



# Bhavan's Motto

आ नो भद्राः क्रतवो यन्त् विश्वतः।

Let noble thoughts come to us from every side.

# Bhavan's Ideal

अयं निजः परोवेति गणना लघु चेतसाम्। 🕉 🖙 😭







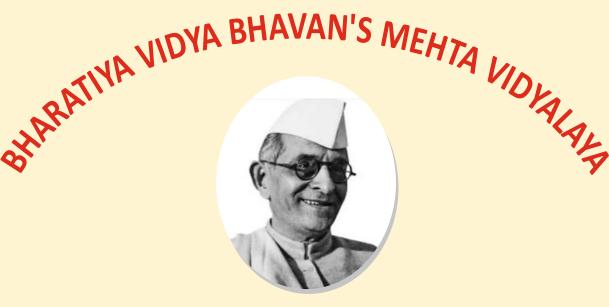


# Vasudhaiva Kutumbakam



KASTURBA GANDHI MARG, NEW DELHI-110001 Phone: 2338 9943, 2338 4881; Fax: 91-11-2338 2003

E-mail: mehtavidyalaya@rediffmail.com; Website: www.bvbmehtavidyalaya.org



Kulapati K. M. Munshi

## **VISION**

Bharatiya Vidya Bhavan's Mehta Vidyalaya is committed to foster inherent potential that helps in developing creative pursuits, skills, lifelong learning and global leaders with foundation of Indian Culture.

## **MISSION**

Bharatiya Vidya Bhavan's Mehta Vidyalaya, the crusader of Sanskrit and Sanskriti endeavours to promote Sarva Dharma Sadbhav and Global perspective of Vasudev Kutumbkum by providing holistic education imparted through a wide spectrum of curricular and cocurricular activities.





TEL.NO. : (022) 2620 42 21
FAX NO. : (022) 2671 65 11
E-mail : rpt.institute@gmail.com

BHAVAN'S SHIKSHAN BHARATI GUPTE BLOCK, NR. MAIN GATE OF BHAVAN'S CAMPUS, MUNSHI NAGAR, ANDHERI (WEST), MUMBAI – 400 058

## MESSAGE

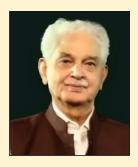
I am extremely pleased to note that Bhavan's Mehta Vidyalaya, New Delhi is bringing out its Annual School Magazine "BHAVIDYA".

The school magazine is a platform for students to express their creative hidden talents. It also acts as a mouthpiece for the reflection of their ideas. I am sure that the contents of the magazine will reflect the wonderful creativity of thoughts and imagination of the students.

I extend my warm wishes to the Principal, Staff and Students of Bhavan's Mehta Vidyalaya, New Delhi to continue this journey on the road of excellence. May the sapling grow into a sturdy tree and spread its branches.

Rakesh Saxena

Director





Bhavan's Trustee & Chairman Delhi Kendra:

C. R. GHAREKHAN (Formerly Permanent Representative of India in the UNO Director: ASHOK PRADHAN

(Formerly Secretary to Govt. of India)
Ph.: 011-23384982, 23386160
Fax: 011-23382003

E-mail: ashok\_pradhan99@rediffmail.com

Founded By : Kulapati Dr. K. M. Munshi

Mehta Sadan, Kasturba Gandhi Marg, New Delhi - 110001.

Delhi Kendra:

Ph.: 011-23382470
E-mail: director@bvbdelhi.org
Grams: BHAVIDYA NEW DELHI
Website: www.bvbdelhi.org

### Director's message

I am very pleased to learn that Bharatiya Vidya Bhavans Mehta Vidyalaya is releasing another edition of the school magazine on the occasion of Annual Day celebrations.

In the present era of increasing globalisation, rapid technological advancements and increasing social and environmental issues, there's a fundamental need to foster in the pupils an appreciation of all cultures.

The school is dedicated to carrying out the vision of its founder father, Kulapati K.M. Munshi, by striving to nurture global individuals. The school's Sarva Dharma prayer and Bhavan's motto – VasudhaivaKutumbakam – 'The world is one family' which resonates with the slogan of India's G 20 presidency, instill in the young minds the core values of respect for all faith, inclusiveness and acceptance of diversity. Herein lies the uniqueness of Bhavan.

I'm glad to know that in keeping with the National Education Policy 2020, the school is imparting holistic education through a well-designed curriculum that caters to the 21st century skills with special emphasis on Sanskrit and Sanskriti.

The school magazine mirrors the remarkable achievements and laudable progress of the pupils and unfolds a wide spectrum of their creative skills.

My compliments to the Principal, Dr. (Ms.) Anju Tandon and the entire staff for their outstanding efforts in shaping the pupils to become responsible and global individuals.

I wish the team of MehtaVidyalaya success in all their future endeavours.

(Ashok Pradhan





Bhavan's Trustee & Chairman Delhi Kendra: C. R. GHAREKHAN

(Formerly Permanent Representative of India in the UNO Director:

ASHOK PRADHAN (Formerly Secretary to Govt. of India) Ph.: 011-23384982, 23386160

Fax: 011-23382003 E-mail: ashok\_pradhan99@rediffmail.com Founded By : Kulapati Dr. K. M. Munshi

Mehta Sadan, Kasturba Gandhi Marg, New Delhi - 110001.

Delhi Kendra:

Ph.: 011-23382470
E-mail: director@bvbdelhi.org
Grams: BHAVIDYA NEW DELHI
Website: www.bvbdelhi.org

## Chairperson's message

I am extremely happy to note that Bharatiya Vidya Bhavan's Mehta Vidyalaya is keeping up the tradition of bringing out yet another excellent edition of its annual magazine, 'Bhavidya' on the occasion of Annual Day celebration.

Mehta Vidyalaya is committed to carrying out the objectives laid down by its founder, Shri K.M. Munshi by inculcating in the students the values of respect for Indian culture and heritage as well as appreciation of all cultures. Furthermore, the students are being equipped with the 21<sup>st</sup> century skills to emerge as competent leaders in all spheres of life to meet the global challenges.

The school magazine provides excellent opportunities to the students to develop their skills of technology, collaboration, leadership and creativity besides featuring the exemplary achievements and progress of the school.

I congratulate the Principal, Dr. (Mrs.) Anju Tandon and the entire team of Mehta Vidyalaya for their tireless efforts and my best wishes to them for all future undertakings.

Sweender Soin

(Kum.Surrendar Saini)





Bhavan's Trustee & Chairman Delhi Kendra: C. R. GHAREKHAN (Formerly Permanent Representative of India in the UNO Director:
ASHOK PRADHAN
(Formerly Secretary to Govt. of India)
Ph.: 011-23384982, 23386160
Fax: 011-23382003

E-mail: ashok\_pradhan99@rediffmail.com

Founded By : Kulapati Dr. K. M. Munshi

Mehta Sadan, Kasturba Gandhi Marg, New Delhi - 110001.

Delhi Kendra:

Ph.: 011-23382470
E-mail: director@bvbdelhi.org
Grams: BHAVIDYA NEW DELHI
Website: www.bvbdelhi.org

#### MESSAGE

It brings me immense joy to address you through the school magazine "Bhavidya". First and foremost, I commend all of you for your dedication and hard work in bringing this magazine to life. It is a testament to your creativity, talent and commitment to showcasing the best of the school's achievements, stories and artistic endeavors.

Education is a journey of discovery, and within these pages, you'll find a reflection of the knowledge and creativity that thrives within our school community.

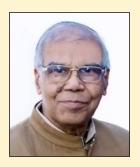
I encourage you to explore, question, and grow. Each day is an opportunity to learn something new, not just from textbooks but from the world around you. The school is a place where your dreams can take root and flourish.

Remember, education isn't just about grades; it's about becoming thoughtful, responsible, and compassionate individuals. Together, let's continue to nurture our intellectual curiosity and build a brighter future for ourselves and our society. Remember your contributions have the power to inspire, inform and entertain. Let your creativity flow and let your passion shine through your work.

