			
	Writing-Describing a			
	Religious Festival			
	Diwali			
	Diwaii			
	Doom How many			
	Poem-How many			
	Inter Died der			
	Inter Disciplinary:			
	Hindi- Telling the			
	story in their mother			
	tongue.			
	Maths: Telling			

		the shapes of the things in their immediate environment. Drawing: different shapes.			
हिन्दी	पाठ -10 मीठी सारंगी  पाठ 11टेसूराजा बीच बाजार (कविता)  पाठ- पठन, नए शब्द , शब्दार्थ, वाक्य बनाओ, बहुविकल्पीय प्रश्न, प्रश्न उत्तर, वर्ण विच्छेद, शब्दों को शुद्ध करना, संयुक्त व्याकरण- क्रिया अभ्यास	पाठ –12 बस केनीचे बाघ बाघ का बच्चा (कविता) पाठ- पठन, नए शब्द, शब्दार्थ, वाक्य बनाओ चित्रात्मक लेखन बहुविकल्पीय प्रश्न, प्रश्न उत्तर, वर्ण विच्छेद, व्याकरण- र की मात्रा वाले शब्द, अपठित गद्यांश जोड़े बनाना, संयुक्ताक्षर	पाठ – 13-सूरज जल्दी आना जी (कविता) पाठ 14नटखट चूहा पाठ- पठन, नए शब्द, शब्दार्थ, वाक्य बनाओ , बहुविकल्पीय प्रश्न, प्रश्न उत्तर, व्याकरण और भाषा अभ्यास - विलोम शब्द, वाक्यों को सही क्रम मैं लगाना, संज्ञा - नाम वाले शबो का अभ्यास, रिक्त स्थान भरना, अपठित गद्यांश, चित्रात्मक लेखन	पाठ 15-एक्की दौक्की पठन अभ्यास  करवाए गए सभी कार्यो का अभ्यास , शब्द रचना , वाक्य रचना , व्याकरण और समस्त भाषायी योग्यता वाले अभ्यास , अपठित गद्यांश  Art Integration अपने प्रिय खिलोने पर कुछ बोलना अतिरिक्त गतिविधि , कहानी कथन , कविता पाठ, चित्रात्मक लेखन, स्वेलख लेखन, रचनात्मक लेखन - गणतंत्र दिवस	पुनरावृति

चित्रात्मक लेखन	। परियोजना कार्य-	किसानो द्वारा प्रयोग	
। चत्रात्मक लखन			
	हँसते खेलते गतिविधि	किये जाने वाले औज़ारों	
	मित्र का चित्र	के चित्र बनाना	
परियोजना कार्य	-		
शब्द पथ की मत		गतिविधि	
उचित स्थान पर		खेती करने के लिए	
पहुंचना		किये जाने वाले कार्यो	
		को क्रम से समझ कर	
		बताना	

