

**BHARATIYA VIDYA BHAVAN'S MEHTA VIDYALAYA**  
**SYLLABUS MONTHLY BREAK-UP**  
**CLASS –I (SESSION 2023-24)**  
**TERM -1**

SUBJECT/MONTH	APRIL	MAY	JULY	AUGUST	SEPTEMBER
<b>ENGLISH</b>	<ul style="list-style-type: none"> <li>Capital Letters</li> <li>Small Letters</li> <li>3 letter words</li> <li>4 letter words</li> <li>Vowels and consonants</li> <li>Words with a, e, i, o, u Sound</li> <li>Use of a or an</li> <li><b>BOOK : MARIGOLD Unit - I Poem – A happy child</b></li> <li><b>Activity :</b></li> <li>Picture crosswords</li> <li><b>Word Building Wheel- Art Integrated Activity</b></li> </ul>	<ul style="list-style-type: none"> <li><b>Unit-1 Story - Three Little pigs</b></li> <li>New Words</li> <li>Naming Words</li> <li>Singular / Plural words</li> <li>Opposite Words</li> <li><b>Activity :</b></li> <li><b>Game – Name, Place, Animal, Thing</b></li> <li><b>Fill in the missing letters</b></li> <li><b>Story reading through pictures</b></li> </ul>	<ul style="list-style-type: none"> <li><b>Unit-2 Poem - After a bath</b></li> <li><b>Story – The Bubble ,the Straw and the Shoe</b></li> <li>Revision work – <ul style="list-style-type: none"> <li>use of “a “and “an “, singular / plural words</li> </ul> </li> <li>Use of This / That</li> <li>Use of These / Those</li> <li><b>Activity -PEC Card activity on Use of This / That These / Those</b></li> </ul>	<ul style="list-style-type: none"> <li><b>Unit 3 : Poem – One Little Kitten Story -Lalu and Peelu</b></li> <li>New Words</li> <li>Use of He / She / They / It in place of naming words</li> <li>Use of is / am / are</li> <li><b>Activity : Story Telling activity using hand puppets</b></li> </ul>	<ul style="list-style-type: none"> <li><b>Unit 4 :</b></li> <li><b>Poem :</b> Once I saw a little bird</li> <li><b>Story – Mittu and the Yellow mango</b></li> <li>New Words</li> <li>Use of has / have</li> <li>Make sentences</li> <li>Creative Writing on “My Best Friend”</li> <li><b>Activity - Art Integrated activity on use of has /have</b></li> </ul>
<b>MATHS</b>	<ul style="list-style-type: none"> <li>Number writing 1-100</li> <li>Fill in the missing numbers 1 - 100</li> <li>Simple addition on number line and by forward counting</li> <li>Comparing / arranging / circling numbers bigger to</li> </ul>	<ul style="list-style-type: none"> <li>Number writing 1 – 100</li> <li>Simple subtraction on number line and by backward counting</li> <li>Number Names – 1 to 10</li> <li><b>Activity :</b></li> </ul>	<ul style="list-style-type: none"> <li>Number writing 101-150</li> <li>Fill in the blanks</li> <li>Number names 11-20</li> <li>Before, After, In Between</li> <li>Put the right sign &gt; &lt; =</li> <li><b>Activity- Playing with</b></li> </ul>	<ul style="list-style-type: none"> <li>Number writing 151-200</li> <li>Number names 21-30</li> <li>Simple sums of addition and subtraction Two digits</li> <li>Table of 2</li> <li><b>Activity- Make a chart of table 2</b></li> </ul>	<ul style="list-style-type: none"> <li>Number writing 201-300</li> <li>Number names 31-40</li> <li>Write the number in the expanded form</li> <li>Table of 3</li> <li><b>Activity- Addition &amp;</b></li> </ul>