I am immensely proud of your dedication and achievements. Let this magazine serve as a testament to your hard work and aspirations. Keep shining, and never stop learning.

Wishing you all the Best.

(Dr. A.K. Sharma) Regional Education Officer Shikshan Bharati





Bhavan's Trustee & Chairman Delhi Kendra:

C. R. GHAREKHAN (Formerly Permanent Representative of India in the UNO Director: ASHOK PRADHAN

(Formerly Secretary to Govt. of India)
Ph.: 011-23384982, 23386160
Fax: 011-23382003

E-mail: ashok\_pradhan99@rediffmail.com

Founded By : Kulapati Dr. K. M. Munshi

Mehta Sadan, Kasturba Gandhi Marg, New Delhi - 110001.

Delhi Kendra:

Ph.: 011-23382470
E-mail: director@bvbdelhi.org
Grams: BHAVIDYA NEW DELHI
Website: www.bvbdelhi.org

# શુभाशंसा

में यह जानकर प्रसन्नता का अनुभव कर रहा हूँ कि मेहता विद्यालय, भारतीय विद्या भवन विद्यालय पत्रिका प्रकाशित करने जा रहा है। प्रतिवर्ष विद्यालय जिन शैक्षिणिक तथा सांस्कृतिक गतिविधियों का आयोजन करता है, उसका समग्र प्रतिवेदन विद्यालय पत्रिका के माध्यम से छात्रों, अभिभावकों तथा प्रबन्ध समिति के समक्ष प्रस्तुत किया जाता है।

मेहता विद्यालय न केवल शैक्षिणिक गतिविधियों की महत्त्वपूर्ण इकाई है, अपितु यह छात्रों के सांस्कृतिक एवं शारीरिक विकास का भी केन्द्र है। यहाँ छात्रों को अन्तर्राष्ट्रीय स्तर की आधुनिकतम शिक्षा तथा भारतीय संस्कृति एवं मानवता के मूल्यों को बालक के जीवन में उतारने का सफल प्रयास किया जाता है। एक प्रकार से शिक्षा के उद्देश्य, छात्रों के सर्वांगीण विकास का पूरा प्रयास किया जाता है।

इस विद्यालय से पढ़े हुए छात्र देश-विदेश के विभिन्न क्षेत्रों में अग्रणी भूमिका निभा कर भारत देश का गौरव तथा भवन्स मेहता विद्यालय की गरिमा को शिखर पर पहुँचाने का प्रयास कर रहे हैं।

इन सम्पूर्ण सफलताओं का श्रेय इस विद्यालय की सुयोग्य प्राचार्या उनके अनुभवी सहकर्मी शिक्षकों व विद्यालय प्रबन्ध समिति के अधिकारियों को जाता है, जिनके अथक परिश्रम से यह विद्यालय प्रगति के पथ पर अग्रसर है। मैं विद्यालय के उज्ज्वल भविष्य के लिए हृदय की गहराइयों से शुभकामनाएँ प्रेषित करता हूँ।

(डॉ. छवि कृष्ण आर्य) प्रबन्धक, मेहता विद्यालय, भा.वि.भ.



## FROM THE PRINCIPAL'S DESK

It gives me immense pleasure to pen down this message on the occasion of another edition of our annual magazine 'Bhavidya' 2023.

The 21st century - the age of skills and competency-based learning, has seen a major transformation from a conventional teaching environment to a student centric environment. Towards this end, we are dedicated to promoting a comprehensive school curriculum with integration of life skills, value education, art and physical education, health and wellness and skills education in sync with NEP 2020, aiming at concrete learning outcomes.

As the crusader of Sanskrit and Sanskriti, it is our endeavour to promote Sarva Dharma Sadbhav and global perspective of Vasudhaiva Kutumbakam - 'The whole world is one single family, which attunes with the slogan of India's G20 presidency -'One earth, One family, One future'. It is a matter of great honour and pride that our country recently did the onerous task of hosting the G 20 Summit, thus proving that we are at par with the top nations of the world and are making strides shoulder to shoulder in all fields of endeavour. It is our aim to infuse this sense of pride in our students and make them aware that the successful life they aspire to, lies in this very land. The successful launch of Chandrayan 3 by ISRO comprising of a team of many women scientists, goes on to show that women can reach the highest summit in any undertaking, if nurtured from a grassroot stage. While committed to providing quality education to all our students, we at Bhavan also strive to foster our girls to dream big and achieve great heights as individuals.

Through a wide array of curricular and co curricular activities we are committed to providing holistic education for our students to become empathetic global individuals with  $21^{st}$  Century skills including communication, collaboration, creativity, innovation, environmental sensitivity, problem solving critical thinking, digital literacy, entrepreneurship and leadership through innovative and well-designed curriculum in experiential learning.

The modern infrastructure of the school and state of the art labs complement classroom teaching as well as meet the sustainable development goals as prescribed by NCF 2005.

Today we can proudly boast of the collaborations and exchange programme with several school abroad namely Korea, Japan, Thailand, Taiwan and Australia. These interactions and experiential learning programmes further widen the perspectives of our students and help them to become global citizens of tomorrow.

Our state of art games and sports field provides opportunities of enthusiastic participation to our students, who are trained in various techniques and skills of different sports, thus enhancing their self esteem, values, confidence, team work and above all healthy well being.

'Bhavidya' 2023 provides the platform to unlock the creative potential of our students and records their progress and achievements. I congratulate the entire editorial team for the unstinting efforts and dedication. We are grateful to the parents who have imposed their trust in school. My compliments to the Vice Principal, the entire teaching and non teaching staff for their whole-hearted support and cooperation.

Dr. Anju Tandon, Principal

# **Message From Editor's Desk**



A warm greetings to all!

It gives me immense delight to present before you 'Bhavidya 2023'. The pages of this magazine offer glimpses of students who have become achievers as they strove for what may have seemed unattainable, but which they conquered through their indefatigable zeal.

Bhavidya 2023 is the combined effort of the spirited students, the untiring effort of the dedicated faculty and the cooperative and supportive parents.

I am grateful to our Principal and the Vice Principal for their constant support and guidance extended to us. I also express my gratitude to the Editorial Board, and to all those who have contributed in the making of 'Bhavidya 2023' a success.

SMT. SHARMILA SAHA Chief Editor - Bhavidya

# **Editorial Board**

## Smt. Sharmila Saha (Chief Editor)

- Ms. Uma Sengupta
- Ms. Tulsi Baura
- Ms. Heena Jain
- Ms. Dimpy Mathur
- Dr. (Smt.) Anju Bala (Sanskrit)
- Ms. Saumya Nair
- Ms. Mona Jayant Patras
- Ms. Richa Jain
- Smt. Neelam Rani (Hindi)
- Ms. Anushka Shukla XII B (Student Editor)

# **ANNUAL REPORT 2021-22**

My sincere greetings to the august gathering......

It is my honour to welcome the dignitaries on the dais on this special occasion of our 64th Annual Day and Prize Distribution Function. This is a momentous occasion for us because this function embodies our school's successful completion of 64 years in the sphere of imparting education. And I am extremely delighted and proud to welcome to our function today Chief Guest Shri Himanshu Gupta, IAS, Director (Education), Govt of NCT Delhi and an alumnus of Mehta Vidyalaya of 2004, who is an ideal of knowledge and experience and a role model for all our students. He is an IITian from IIT Delhi and was selected as IPC Officer in 2011. In 2012, he was selected as IAS Officer and now has joined as Director (Education). Prior to this, he had served in several important and very prestigious positions as SDM, Deputy Commission, Special secretary to Chief Minister etc. We are indeed so proud of you Mr. Himanshu.

It is an honour to convey my regards to our Chairperson Kum. Surrendar Saini in absentia.

I welcome Shri Ashok Pradhan, our Director, whose distinct vision and enlightening ideas have been an inspiration for all of us.