MATHS	robot using collage work  Making of a time-table  Making clock with movable hands  Mental Maths  a)Time Interdisciplinary activity ART Integration - making a model of Clock.  Interdisciplinary activity -SCIENCE Note the Time between home and school.	<ul> <li>Calendar</li> <li>Story Sumsaddition         (with 3 digit carry over)</li> <li>Subtraction with borrowing (3 digits).</li> <li>Numbers up to 1200</li> <li>Activity- Making a Calendar, Inferring Information from the Calendar PEC</li> <li>Activity:         <ul> <li>Mental Maths</li> <li>CALENDAR</li> </ul> </li> <li>Interdisciplinary activity:         <ul> <li>Social studies</li> <li>Calculate the number of days/months between various events.</li> </ul> </li> <li>Note holidays, birthdays or other special events occur during the school year and then they will find out when those dates will fall.</li> </ul>	<ul> <li>Division/Properties of division</li> <li>Tables 11 and 12</li> <li>Money</li> <li>Practice addition sums, Subtraction and Multiplication sums</li> <li>Measurement-Length, breadth</li> <li>Mental Maths</li> <li>PEC Activity</li> <li>Shapes Interdisciplinary activity ART INTEGRATION: Create a greeting card using different shapes(square, rectangle, triangle, circle, oval)</li> <li>b)MONEY Interdisciplinary activity social studies Learn about the different types of currency in other countries.</li> <li>Art INTEGRATION paste different types of currencies uses in other countries.</li> </ul>	<ul> <li>Properties of addition, subtraction, multiplication</li> <li>Revision         <ul> <li>Revision</li> <li>Repetition and Revision of previous work</li> </ul> </li> <li>Dodging tables</li> <li>Data handling</li> <li>Mental Maths</li> </ul>	
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GENERAL AWARENESS	<ul> <li>Learning about different occupations</li> <li>Activity-Making a Thank you card for people who help us</li> </ul>	<ul> <li>Importance of wearing clothes</li> <li>Materials used for making clothes</li> </ul>	<ul> <li>Green friends-Types of plants, parts of plants, functions of parts of the plant</li> <li>Activity-Grow your plant, Leaf printing</li> </ul>	<ul> <li>National festival:         Republic day</li> <li>Means of transport</li> </ul>	<ul> <li>Means of communication</li> <li>Natural features, Activity-Fancy dress, Natural</li> </ul>
	<ul><li>our tood-</li></ul>	Activity- dress designing, celebrating Religious festivals	Animal world-knowing difference between-  1.Pet, domestic, wild animals  2.Sounds, homes, babies of animals  3.Eating habits of animals  Activity-Collage making-Zoo, Aquarium using shoe box	Activity-Role play National leaders, Singing patriotic song	features and on modern technology
GENERAL		Unit-2Language and	Unit-4 India at a glance	Unit-6 Sports and	Unit-8 Values and life
KNOWLEDGE	26. Sharp sight	Literature	39. Metro cities of India		skill
	27. Number game Test	32. Famous stories	40. Freedom fighters	43. Sports time	46. Be like a good child
	paper -1	33. Group names		44. Musical	47. Good Acts
	Test paper-2 Current	34. Aesop's fables	<u>Unit-5</u> World Tour	Instruments	
	Affairs.		41. World Superlatives		Unit-9 Aptitude Acts
		<u>Unit -3</u> General Science	42. Dresses in different lands	Unit-7 Environmental	48. Letter puzzles
	Term- II Unit -1Living	35. Types of shelters		<u>Issues</u>	Current Affairs.
	<u>world</u>	36.Computerworld		45. Environment	
	28. Valuable	37. Human Body		friendly	
	Vegetables	38. Home Appliances			
	29. Dry fruits				
	30. Cat's family				
	31. Insect world				

## **CO-CURRICULAR**

DRAWING Term: I

SUBJECT/MONTH	APRIL	MAY	JULY	AUGUST	SEPTEMBER
DRAWING	Butterfly     Girl     drawing	1. Fish composition 2. Rocket	1. Flower pot 2. Rainy season	<ol> <li>Flag</li> <li>Rakhi</li> <li>Kite flying</li> </ol>	1. Ship

Term: II

SUBJECT/MONTH	OCTOBER	NOVEMBER	DECEMBER	JANUARY	FEBRUARY
DRAWING	<ol> <li>Flying bird</li> <li>Ravana</li> <li>Scenery</li> </ol>	<ol> <li>Diwali scene</li> <li>Frog</li> <li>Light house</li> </ol>	<ol> <li>Christmas</li> <li>Santa claus</li> </ol>	<ol> <li>Joker</li> <li>Aeroplane</li> </ol>	1. Caterpillar  Revision and Assessment

DANCE <u>TERM 1</u>

Subject/Month	April-May	July	August	September
<u>Dance</u>	Basic hand and body movement with beats. Dance on songs ( saare jahan se achha)	Dance on Patriotic song	Dance practice continues	Dance on song (gori nachegi)

## TERM 2

Subject/Month	October	November	December	January	Februry
<u>Dance</u>	Dance practice and preparation for Annual Day	Dance on Children's Day	Dance on Christmas Day	Dance on Patriotic song	Revision of dances.

## MUSIC TERM -I

Subject/Month	April	May	July	August	September
MUSIC(VOCAL)	Sargam, Alankar, Songs: 1. Tim Tim 2. National Anthem	Subah Hui	Tum Hi Ho Mata  Syllabus of Unit Test -1  Devotional Songs	Inspirational and patriotic songs	Inspirational songs  Syllabus of Unit Test-2  Patriotic Song

## TERM 2

Subject/Month	October	November	December	January	February
MUSIC(VOCAL)	Alankars,	Revision of Devotional song,	<b>Christmas Carol</b>	Alankars and Patriotic song	Revision and Final
	Devotional	School prayer			exam
	song				
		Syllabus of Unit Test – 3			
		Inspirational song			

## **GAMES**

#### TERM -1

SUBJECT/MONTH	APRIL	MAY	JULY	AUGUST	SEPTEMBER
SUBJECT/MONTH SPORTS	Formation standing in line (file)     Formation of a line according to height     Actual position of stand at ease and attention.     one arm distance     kokalachi (minor game)	Revision month of April     Hands up, Shake, down, roll, clapping     How to walk in a line     PT exercise no:-1      flat race	• Revision April to may • Formation • PT exercise no:-1,2 • Flat race • Dynamic stretching importance & benefits	Revision April to July  Formation (circle)      PT exercise 1 to 2      Standing march     minor game (knowledge about fire in the mountain)	Revision April to August     Formation (semi-circle)     Back race     PT exercise
			•Vrikshasana importance & benefits		