	<p>smaller and smaller to bigger</p> <ul style="list-style-type: none"> <li>• <b>Activity -Counting things all about myself</b></li> </ul>	<ul style="list-style-type: none"> <li>• <b>Making a number line scale.( Art Integrated activity )Making a number line scale.</b></li> </ul>	<p><b>Number cards</b></p> <ul style="list-style-type: none"> <li>•</li> </ul>	<p><b>using match sticks, bindi, button etc</b></p>	<p><b>Subtraction on Abacus .</b></p>
हिन्दी	<ul style="list-style-type: none"> <li>• स्वरो और व्यंजनो का ज्ञान</li> <li>• बिना मात्रा के शब्द (</li> <li>• आ '। ' मात्रा से शब्द पढ़ना व लिखना</li> <li>• चित्रों के नाम</li> <li>• वाक्य बनाओ</li> </ul> <p><b>गतिविधि -</b> स्वर और व्यंजन पर कला एकीकृत गतिविधि</p>	<ul style="list-style-type: none"> <li>• आ '। ' मात्रा की पुनरावर्ति</li> <li>• चित्रों के नाम</li> <li>• उचित स्थान पर आ '। ' मात्रा का प्रयोग</li> <li>• वाक्य बनाओ</li> <li>• <b>गतिविधि - बिना मात्रा और आ की मात्रा के शब्दों से माला बनाना (रंगीन कागजों से फूल बनाकर उन पर शब्द लिखना और माला बनाना )</b></li> </ul>	<ul style="list-style-type: none"> <li>• इ मात्रा से शब्द लिखना व पढ़ना</li> <li>• ई शब्दों को पढ़ना और लिखना</li> <li>• उचित स्थान पर आ '। ' , इ और ई मात्राओं का प्रयोग</li> <li>• वाक्य बनाओ, चित्रों के नाम</li> <li>• मिलते जुलते शब्द</li> </ul> <p><b>गतिविधि - बगीचे की सैर, विभिन्न पत्तों का प्रयोग कर बच्चे कक्षा में बंदनवार बनवाएंगे ।</b></p>	<ul style="list-style-type: none"> <li>• ए और ऐ मात्रा वाले शब्दों को पढ़ना व लिखना</li> <li>• चित्रों के नाम</li> <li>• समान अर्थ वाले शब्द बहुवचन शब्द</li> <li>• वाक्य पूरा करो</li> </ul> <p><b>गतिविधि : बच्चे कक्षा में पतंग बनाएँगे और पतंग से संबन्धित कुछ वाक्य या कविता बोलेंगे ।</b></p>	<ul style="list-style-type: none"> <li>• उ मात्रा वाले शब्दों को पढ़ना व लिखना</li> <li>• वाक्य बनाओ</li> <li>• चित्रों के नाम</li> <li>• रचनात्मक लेखन – मेरा मित्र</li> </ul> <p><b>गतिविधि - रसोई घर मे प्रयोग होने वाली आ '। ' इ , ई ए और ऐ मात्रा वाली वस्तुओं की सूची बनाकर उसके चित्र चिपकाओ।</b></p>

<b>GENERAL AWARENESS</b>	<ul style="list-style-type: none"> <li>• All about myself</li> <li>• My Body : Parts of my body</li> <li>• All about myself</li> <li>• Sense Organs</li> </ul> <p><b>Activity – Poem Recitation , Making a portfolio on All about myself</b></p>	<ul style="list-style-type: none"> <li>• Keep Clean</li> <li>• My Daily Routine</li> <li>• Things that help us to keep our body clean</li> </ul> <p><b>Activity – Making Self Hygiene Kit</b></p>	<ul style="list-style-type: none"> <li>• My Family</li> <li>• Family Members</li> <li>• Share and care</li> <li>• Fun with the family</li> </ul> <p><b>Activity – Puppet show on My Family</b></p>	<ul style="list-style-type: none"> <li>• My Home</li> <li>• Parts of a house</li> <li>• Different room and their use</li> </ul> <p><b>Activity – Making a house using waste cardboard boxes</b></p>	<ul style="list-style-type: none"> <li>• My neighbourhood</li> <li>• Important places in our neighbourhood</li> </ul> <p><b>Activity – Visit to the neighbourhood park.</b></p>
<b>General Knowledge</b>	<p><b>Our surroundings</b></p> <ul style="list-style-type: none"> <li>• 1. What a house!</li> <li>• 2. A city Tour</li> </ul> <p>The living world</p> <ul style="list-style-type: none"> <li>3. Yummy fruits f</li> <li>4. Food for pets</li> <li>5. Domestic animal</li> </ul>	<p><b>Everyday science</b></p> <ul style="list-style-type: none"> <li>6. Beware of corona</li> <li>7. Amazing appliances</li> </ul>	<p><b>Exploring India</b></p> <ul style="list-style-type: none"> <li>8. Festive time</li> <li>9. National symbols</li> </ul> <p>Exploring the word</p> <ul style="list-style-type: none"> <li>10. Tourist spots d</li> <li>11. Dishes around the world</li> </ul>	<p><b>Sports and entertainment</b></p> <ul style="list-style-type: none"> <li>12. Sports stars</li> <li>13. Cartoon world</li> </ul> <p>Language and literature</p> <ul style="list-style-type: none"> <li>14. Famous Fairy Tales</li> <li>15. Rainbow colours</li> </ul>	<p><b>Mental ability</b></p> <ul style="list-style-type: none"> <li>16. Shape sense - Activity</li> <li>17. Picture puzzle skill booster</li> <li>18. Face reading</li> <li>19. Growing a plant</li> </ul>