I heartily welcome Shri Rajesh Mishra, Registrar, our Manager Shri C.K. Arya, Regional Education Officer Dr. A.K. Sharma, Dr. Geetika Dutta, Principal, BLMC, Smt. Rekha Sharma, Former Principal, Shri Dhingra, Former Vice Principal Smt. Vibha Kohli, Former Vice Principal, Smt. Shashi Bhargava, Former Head Mistress, Former teachers, Golden Jubilee Batch of Bhavanites, PTA Representatives, parents, prize winning students, my fellow

teachers and other staff members of Bhavan's Kendra for joining us today.

It is my honour to present the Annual Report 2021-22 which chronicles the progress and achievements of our school.

Under the distinguished and energetic leadership of our Director Shri Ashok Pradhan, and Manager Shri C.K. Arya we review our academic results to further improve the same in order to create an environment in school which helps the young minds to develop further.

Students of class X of Bhavan's Mehta Vidyalaya once again made us proud of their meritorious performance in the CBSE Board Examination 2021-22. Disha Verma of class X has brought glory to the school with her sterling performance. She has topped the school in class X with an amazing score of 99.4%. She is also a subject topper in Science (100%), Social Science (99%), English (99%), Sanskrit (100%) and Hindi (98%) proving her academic brilliance. An industrious and focused child, she is truly exceptional. She has leadership skills and can think out of the box. She has received Sh. L. A. Natesan Scholarship for academic and co-curricular excellence. Disha is followed by Sajal Lunia 96.8%, Drishti Lunia (96.6 %), Tulimita Bhadra (95.4%) and Prisha Parmar (95%).

I feel elated and proud to share the meritorious performance of our Class XII students in Board Exam 2021-22. Niyati Garg and Soumya Manola of XII-A topped the Humanities stream with an amazing score of 94.2%. Soumya is a very bright, and diligent student. She secured the first position in Humanities stream in class XI also. Niyati is a soft-spoken and well-mannered girl. She is an

all-rounder with exceptional skills in writing and debating.

Ronit Goel leads the way in the Commerce Stream with a laudable score of 96.4 % and perfect 100% in Accountancy and 99 % in Business Studies. Ronit is an intelligent, bright and goal-oriented student and also a topper of Commerce section in class XI.

Arkansh Sharma exhibited his academic excellence and flair for Science by topping the Science Stream with a score of 94.6 %. Arkansh is a cheerful and focused child who also qualified the Kishore Vigyan Prothsahan Yojna (KVPY) scholarship exam.

The CWSN Students who appeared in class X and XII CBSE Board exams 2020-21, cleared the examination with flying colours. All the students secured First Division with distinctions in multiple subjects. It also gives me immense pride to share that our students of class XII - Kartike Sharma, Adamya Vikram Singh, Prateek, Sumedha and Girisha acted as scribes for writing Board Examination for CWSN. Kudos to their initiatives! In extending a helping hand to others, these students have displayed high values and humanistic attitude and have proved that they are indeed the heroes of our School!!!

Students have made the school proud by qualifying the Entrance Examination for higher education in prestigious institutes:

- 1. Samarth Gupta (XII B)- got admission in IIT Delhi in Textile Engineering.
- 2. Chetan Arora (XII B)- got admission in IIT Bhilai in Mechanical Engineering
- 3. Manas Nandan (XII D)- IISER ranking 2633 got admission in Indian Institute of Science Education and Research, Bhopal (IISERB).
- 4. Naman Mehta has qualified NEET with an AIR 5828 and got admission in College of Medical Science, Delhi University.

Our school, Mehta Vidyalaya has added yet another feather in its cap by obtaining All India Ranking 174, State Ranking of 97 and City Ranking of 45 as per the survey conducted by Education World, published in its issue of November 15, 2021. Mehta Vidyalaya received an overall score of 1064 out of the total score of 1550. It is a matter of great honour for our school and Bharatiya Vidya Bhavan for this unique distinction. It is a matter of great pride for the institution that out of 3000 schools our school is one among the 17 schools, that has been chosen for the 2021 Global Human Rights Protection Award conducted by the Steering Committee of 21st World Human Rights Congress Indian Institute of Human Rights.

Another crowning achievement of Mehta Vidyalaya is taking a big step in 2019-20 to go in for the Accreditation process under Quality Council of India, National Accreditation Board for Education and Training (NABET). Mehta Vidyalaya was able to implement the standards laid by QCI and got NABET Accredited in April 2022. The School has received Certificate of Accreditation after being assessed and found to be complying with NABET requirements as per Accreditation Standards for Quality School Governance for the year 2022-2023.

The session 2021-22 saw numerous prizes being bagged by students of Mehta Vidyalaya in both extra-curricular & curricular events. Their achievements have brought laurels to the school. The entire fraternity of Mehta Vidyalaya congratulates these young achievers! Glimpses of some of the achievements are as follow—

- Shweta Sharma of XII C has written a short story 'Superman' for the Book 'Escape the Ordinary' – The book will be available on Amazon post Diwali.
- 2. ATHARV VATS (VII-D) a budding writer

participated in the Story Writing Competition organized by Keekli and his self-written story "My Life on Mars" was selected amongst 51 winners. The book was launched by the Hon'ble Governor of Himachal Pradesh, Mr. Rajendra Vishwanath Arlekar & famous Poet & lyricist Mr. Irshad Kamal in the month of December 2021.

- 3. RUDRANSH TIWARI (VII-D) & ADHYAN RUSTAGI (VII-D) participated in the All-India Bhavan's Virtual Science Exhibition-2021-"Vigyan Yaatra" held on 28th October 2021 and won first prize of Rs 5000/ on the Theme-Futuristic Transport and Communication. They developed a design for the children with special needs with visual and auditory impairment.
- 4. ARNAV DEO (X-D) and AMIT KUMAR (X-C) participated in Mukhyamantri Vigyan Pratibha Pariksha (MVPP) and received one time scholarship of Rs 5000/- and an appreciation certificate from Directorate of Education (DOE) on February 27, 2022.
- 5. TULIMITA BHADRA (X-A) qualified state level 'SAKSHAM' Competition 2021, in English Essay Writing Competition conducted by PCRA (Petroleum Conservation Research Association). Her essay was among the top 50 best entries from Delhi State.
- 6. VANI AGARWAL (VIII-A) secured Zonal Rank 8 in Delhi & International Rank 9 in SOF-International English Olympiad conducted during the year 2021-22.
- 7. International Olympiad Of Mathematics (IOM) was held online in December 2021. Aadi Choudhary of class I secured a perfect score of 100 and International Olympiad Rank I. Pranshi Singh of class IV secured State Rank 26, Zonal Rank 90 and International Olympiad

- Rank 294. Aneshya Das of class X secured State Rank 23, Zonal Rank 183 and International Olympiad Rank 351
- 8. PRITHVI SINGH (VI-B) is a seasoned child actor who has acted in the movie 'Barah by Barah' directed by Shri Gaurav Madan. This little child artist, made his media debut in 2018 with the Roohafzah advertisement. Since then, he has starred in four short films and advertisements.

Students of Mehta Vidyalaya participated in almost all the events organized by Directorate of Education in the field of fine arts, music, dance and in English, Hindi and Sanskrit recitation, debate and declamation competitions. Our students secured positions in each and every group/individual event they participated. This year Mehta Vidyalaya achieved 64 positions in the competitions organized by Directorate of Education.

Mehta Vidyalaya has added State of Art sports and games complex this year in. Our children are doing exceedingly well by excelling in sports and games.

- 1. MASAB ALAM (XII-A) made the school proud by getting selected for under 19 team at BCCI, Vadodara, Gujarat for Cooch Behar Cricket Tournament on 29th November 2021.
- 2. UDITA PARMAR (IX-B) participated in 56th Junior National Gymnastics Championships held by Gymnastics Federation of India at Jammu and secured 3rd position under Sub-junior (Girls) category.
- 3. At the Delhi State Gymnastic Championship -2021 (Under 15 girls) held at Indira Gandhi Indoor Stadium, New Delhi in 2021 Yuvika Preenja and Udita Parmar made the school very proud by securing 1st and 3rd positions respectively in Table Vault and Balancing Beam.