#### TERM -II

SUBJECT/MONTH	OCTOBER	NOVEMBER	DECEMBER	JANUARY	FEBRUARY
SPORTS	<ul> <li>Revision April to September</li> <li>Formation (group)</li> <li>PT exercise</li> <li>Races for sports day.</li> </ul>	<ul> <li>Revision April to October</li> <li>Formation (All)</li> <li>Dribbling with basketball</li> </ul>	<ul> <li>Revision April to November</li> <li>Zig zag race</li> <li>March past</li> </ul>	<ul> <li>Set-ups</li> <li>Discussion on diet, sleep, stress</li> <li>Dribbling with basketball</li> </ul>	Revision

## COMPUTER

TERM - I

SUBJECT/MONTH	APRIL	MAY	JULY	AUGUST	SEPTEMBER
COMPUTER	Working in     Notepad     Writing a     paragraph     using     different keys	Practical exercise in Notepad.	Starting MS – Paints  Drawing & colouring of given object.  Drawing using different shapes and colouring it.  Using different tools.	Various practical exercises on Ms-Paint to be done in the lab.	Using the various options and tools of Ms-Paint

## TERM – II

SUBJECT/MONTH	OCTOBER	NOVEMBER	DECEMBER	JANUARY	FEBRUARY

COMPUTER	Learning how to start MS – Word Understanding MS- Word screen	Writing a paragraph on "My School" in MS-Word using various keys like Caps lock, shift, enter, arrow key, delete Learning how to save, open, close the file	Writing in MS-Word using different colours, Changing size of the text  Understanding the concept of B I U	Various practical exercises to be done in MS-Word	Revision and III Term Assessment.
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#### SATTHWA

## TERM-I

SUBJECT/MONTH	APRIL	MAY	JULY	AUGUST	SEPTEMBER
SATTHWA	Greeting people Orderliness	My day at school	Body Language  Appreciate each	Be honest Be truthful	Recapitulation of previous topics
		Return borrowed things	other		

#### TERM-II

SUBJECT/MONTH	OCTOBER	NOVEMBER	DECEMBER	JANUARY	FEBRUARY
SATTHWA	Recapitulation of previous topics	Be a good winner/looser	A sense of belonging	Being the School Ambassador	Recapitulation of previous topics
			Protecting and Preserving school property		

YOGA TERM-I

MAY JULY AUGUST SEPTEME	MAY	APRIL	SUBJECT/MONTH
Vedic PrayerVedic Prayer.Tadasana.Tadasana.Vrikshasana.Vrikshasana.Padhastasana.Padhastasana.Trikonasana.Trikonasana	.Tadasana .Vrikshasana .Padhastasana	Vrikshasana .Padhastasana .Trikonasana .Vajrasana .mandukasana	YOGA
.Vajrasana .Vajrasana .Vajrasana .mandukasana .mandukasana .mandukasana .mandukasana .Shashankasana .Shashankasana .Ardh ushtrasana .Pavan muktasana .Ushtrasana .Ushtrasana .Setubandhasana .Ushtrasana .Pavan muktasana .Pavan muktasana .Pavan muktasana .Pavan muktasana	.Vajrasana .mandukasana .Shashankasana .Ardh ushtrasana .Ushtrasana	.Shashankasana .Ardh ushtrasana .Ushtrasana .Pavan muktasana .Setubandhasana .Makrasan	
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#### TERM-II

SUBJECT/MONTH	OCTOBER	NOVEMBER	DECEMBER	JANUARY	FEBRUARY
YOGA	Vedic Prayer .Setubandhasana .Makrasana .Bhujangasana .Surya Namaskar .Shavasana .Kapalbhati .Nadi Shodhan .Pranayama .Sheetali pranayam .Shantipath	Vedic Prayer .Bhujangasana .Sury Namas kar .Shavasana .Kapalbhati .Nadi Shodhan .Pranayama .Bhram ri pranay am .Shantipath	Vedic Prayer .Bhujangasana .Surya Namaskar .Shavasana .Kapalbhati .Nadi Shodhan,s .Pranayama .Bhramri ,pranayam .Shanti path	Vedic Prayer .Ushtrasana .Pavan muktasana .Setubandhasana .Makrasana .Bhujangasana .Surya Namaskar .Shavasana .Kapalbhati .Nadi Shodhan .Pranayama .Shantipath	