#### NOTE

- \* Hindi Book – Rimjhim Work will be done as per the Matras taught in the class .
- Mathe- Magic Book - Work in book will be done as per the concepts taught in the class .

#### TERM –II

SUBJECT/MONTH	OCTOBER	NOVEMBER	DECEMBER	JANUARY	FEBRUARY
<b>ENGLISH</b>	<ul style="list-style-type: none"> <li>• <b>Unit -5 : Poem – Merry go round</b></li> <li>• <b>Story – Circle</b></li> <li>• New Words</li> <li>• Change the gender</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Unit-6 Poem - If I Were an apple</b></li> <li>• <b>Story – Murlī' Mango Tree</b></li> <li>• New words</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Unit-7</b></li> <li>• <b>Poem –A KITE</b></li> <li>• <b>Story – Sundari</b></li> <li>• <b>New words</b></li> <li>• <b>Describing words</b></li> </ul>	<ul style="list-style-type: none"> <li>• <b>Unit-8 – Story</b></li> <li>• The Tiger and the Mosquito</li> <li>• <b>Unit – 9 Story - Anandi's Rainbow</b></li> <li>• New words</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Unit-10 Story -The Tailor and his friend</b></li> <li>• New words</li> <li>• Ques-Ans</li> </ul>

	<ul style="list-style-type: none"> <li>• <b>Plurals</b> – changing with ‘s’ and ‘es’</li> <li>• Creative writing on “ My Family”</li> </ul> <p><b>Activity :</b> <b>Picture talk and picture composition</b></p>	<ul style="list-style-type: none"> <li>• Action words</li> <li>• Jumbled words</li> <li>• Make sentences</li> </ul> <p><b>Activity- use of hand puppets and puppet show</b></p>	<ul style="list-style-type: none"> <li>• <b>Jumbled sentences</b></li> <li>• <b>Creative writing on “ my school “</b></li> </ul> <p><b>Activity – Paste picture of any one big any one big and small animal .</b></p> <ul style="list-style-type: none"> <li>• <b>Describe both the animals in few lines.</b></li> </ul>	<ul style="list-style-type: none"> <li>• Ques/Ans</li> <li>• Use of in, on, under, above, behind</li> <li>• Punctuation capital letter, full stop</li> <li>• <b>Activity- story telling with the help of clue cards</b></li> </ul>	<ul style="list-style-type: none"> <li>• Picture composition</li> <li>• Revision work</li> </ul>
<b>MATHS</b>	<ul style="list-style-type: none"> <li>• <b>Number writing 301-350</b></li> <li>• <b>Number names 41-50</b></li> <li>• <b>Dodging table of 2 and 3</b></li> <li>• <b>Number writing in ascending and descending order.</b></li> <li>• <b>Activity-Make a project on ascending and descending order using pictures of different animals, fruits and vegetables in the yellow scrap book</b></li> </ul>	<ul style="list-style-type: none"> <li>• Number writing 351-400</li> <li>• Number names 51-60</li> <li>• Hundred, Tens and ones</li> <li>• Sums of addition with carryover</li> <li>• Before, After and In-between</li> <li>• Table of 4</li> </ul> <p>• <b>Activity – Learning place value of numbers through Art integrated activity</b></p>	<ul style="list-style-type: none"> <li>• Number writing 401-450</li> <li>• Number names 61-80</li> <li>• Subtraction sums with borrowing</li> <li>• Calendar-Days of the week</li> <li>• Dodging Table of 2,3 and 4</li> </ul> <p><b>Activity – Pec Card</b> <b>Activity on Days / months of the year</b></p>	<ul style="list-style-type: none"> <li>• Number writing 451-500</li> <li>• Number names 81-100</li> <li>• Table of 5</li> <li>• Calendar-Months of the year</li> <li>• Shapes</li> <li>• Dodging table of 2,3,4 and 5</li> </ul> <p><b>Activity -Fun activity to Follow the pattern</b></p>	<ul style="list-style-type: none"> <li>• Measurement</li> <li>• Revision work for the final examination</li> </ul>
<b>हिन्दी</b>	<ul style="list-style-type: none"> <li>• ऊ मात्रा वाले शब्दों को पढ़ना व लिखना</li> <li>• उत्तर पूरे करो, वाक्य बनाओ</li> <li>• <b>गतिविधि</b> -</li> </ul>	<ul style="list-style-type: none"> <li>• ओ और ऑ की मात्रा वाले शब्दों को लिखना व पढ़ना</li> <li>• चित्रों के नाम</li> <li>• अनेक शब्दों के लिए एक शब्द</li> </ul>	<ul style="list-style-type: none"> <li>• अं मात्रा वाले शब्दों और चन्द्रबिंदु के शब्दों को पढ़ना व लिखना</li> <li>• समान अर्थ वाले शब्द</li> </ul>	<ul style="list-style-type: none"> <li>• प्रश्न उत्तर</li> <li>• खाली जगह भरो, वाक्य बनाओ</li> <li>• चित्र वर्णन</li> </ul>	<ul style="list-style-type: none"> <li>• पुनरावृत्ति कार्य कक्षा में करवाया जाएगा</li> </ul>