- 4. DEV BHADER (XII-A) won 1st position in Floor exercise, 3rd position in Parallel bars, 3rd position in Pommel horse, 3rd position in Table vault, 3rd position in High bar and All-round 3rd position in the category-Under 19 years boys at Delhi State School Games Gymnastics Competition held at Indira Gandhi Indoor Stadium, Delhi from February 22–27, 2022.
- 5. ADITYA (I-A) won Gold medal in Delhi State Junior Taekwondo Championship 2021 held in December '21 at Laxman Public School organised by Taekwondo Federation of Delhi.
- At Zonal Annual Athletic Meet the students brought laurels to the school by securing positions in Senior, Junior and Sub- Junior categories.
  - In Senior category, VARUN (XI-A) secured 2nd position in Discus Throw & 3rd position in Shotput.
  - In Junior category, JEEVESH JOSHI (XI-D) secured 3rd position in 3000 m race & 4×400 m Relay race. YASH KUMAR (XI-A) secured 3rd position in 4×400 m Relay race. AAYUSH KISHAN (XI-B) bagged 3rd position in 4×400 m Relay race. SARTHAK BHARDWAJ (XI- A) secured 2nd and 3rd positions in 3000 m race and 4×400 m Relay respectively.
  - In Sub junior category, FAARID ALAM (VII-B) secured 1st and 3rd positions in 400 m and 100 m races respectively. He also bagged 3rd position in Long Jump.
- 7. At the Inter-zonal Yoga Competition held at Sarvodaya Girls School, Pandara Road from February 10 – 14, 2022 the following girls brought laurels to the school –
  - ◆ UDITA PARMAR (IX-B) 1st position
  - ANVESHA SAINI (XII-B) 2nd position

- ◆ YUVIKA PREENJA (IX-C) 2nd position
- 8. At Inter -zonal Yoga Competition held at Sarvodaya Boys School, Pandara Road from February 10 14, 2022 the following boys brought laurels to the school
  - ABHAV VIJAY (XI-C), SWARR GOEL (XII-A) and ATHARVA (VII-C) won 1st positions.

The list is exhaustive, and due to time constraints, I am only able to read out a few achievements.

The beginning of the year 2022 continued to pose challenges with regard to physical reopening of the school. But no challenge was big enough to hamper the process of learning at Mehta Vidyalaya. The robust IT infrastructure of school duly strengthened by our HOD IT and Vice Principal Mrs. Alka Jayaswal and our IT Manager Shri Pushpendra Sharma continued to impart knowledge through E platform using Skype, Zoom, WhatsApp and Google meet applications. Learning content in the form of tutorials, assignments, worksheets, books, notes, presentations, digital question banks, YouTube links, audios, videos, animations etc. were shared with students on class WhatsApp groups, Snap homework application and through Google drive links. Parents were counseled on their queries pertaining to the learning material provided by the teachers as well as School Counselor. Students were given access to the content and online courses provided by Extramarks, Aavishkar & Diksha by CBSE & e-pathshala. To prepare students as well as the parents for physical reopening, the school organized a session "In conversation with Prof. Siddharth Ramji" on October 3rd, 2021. Prof. Siddharth Ramji, Director, Professor of Pediatrics Neonatology and former Dean of Maulana Azad Medical College (MAMC), New Delhi and also an alumnus of our school batch 1973, discussed various tips on how parents can help their children in adapting to the new school environment.

Besides this, the school conducted all the activities and competitions planned at the starting of the year on the online and offline mode. All events like SAS Camp for Class XI, Earth Day, Munshi Memorial Inter school Competition, Dewang Mehta IT Inter school Competition, Independence Day, Teachers' Day, All India Bharatiya Vidya Bhavan Virtual Science Exhibition-2021, Rashtriya Ekta Diwas, The Vigilance Awareness Week, National Science Week , Constitution Day, Poshan Maah, Coding and STEM workshops, , Ek Bharat Shrestha Bharat, Maths week, Janmashtami Celebration, Hindi Diwas, Sanskrit Shivir, English week, Fit India School Week, Spic Macay, Christmas Day, Bhavans Alumni Meet, Republic Day, Basant Panchami, Vanmohotsav, Investiture ceremony, Parents orientation programme, etc. were all conducted online and offline with full zeal and enthusiasm. Along with this, the school conducted various Career Counselling workshops, followed by Happiness Curriculum classes by Directorate of Education and Sessions on Life skills and Adolescence Education throughout the year.

Skill development activities, like drawing, painting, craft, dance, vocal music, instrumental music, robotics, wood craft as well as sports, games and yoga were taught through videos and online classes on Zoom and Google meet. Students participated in "Fit India" movement organised by CBSE.

Regular counseling sessions are held for students and parents on various relevant topics like career mapping, Adolescence issues, Cyber Safety, time management, emotional Intelligence, stress management, dealing with anxiety, preparing for Board Exams etc. These sessions are taken by the

School Counselor and various guest speakers from respective fields from time to time. Mental Health Week was observed in October 2021. Various sessions related to Mental Health like Emotional Intelligence, Anger & Stress Management, Battling Negative thoughts, Peer Pressure, Bullying, Stress Management etc. were organized for Classes VI–XII.

The school is also committed to making educational process inclusive of Value Education and Life skills. Towards this end, it focusses on Value based programmes, life skill and Community Service based activities. In order to inculcate values in students, the school-initiated Blood Donation Camp and Hug with warmth drive, wherein students shared their old woolen clothes and blankets during the severe winters with the needy and less fortunate people around their locality/colony, such as house help, watchmen of locality, car cleaners, rickshaw pullers, vegetable vendors etc. The school also organized Joy of Sharing – Book Donation Drive in March, 2022. These books were given to students of economically weak backgrounds. The school strongly believes that such activities instill a habit of sharing and caring in the students.

The school has also initiated Kalanipunya - A hands on skill club in which students of Classes 3rd to 12th create artifacts which are then marketed by the commerce stream students. The stalls are put up on different occasions in school. The proceeds collected is used for social cause.

Cultural Exchange Program broadens students' perspective of the world. Under the umbrella of ICEP, our students have been exposed to new learning perspectives as well as opportunities, to develop an adaptability to embrace new cultures and to promote liberal mindset.

- Mehta Vidyalaya and Korean Cultural Centre, India signed a Memorandum of Undertaking (MoU) reaffirming their longstanding partnership on March 11, 2021 and Principal and Director Hwang, IL-Yong signed the MOU on behalf of their respective organizations.
- Korean Language Courses: Curriculum based Korean language program started for the students of class VI. The course books were provided by Korean cultural centre and classes were held thrice a week on the virtual platform and regular assessments were taken through Google form.
- Students of classes V VI regularly interact online with our partner school in Czech Republic.
- Mehta Vidyalaya and Tensi Kyoka Gakuen High School, Japan organised Indo - Japan Zoom Meet under Indo Japan Cultural exchange programme. Principal Mr Hajime Nakata expressed his gratitude and joy to have cultural exchange programme between the schools of the two countries.

It is an undisputed fact that the teacher is the heart and soul of the educational system. At Mehta Vidyalaya, we strongly feel that an inspiring and informed teacher is the most important medium to influence a student's achievement. Hence, training of teachers is an ongoing process in the school. **Teachers** attended various webinars which focused on areas such as increased use of educational technology, creation of lesson plans that aim to develop Higher Order Thinking Skills (HOTS), classroom management techniques, Inclusive Education, NEP, Understanding Learning difficulties in children, Teaching Pedagogy, POCSO, Alternates to Corporal Punishment, Cyber Safety, Subject Specific Workshops and Webinars on Incorporating recommendations of National Education Policy 2020.

I feel immensely proud to share some of our achievements –

- Dr. (Mrs.) Anju Tandon, School Principal, Mehta Vidyalaya presented her research paper in the International Conference on Integration of STEAM in School Education (ICISSE) held from February 26-28, 2021. The Title of her manuscript submitted was: - "The Changing Dynamics of Education – Transaction of Learning Objectives Through A STEAM Blended Pedagogy".
- Dr. Anju Tandon, along with Ms. Avneet Kaur Babbar (PGT Biology) also presented a paper on "Increased Integration of Technology in Curriculum Transaction and Assessment in Covid Era – The New Normal" in the two days International Conference on Global Emerging Trends in Transformation of Education (A Multi-disciplinary approach) organized by Dr. D.Y. Patil College of Education, Pimpri, Pune.
- Dr. Jyoti Dev Rishi (School Counselor) and Mrs. Aradhana Gambhir (PGT, Psychology) received Certificate of Appreciation from NCERT for providing psychological support and counselling to students, their families and teachers under —MANODARPAN, an initiative of the Ministry of Education (MOE), Govt of India for dealing with mental health concerns during COVID-19 pandemic and beyond. Mrs. Aradhana Gambhir, PGT Psychology was also elected to International Status as per the Bylaws and Association Rules of APA (American Psychological Association) in 2021.
- Mehta Vidyalaya felicitated Mrs. Dimple Joneja, HOD, Hindi Department, on 4th September, 2021 on the occasion of Teachers' Day, with Smt. Sarla Shankar and Prof. Abhay Shankar award for her dedicated service to the institution. In her

24 years of service, Mrs. Dimple Joneja has served the institution with commitment and proactive leadership in various capacities. The award is instituted by Shri Ashok Pradhan, Director, Bhavan's Delhi Kendra, in memory of his sister and brother-in-law and constitutes a certificate and a cash prize of Rs 11000/-.

 Story Mirror organized a self-composed poem and story writing competition in Oct '2021. Mrs. Vijaya Lakshmi Sharma (Special Educator) participated in poem writing and was awarded the Reader's Choice Certificate and her name has been recommended for 'Author of the year 2021'.

The school is sponsoring several scholarships and endowments to support and encourage the meritorious and needy students. The school management, teachers, parents and school alumni generously donate towards the cause. Our Chairperson Kum. Surrendar Saini has been very kind and benevolent. She has instituted a corpus fund of Rs. 10 lakhs to honour the children with special needs in the field of Academics, Art and Culture in memory of her brother and sister-in-law Shri. Salig Ram Choudhary and Smt. Usha Choudhary.

Our Director Shri Ashok Pradhan has instituted a scholarship of Rs.11,000/- every year to the Best Science and Commerce student. The award is instituted in the name of his parents Smt. Premda and Shri. Shadilal Pradhan. Our Director has also instituted an award of Rs.5000/- for a primary school girl child and the amount is deposited in "Kanya Dhan Yojna" in the memory of his sister Smt. Sarla Shankar. He has also been instrumental in instituting an award of Rs. 25000/- per year in the name Dr. Daya Narayan Nigam by his daughter Ms. Pooja and son-in-law Mr. Manish. Recently he has also instituted a

corpus fund of Rs. 2.5 lakh to provide scholarship to the needy children in the primary section.

Chairman, Delhi Kendra, Shri C. R Gharekhan, has instituted two annual awards of Rs. 2500/- each for excellence in music by creating a corpus of Rs. 1 lakh.

The list of our well-wishers and benevolent donors is endless. I thank the school management, our school alumni, parents and teachers for supporting the cause of education.

Ladies and Gentleman.... Bhavan's Mehta Vidyalaya has a long-established tradition to stay in touch with the Alumni. In 2019, the website of Bhavanites Association was launched with a view to connect with its alumni since its inception in 1957.

The presence of our noted alumni as Chief Guest and the golden jubilee batch in the function today bears testimony to their strong bonding with their Alma Matar. We are grateful to our Alumni for instituting financial scholarships for our students. I also thank the PTA body for their all-out support. I thank all the teachers, parents and administrative staff for their whole hearted support in running the show.

I would end my speech by saying that the pandemic year posed great challenges along with new opportunities.

It is our endeavour to rise up to all challenges and scale greater heights of excellence.

Thank you so much for your patient hearing.

## **BVB FELICITATES ITS GURUS**

# TAMEDIA HAS TENEN TO SERVICE AND THE SERVICE

Mrs. Ritu Sehgal



Mrs. Sharmila Saha

## **Jindal Award**

Bharatiya Vidya Bhavan, Shikshan Bharati conferred on Mrs. Ritu Sehgal, PRT, Bhavan's Jindal Award on 5 September, 2023 on the occasion of Teachers' Day in recognition of her devotion, innovation and significant contribution in the field of education.

The award constitutes a medal, a certificate and a cash prize of ₹ 20000/-.



Smt. Sarla Shankar & Prof. Vijay Shankar Award

BVB's Mehta Vidyalaya, felicitated Mrs. Sharmila Saha, PGT English, on 5 September, 2023 on the occasion of Teachers' Day, with Smt. Sarla Shankar and Prof. Vijay Shankar Award for rendering 24

years of dedicated service and commitment to the institution. During this period, Mrs. Sharmila Saha has served the institution in various capacities besides being Head of the English faculty with utmost diligence and sincerity.

The award is instituted by Shri Ashok Pradhan, Director, Bhavan's Delhi Kendra, in memory of his sister and brother-in-law and constitutes a certificate and a cash prize of ₹11000/-.



Mr. Atul Chandra

## **Teachers Felicitated**

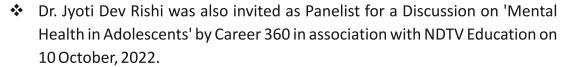
Mrs. Neeta Srivastava, TGT Hindi and Academic Coordinator of middle classes, Mr. Atul Chandra, TGT Mathematics and Mrs. Ritu Sehgal, PRT were felicitated on 5 September, 2022 on the occasion of Teachers' Day, for completing 25 years of meritorious service to the institution.

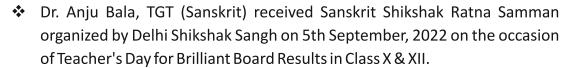


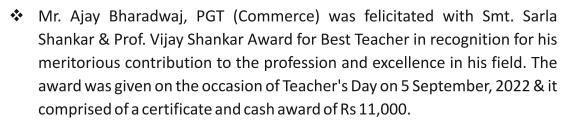
**Neeta Srivastava** 

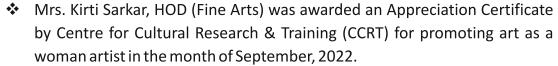
# STAFF ACHIEVEMENTS

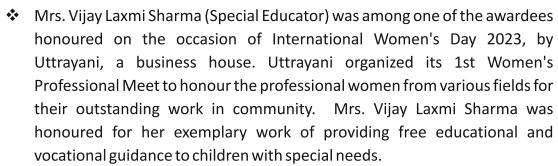
❖ Dr. Jyoti Dev Rishi, School Counsellor and Mrs. Aradhana Gambhir, PGT (Psychology) received Appreciation Certificate from Ministry of Education (MOE) in August 2022 for their contribution on National Helpline for Children affected during the pandemic. They also received Certificate of Appreciation from CBSE for providing psychological support and counseling to students and their families during CBSE Board Examination 2023.











Ms. Saumya Nair (ACP Coordinator) & Mrs. Ritu Sehgal (AP Coordinator) were felicitated by Swami Shantatmananda, Secretary of the Ramakrishna Mission, Delhi for their role as the 'leads' in Vivek Shakti Facilitators'

Conclave (a community of value educators) on 25 April, 2023. Both were among the eight main teacher facilitators honoured with a book as a token of appreciation for their efforts in taking the lead in the platform.