		<ul style="list-style-type: none"> <li>लेख – गाय पर कुछ वाक्य</li> <li>गतिविधि - तोता या कौआ किसी एक पक्षी के विषय में अपने शब्दों में कहानी बनाओ । -</li> </ul>	<ul style="list-style-type: none"> <li>बहुवचन शब्द</li> <li>लिंग बदलो</li> <li>प्रश्न उत्तर</li> <li>गतिविधि- अपने परिवार के सदस्यों के चित्र चिपकाकर उनके नाम लिखो जैसे दादा-दादी , भाई-बहन, माता-पिता आदि</li> </ul>		
GENERAL AWARENESS	<ul style="list-style-type: none"> <li>Knowing about people who help us</li> <li>Importance of different people</li> </ul> <p><b>Activity- Appreciating people who help us</b></p>	<ul style="list-style-type: none"> <li>Our Festivals</li> <li>National and common festivals</li> <li>Significance of festivals</li> </ul> <p><b>Activity- Decorating diyas, candles, kandeel, etc</b></p>	<ul style="list-style-type: none"> <li>Plants our green friends</li> <li>Types of plants</li> <li>Importance of plants</li> </ul> <p>Activity-Grow your own plant</p>	<ul style="list-style-type: none"> <li>Our Animal friends</li> <li>Pet and wild animals</li> <li>Homes, Sounds of animals</li> <li>Babies of animals</li> <li><b>Activity- Collecting and pasting activity</b></li> <li>Means of transport, Types of Transport(slow and fast)</li> <li>Safety rules</li> <li><b>Activity-Making a traffic light and show and tell activity</b></li> </ul>	<ul style="list-style-type: none"> <li>Natural features of our Earth</li> <li>Natural and man made things</li> </ul> <p><b>Activity- Role Play</b></p>
GENERAL KNOWLEDGE	<p><b>Our surroundings</b></p> <p>20.Seasons 21.Thank you helpers The living world 22.lovely Flowers 23.Animal Walk</p>	<p><b>Every day science</b></p> <p>25.Computer quiz 26.Useful tools Exploring India 27.Dresses in India 28.Great Indians</p>	<p><b>Exploring the word</b></p> <p>29.Countries and Flags 30.People in news Sports and entertainment</p>	<p><b>Language and literature</b></p> <p>33.Rhyming time 34.Indian languages Mental ability 35.Patterns 36.Sorting</p>	<p><b>Skill Booster</b></p> <p>37.Be safe 38.Get ready for coding.</p>