Aradhana Gambhir 1



Vijaya Lakshmi Sharma



Capture Kirti Sarkar



Saumya Nair



Ritu Sehgal



Dr. Jyoti



Capture Ajay



Capture Anju

# **CONGRATULATIONS TOPPERS OF CLASS XII (2022-23)**

Bharatiya Vidya Bhavan congratulates the toppers of 2022-23 Batch for their exemplary performance in the CBSE Board examination for class XII. They have added yet another feather to the school's cap.

CIENCE



Manas Lohani - 96.6%



Chetan Kumar - 96.2%



Nikki Gautam - 95.8%

COMMERCE



Mehak Malhotra - 94%



Ishaa Gupta - 92.6%



Ashutosh Chaudhary - 92.4%

UMANITIES



Pranjali Kapoor - 96.%



Himangi Indora - 95.2%



Mehak Srivastava - 95%

## **PERFECT SCORERS**

Subject	Student Name	Perfect Score
Biology	Palak Sharma	100/100
Legal	Harsh Tomar	100/100
Studies	Himangi Indora	100/100

# **SUBJECT TOPPERS OF CLASS XII (2022-23)**

Subject	Name Of Student	Marks Obtained
History	Pranjali Kapoor	98/100
Political Science	Akanksha Tiwari, Mehak Srivastava	98/100
Geography	Aviral Shukla	95/100
Economics	Aviral Shukla, Pallav Khurana, Prateek	94/100
English Core	Chetan Kumar	98/100
Hindi Core	Harsh Tomar	95/100
Sanskrit Core	Suchit Jain	79/100
Psychology	Mehak Srivastava, Palak Sharma	98/100
Mathematics	Chitesh Marmat, Muskan Bhardwaj,	
	Nikki Gautam, Manas Lohani	95/100
Physics	Ananya Singh	97/100
Chemistry	Manas Lohani	99/100
Biology	Palak Sharma	100/100
Physical Education	Krishna Chand Thakur, Manas Lohani	96/100
Painting	Dev Bhader	97/100
Business Studies	Mehak Malhotra	97/100
Accountancy	Ashutosh Kumar Chaudhary, Ishaa Gupta,	
	Prateek, Yashika Attri	95/100
Home Science	Vedika Shukla	96/100
Legal Studies	Harsh Tomar, Himangi Indora	100/100
Web Application	Adamya Vikram Singh	88/100
Computer Science	Nikki Gautam	98/100

# KNOW YOUR TOPPERS OF CLASS-X (2022-23) WHO DID THE SCHOOL PROUD

I.	Amit Madan	96.6%
li.	Yajat Malik	95.8%
lii.	Arnav Deo	95.6%
lv.	Vipul Tiwari	95.2%
V.	Samarth Chaudhary	93.6%







Yajat Malik 95.8%



Arnav Deo 95.6%

## **PERFECT SCORERS**

Subject	Student Name	Perfect Score
Computer	Amit Madan	
Applications	Yajat Malik	
	Arnav Deo	100/100



Vipul Tiwari 95.2%



Samarth Chaudhary 93.6%



# BHARATIYA VIDYA BHAVAN'S MEHTA VIDYALAYA

CLASS - XII - A

**NEW DELHI** 

2022-2023









# **BHARATIYA VIDYA BHAVAN'S**

**MEHTA VIDYALAYA** 

CLASS - XII - C

**NEW DELHI** 

2022-2023







# PARENTS' ORIENTATION PROGRAMME

Orientation programme was conducted for the parents of Nursery (29th March, 2022), Class I (25th March, 2022), Class III (30th March, 2022) and Class XI (8th July, 2022). Principal, Dr. (Mrs.) Anju Tandon in her welcome address highlighted Bhavan's illustrious achievements and urged the parents to play an active role along with the school for the holistic development of the children. Vice Principal, Mrs. Alka Jayaswal gave an overview of the school's activities and requested the parents and teachers to encourage the children to explore their potential to the fullest. Renowned Counselor and Rehabilitation Psychologist, Ms. Aparna Singh took an interactive session for parents of Nursery on 'Parent Teacher Partnership' and discussed various parenting styles.

School's mission and vision along with the basic code of conduct, fee structure, study habits, covid protocol to be followed by the students, happiness curriculum, changes in assessment and evaluation pattern were highlighted. The School Counselor, Dr. Jyoti Dev Rishi, shared some parenting tips, spoke about ideal screen time, ill effects of over screen use and ways to improve concentration span. The session for the parents of Class XI focused on Career Counseling, stream allotment and evaluation criteria. The session on Career Counseling was taken by Maj. Gen. Saighal (Retd.). Mrs. Jagriti Sharma and







Mrs. Bandana Kumar from Team Examination took the session on Stream Allotment and Evaluation Criteria. More than 120 parents attended the session. The occasion was also graced by Director, Bhavan's Delhi Kendra, Mr. Ashok Pradhan. He shared Bhavan's philosophy and the teaching of Bhagwad Gita on Karma Yoga with the parents and also emphaised the need for the teenagers to read the Bhagwad Gita. The programme was coordinated by SAS team; Dr. Jyoti Dev Rishi, Mrs. Aradhana Gambhir and Mr. Rakesh Rai.













# REPORT ON FIRST ASSEMBLY OF THE NEW SESSION - 2022-23

Students of class XII worked together as a team and presented a mélange of thoughts, ideas, and expressions in the assembly held on the first day of offline school on 4th April, 2022.

The assembly with the theme 'Back to School', commenced with the morning prayer which is believed to provide peace and serenity to the mind and soul. A wonderful speech on the challenges faced by students during the pandemic was delivered followed by a news presentation. Thoughts woven beautifully in the form of poems were presented that filled the students with vigor and enthusiasm.

Vice-Principal, Mrs. Alka Jayaswal motivated everyone in the audience with her encouraging words. The assembly came to its finale with the National Anthem. The programme that was showcased was undoubtedly a result of the immense efforts put together by students and the teachers.



## INTERNATIONAL CULTURAL EXCHANGE PROGRAM

Today when the world is shrinking to a global village Bharatiya Vidya Bhavan's Mehta Vidyalaya's constant endeavour is to provide its students the exposure needed to instill in them the values of universal brotherhood and to make them more aware of their roles both locally and globally.

Students at Mehta Vidyalaya learn to appreciate diverse cultures that exists in the world by interacting with other international schools and students by way of exchange programs. They are encouraged to participate in these programs. These interactions help to develop inter-cultural sensitivity and global citizenship.

Here are some countries with which our school has already tied up and is undertaking collaborative activities from time to time.

## INDO-JAPAN EXCHANGE PROGRAM

As part of the cultural exchange program, a group of students from Bharatiya Vidya Bhavan's Mehta Vidyalaya, India and Tenri Kyoko Gakuen, Nara, Japan participated in the Cultural Meet enthusiastically and displayed informative and aesthetic presentations on the Cultural Heritages of their respective countries, including presentations on cuisines, festivals, traditional fashion etc. The program was a huge success.

On 6th May, 2022 the students of Bharatiya Vidya Bhavan were bestowed with souvenirs by the faculty at Tenri Gakuen, Japan in form of hand towels embroidered with school's name and logo and

Origami Paper Cranes which is an auspicious gift given to special friends in Japanese culture. They are also believed to grant good luck and wishes to the person who receives them. The students were also given a packet of rare Japanese Origami Paper with traditional patterns and motifs from the Japanese culture. Travel Guide for the Oyasata - Yakata complex was also shared.

Our school received a Photo Frame wherein the students who participated in the Cultural Meet from Tenri Gakuen have penned down their experiences of the programme on sticky notes along with photographs of the event.



The students from Tenri Gakuen expressed their satisfaction and also their eager desire to visit India, celebrate its festivals, enjoy the traditional delicacies and visit the monumental places which were discussed by the students of our school. Both schools will take the partnership further by planning visits to partner schools in future.

## INDO – KOREAN EXCHANGE PROGRAM

With the signing of MOU between Bharatiya Vidya Bhavan's Mehta Vidyalaya and Korean Cultural Centre on 11 March, 2021 an array of activities were carried out to strengthen the relationship between the two organization and to appreciate the cultural diversity.

## **Korean Language Classes:**

An initiative taken in this regard by the Korean Cultural Centre was the conduction of language learning courses for the students of Mehta Vidyalaya. Two different types of courses were run in the school for the students: Korean Curriculum Based Language Learning Programme and Korean Hobby Based Language Programme. Ms. Neha Cariappa was the Korean Language teacher, deputed by the Korean



Cultural Center to take both the courses at our school for the session 2022-2023. Both these Korean Classes are being held in offline mode with around 30 students from Class VI & 20 students from Class VII enthusiastically learning Korean Language with great zeal.



#### Taekwondo Classes:

Yet another initiative is the Taekwondo classes organized at the school's state of the art ground for selected 45 students from Classes VI-VIII three days a week. Mr. Gaurav, a Taekwondo instructor assigned by the Korean Cultural Center, was the





instructor for these classes in the session 2022-23. The Five Tenets of Taekwondo, which are Courtesy, Integrity, Perseverance, Self-Control, and Indomitable Spirit, are what these classes seek to teach in our students.

## Two Day 'Rang De Korea' Festival:

The two-day "Rang De Korea" festival was organised by Korean Cultural Centre, Delhi on October 28th & 29th to commemorate the 10th anniversary of KCCI. The festival saw a host of events lined up to mark the special occasion, including performances of K-Pop girl group "BugAboo", boy group



"Kingdom" and "ID" Korean fusion music band that combines the traditional Korean music with the rhythm and modes of the Western music. The festival also featured various other events such as Korean naming and Calligraphy experience centre where people witnessed Korean Calligraphy and got their own Korean names written on the spot. Mehta Vidyalaya Students from Class VIII took part in Korean Cultural Centre India K-Insider Challenge "Giving the name for KCCI's 10th Anniversary Festival event". The challenge was to make fancy names or titles for KCC 10th Anniversary Festival Event. The students found the event exhilarating.

## **Korean Art Workshop:**

On 27th December, 2022 students from class VII attended a Traditional Korean Art workshop on Lantern Making at Korean Cultural Centre, India. The students

prepared artistic Korean traditional lantern. These lanterns are used during various occasions in the

Korean culture like weddings, cultural functions etc. Students who learnt this process would in turn be teaching their classmates how to make lantern. The Cultural Exchange Workshop was an enriching learning experience for the participants.

## **Talent Sharing Program:**

Korean Cultural Centre, India organised a talent sharing program of Korean culture and art. Ms. Lee Ye Won, an instructor from the Korean National University of Arts was invited to teach Korean traditional art to middle and high school students in India. In this two-day class on 27th & 28th December the Indian students learned Korean traditional lantern making, patchwork crafts (Jogakbo crafts), Korean traditional mask making (Hahoe Tal), kite making and learnt about the significance of writing a wish on a kite and flying it on New Year's day.







## INDO – THAI EXCHANGE PROGRAM

## Namaste-Thailand Quiz:

Pranjali, Himangi, Chetan of class XII and Disha of class XI participated in the Namste-Thailand interschool quiz competition organised by the Royal Thai embassy and Quizcraft Global. The competition was held on 7th October, 2022 at the India Islamic Cultural Centre to mark the 75 years

of India-Thailand friendship.

This event gave students a great opportunity to enhance their knowledge about Thailand, its culture, people, heritage, traditions, monuments, tourism, art, literature, cuisine, sports, science and technology, language and India -Thailand relations through the years.

Our students also got an opportunity to meet the Ambassador of Thailand to India, Ms. Pattrat Hongtong, who shared about the similarities between Indian and Thai culture and religion and spoke of the influence and adoption of Buddhism and Hinduism in Thailand. She mentioned that interacting with the young students and investing in them is very important as they are the torch bearers of the future.

This quiz opened a gate of knowledge and understanding about the Thai culture and Indo-Thai relation for students.





## INDO- TAIWAN EXCHANGE PROGRAM



MOU Signing Ceremony of International Education Programme between Primary and Secondary Schools of India and Taiwan took place on 24th March, 2022. This MOU was signed between Mehta Vidyalaya and Taiwan Cultural Centre, India. The MOU reaffirms the long-standing partnership between the two organizations. The major thrust of the MOU is to promote mutually beneficial cooperation between Mehta Vidyalaya and Taiwan Cultural Centre in various fields such as teaching & learning music, dance, cuisine and sports.

Our School Principal, Dr. Anju Tandon attended a Workshop on International Education and Cultural

Program at Taipei Economic and Cultural Centre on 26th May,2022. The guests were welcomed by Director, Peters Chen. An introduction to MOE Scholarships and the Exchange Program was given. Dr. Anju Tandon interacted with the officials of the Embassy on the possibilities of Cultural Exchange Program between the schools - Dominican School & National Puli Industrial & Vocational High School, Taiwan & Mehta Vidyalaya, India.





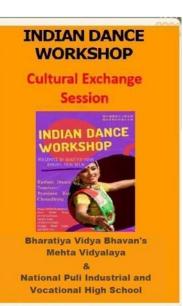
## An Introductory session with Dominican School Students

A lot of interesting facts and useful information were shared between the two schools during this session. School prayers were offered by both schools to start the session. Furthermore, the Dominican school shared about their school practices and their infrastructure. They also spoke about Taiwan's culture, tradition, cuisines and dance forms. In the same way, our school introduced them to the diverse culture and cuisine of India. Interests and talents were also shared among the students. Afterwards, an interactive question and answer session was held.

## **Indian Dance Workshop:**

In this session various Kathak Dance mudras were taught. Kartarimukh and Pataka mudras of dance were discussed and explained to the student participants of National Puli Industrial & Vocational High School, Taiwan.





## **Chinese Song Workshop:**

A workshop was organised in which students learnt three Chinese songs. Through these songs they learnt numbers, parts of the human body and how to greet each other.



## **Indian Cuisine Workshop:**

On 8 December, 2022 BVB invited National Puli Industrial and Vocational High School, Taiwan to an Indian Cuisine Workshop.

The cuisine of India is one of the world's most diverse cuisines, characterized by its sophisticated and subtle use of the many spices, vegetables, grains and fruits grown across India. The cuisine of each geographical region includes a wide assortment of dishes and cooking techniques reflecting the varied demographics of the ethnically diverse Indian sub-continent. India's religious beliefs and culture have played an influential role in the evolution of its cuisine.





In the workshop students of Mehta Vidyalaya prepared cuisines of

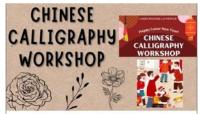
West and South India and shared methods of Indian cooking. In the workshop students prepared Khandavi and Dhokla from West India cuisine and Uttapam from South India cuisine.

## **Chinese Calligraphy:**

On 13 January, 2023 National Puli Industrial Vocational High School, Taiwan organised a workshop with Mehta Vidyalaya wherein the students were taught about the Chinese Calligraphy and

festivals. Various aspects of Chinese culture and celebration of Lunar New Year were learnt through the workshop. Students learnt how to write some words in Chinese and the kind of ink used while writing.

All the activities under Exchange Program are planned and coordinated by Mrs. Aradhana Gambhir, ICEP Coordinator.