	24.Flying Creatures		31.Playing Equipment 32 music melody - Activity		
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## **WORK EX**

### **DRAWING**

#### **Term 1**

APRIL/MAY	JULY		AUGUST	SEPTEMBER
Flower Caterpillar	Honey Bee Lady bird		Scenery National Flag	Butterfly Helicopter
TERM 2				
OCTOBER	NOVEMBER	DECEMBER	JANUARY	FEBRUARY
Ravana Duck	Diya & Candle Air Balloon	Snowman Christmas Tree	Cartoon Character Boat	Fish in a Pond Minion

## DANCE

### TERM 1

Subject/Month	April-May	July	August	September
<u>Dance</u>	Basic hand and body movements with beats.Dance on song(saare jahan se achha)	Dance on patriotic song.	<i>Dance practice continues. Presentation on Independence Day.</i>	Dance on song (gori nachegi.)

### TERM 2

Subject/Month	October	November	December	January	February
<u>Dance</u>	Dance practice and preparation for Annual Day	Dance on children's day.	Dance on Christmas day	Dance on patriotic song	<b>Revision of dances</b>

## MUSIC

### TERM 1

Subject/Month	April-May	July	August	September
<b>MUSIC(VOCAL)</b>	SARGAM,ALANKAR, SONGS 1.TIM TIM 2.TUM HI HO MATA	SUBHA HUI  <u>Syllabus of UNIT 1</u>  Devotional Songs	Alankars and Patriotic Song	Inspirational Song  <u>Syllabus of UNIT 2</u>

				Patriotic Song
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## TERM 2

Subject/Month	October	November	December	January	February
<b>MUSIC(VOCAL)</b>	Alankars, Devotional Song	Revision of Devotional Song and Christmas Carol <b><u>Syllabus of UNIT</u></b> <b><u>3</u></b>  Inspirational Song	Christmas Carol	Alanakars and Patriotic Song	<b>Revision &amp; final Assessment</b>

## GAMES

SUBJECT/MONTH	APRIL	MAY	JULY	AUGUST	SEPTEMBER
<b>SPORTS</b>	<ul style="list-style-type: none"> <li>• Formation standing in line (file)</li> <li>• Formation of a line according to height</li> </ul>	<ul style="list-style-type: none"> <li>• Revision month of April</li> <li>• Hands up, Shake , down, roll, clapping</li> </ul>	<ul style="list-style-type: none"> <li>•Revision April to may</li> <li>• Formation</li> <li>• PT exercise no:-1,2</li> </ul>	<ul style="list-style-type: none"> <li>• Revision April to July</li> <li>Formation (circle)</li> <li>• PT exercise 1 to 2</li> <li>• Standing march</li> </ul>	<ul style="list-style-type: none"> <li>• Revision April to August</li> <li>• Formation (semi-circle)</li> <li>• Back race</li> </ul>



	<ul style="list-style-type: none"> <li>• Actual position of stand at ease and attention.</li> <li>• one arm distance</li> <li>• kokalachi (minor game)</li> </ul>	<ul style="list-style-type: none"> <li>• How to walk in a line</li> <li>• PT exercise no:-1</li> <li>• flat race</li> </ul>	<ul style="list-style-type: none"> <li>• Flat race</li> <li>• Dynamic stretching importance &amp; benefits <small>P SEP</small></li> <li>• Vrikshasana importance &amp; benefits</li> </ul>	<ul style="list-style-type: none"> <li>• minor game (knowledge about fire in the mountain)</li> </ul>	<ul style="list-style-type: none"> <li>• PT exercise</li> </ul>
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### TERM –II

SUBJECT/MONTH	OCTOBER	NOVEMBER	DECEMBER	JANUARY	FEBRUARY
<b>SPORTS</b>	<ul style="list-style-type: none"> <li>• Revision April to September</li> <li>• Formation (group)</li> <li>• PT exercise</li> <li>• Races for sports day.</li> </ul>	<ul style="list-style-type: none"> <li>• Revision April to October</li> <li>• Formation (All)</li> <li>• Dribbling with basketball</li> </ul>	<ul style="list-style-type: none"> <li>• Revision April to November</li> <li>• Zig zag race</li> <li>• March past</li> </ul>	<ul style="list-style-type: none"> <li>• Set-ups</li> <li>• Discussion on diet, sleep, stress <small>P SEP</small></li> <li>• Dribbling with basketball</li> </ul>	<b>Revision</b>

# Yoga

## TERM I

Class	April	May	July	August
II	<p>PRAYER:</p> <p>YOGIC SUKSHMA VYAYAMA :- Hrid Gati Medha-shakti vikasaka kriya.</p> <p>ASANA :- Tadasana, kati-chakrasana, trikonasana, shavasana.</p>	<p>PRAYER :-Vedic Mantras.</p> <p>YOGIC SUKSHMA VYAYAMA :- Smarana shakti-vikasaka and medha shakti vikasaka kriya.</p> <p>ASANA :- Tadasana ,vrikshana, ardha- chakrasana, ardha- padahastasana, shavasana.</p>	<p>PRAYER :- Vedic Mantras</p> <p>SHATKARMA :- Sutra Neti.</p> <p>YOGIC SUKSHMA VYAYAMA :- Netra sakti vikasaka and kapola shakti vikasaka kriya</p> <p>ASANA :- Padmasana, sputa-padmasana, vajrasana. Ardha- ushtrasana,shashankasana.</p>	<p>PRAYER :- Vedic Mantras.</p> <p>SHATKRAMA :- Kunjal kriya.</p> <p>YOGOC SUKSHMA VYAYAMA :- Karna shakti vikasaka and Griva shakti vikasaka kriya.</p> <p>ASANA :- Vajrasana , Mandukasana,Ushtrasana , shashankasana, shavasana.</p>

## TERM II

Class	October	November	December	January
II	<p>PRAYER :-Vedic Mantra</p> <p>YOGIC SUKSHMA VYAYAMA :- Griva Shakti-vikasaka kriya</p> <p>ASANA :- Pranam asana , hasta-uttanasana, pada-hastasana, shavasana.</p> <p>MEDITATION :- Antarmauna and shanti: patha.</p>	<p>PRAYER :- Vedic Mantras.</p> <p>YOGIC SUKSHMA VYAYAMA :- Skand-tatha-bahu-mula shakti-vikasaka kriya.</p> <p>ASANA :- Asva-sanchalanasana , parvatasana , ashtanga-namaskar ,shavasana..</p> <p>MEDITATION :- OM Meditation and shanti: patha.</p>	<p>PRAYER :- Vedic Mantras.</p> <p>YOGIC SUKSHMA VYAYAMA :- Kohini shakti-vikasaka and bhuj-valli shakti-vikasaka kriya.</p> <p>ASANA :- Pada-hastasana , hasta-uttanasana, pranamasana.</p> <p>MEDITATION :- (A) Kar chanting and Meditaion &amp; shanty path.</p>	<p>PRAYER :- Vedic Mantras</p> <p>YOGIC SUKSHMA VYAYAMA :- Purna-bhuja shakti-vikasaka kriya.</p> <p>ASANA :- Practice of Surya Namaskara.</p> <p>MEDITATION :-( U kar )</p>

# Computer

## TERM -1

SUBJECT/MONTH	APRIL	MAY	JULY	AUGUST	SEPTEMBER
<b>COMPUTER</b>	Introduction of Different parts of computer.	Familiarity with Keys  Reading Desktop.	Mouse Operation  Starting and Shutting Down the machine.  Opening and Closing Software	Loading Notepad  Using different Keys on Keyboard  Spacebar caps lock  Enter DeleteBack space	Various Practical Exccercises to be done in the lab in notepad

## TERM – II

SUBJECT/MONTH	OCTOBER	NOVEMBER	DECEMBER	JANUARY	FEBRUARY
<b>COMPUTER</b>	Loading MS- Paint  Learning about different tools in MS- Paint  Text tool ,Eraser Tool , Line tool , Shapes tool, Pencil tool	Drawing figures in MS-Paint using the tools	Learning about different tools in MS-Paint  Fill colour , Brush tool, Spray tool Polygon tool	Drawing Different Figures in MS- Paint using various tools.  Colouring in MS- Paint using various tools.	<b>Final Assessment</b>