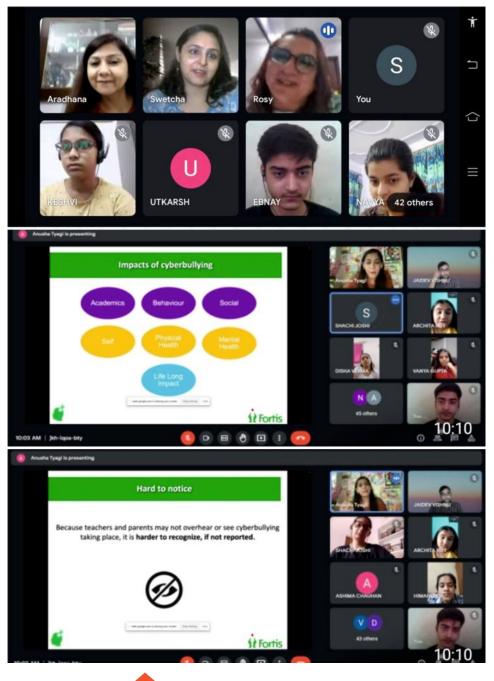


## Social Awareness and Sensitivity (SAS) Camp

SAS camp is organized annually at the commencement of the new academic session for Class XI, as a compulsory component of +2 studies and curriculum. For the session 2022-23, the SAS Camp was organized on the online platform from 29th June to 4th July'2022. The main aim of the camp is to enhance the personality, self-esteem, team building, decision-making, community awareness, leadership qualities and other life skills of students. The Camp included sessions on Personality development, Adolescence issues, Communication skills, Say No to Drugs, Community Service Programmes and Internships, Goals and Vision, Importance of Art form (Music & Dance) in our lives, Self-Confidence, Understanding CUET,

Comprehensive Career Guidance, Study Abroad Options, Understanding Role of Aptitude, Interest and Personality in Stream /Career selection.

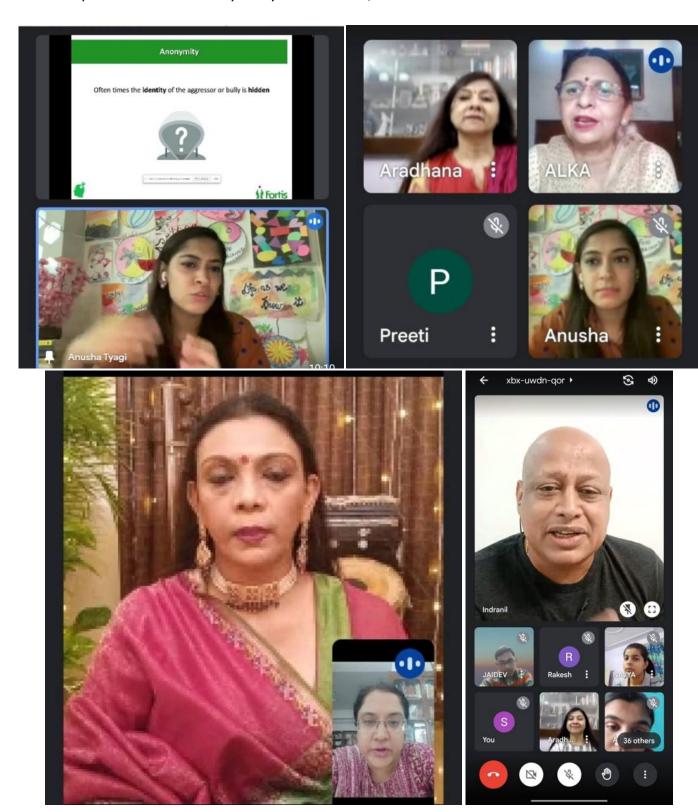
Introduction to various new subjects like -Psychology, Accounts, Economics, Sanskrit, legal studies etc was provided to students for thoughtful subject selection in Class XI. A galaxy of renowned speakers like Dr. Sona Vikas, Child Psychologist; Dr. Anusha Khanna & Mrs. Akansha Singh from Fortis Hospital; Mrs. Gargi Kapoor from SMILE Foundation; Mr. G.S. Vivek & Mr. Indranil Basu, renowned Journalists; Mrs. Nilakshi Rai, Kathak Expert; Mrs. Meenu Bhargav, Psychologist;



Mrs. Swetcha Pershad & Mrs. Rosy Katyal, Story tellers were a few speakers who took sessions for our students.

The two-week long camp makes the students of Mehta Vidyalaya more socially aware and eager to make a difference in the world.

The camp was coordinated by Dr. Jyoti Dev Rishi, Mrs. Aradhana Gambhir & Mr. Rakesh Rai.



## **WORLD HERITAGE DAY**

The 18th of April has been designated as World Heritage Day by UNESCO. The purpose of this day is to protect cultural treasures from all over the world. India is a country with a deep history and rich heritage. Ancient structures and monuments are a priceless legacy that must be preserved. To ensure that sustainable legacy is conserved for future generations, we must raise awareness of its importance. 'Heritage and Climate' was the theme for this year's World Heritage Day celebrations.

Dr. (Mrs.) Anju Tandon, Principal of Bharatiya Vidya Bhavan's Mehta Vidyalaya, welcomed all students with her best wishes to celebrate this day and reminded everyone of the importance of heritage for all of us. Mrs. Alka Jayaswal, Vice Principal also spoke to everyone and offered her best wishes and in her address underlined the necessity of protecting our architectural legacy. Mrs. Jagriti Sharma, Head of the Social Science Department, also welcomed everyone and gave her best wishes.

The following activities were carried out under the direction of Mrs. Jasmin Nisha, the teacher coordinator for this event, to emphasize the importance of this day-

The history students in Class XII (2022-23) have created an e-souvenir to instill pride and

respect in everyone for our national heritage and to raise awareness of the need to maintain these monuments. Additionally, they have concentrated on the theme of "Heritage and Climate."

The visual splendour of India's World Heritage Sites was showcased beautifully in the tourism brochures made by class IX students.

Through the creation of stunning and educational collages on Indian World Heritage Sites, Class VIII has demonstrated exceptional aesthetic skills.



## Message from Principal's desk



"Monuments and archaeological pieces serve as testimonies of man's greatness and establish a dialogue between civilizations showing the extent to which human beings are linked."-Vicente Fox

Greetings to all on the occasion of World Heritage Day!

Greetings to all on the occasion of World Heritage Day!
This day is celebrated by UNESCO on April 18th every year to raise awareness about o
diverse cultural heritage and the value of protecting our ancient heritage. The aim of
commemorating this date is to convey this message to future generations about the
importance of carrying on this legacy and preserving our culture. It is a globally
recognized day dedicated to the preservation of landmarks, historical places, and the rich heritage associated with them.

rich heritage associated with them.

Our monuments are symbolic of the rich history and culture of our nation.

We, in Bharatiyo Vidya Bhavan have always cherished India's past traditions and v

'Sanskrit and Sanskriti' lie at the core of the values we impart to our students.

Therefore the significance of this day is deeply meaningful to all of us.

On this proud moment I would like to congratulate Mrs. Jagriti Sharma, HOD- Social Science Department,
Mrs. Jasmin Nisha, PGT-History and all the members the E-Souvenir Core Student Team led by Harsh
Tomar for their active participation in the creation of this E-Souvenir commemorating World Heritage
Day. Day. Let us all take a pledge to preserve and take pride in our grand national heritage of m . Dr. (A

Dr. (Mrs.) Anju Tandon Principal

Students in class VII have produced excellently thought out and executed booklets that highlight the beauty and antiquity of India's heritage places.

Students in class VI participated in a collage-making project. They have portrayed the beautiful beauty and majesty of Indian heritage during this exercise.

With the fervent support of our nation's youth in this endeavour, the heritage of our country, which is a source of great pride for all of us, will undoubtedly be maintained for future generations.

## Message from Vice - Principal's Desk



A concerted effort to preserve our heritage is a vital link to our cultural, educational, aesthetic, inspirational and economic legacies – all of the things that quite literally make us who we are. – Steve Berry

Warm Greetings to everyone on World Heritage Day!

UNESCO has declared 18th April as World Heritage Day, which our school Bharatiya Vidya Bhavan's Mehta Vidyalaya celebrate every year to accord recognition to the joint history and heritage of the human race. Monuments keep alive the memories, traditions and culture of our ancient and diverse nation. Let us all come together to raise awareness about the significance of our monuments and join in the effort to preserve them for future generations.

I heartily congratulate all students and teachers of Social Science Department for their efforts and celebration of World Heritage Day. Best wishes!

> Mrs. Alka Jayaswal Vice Principal

## Message from Head of Social Science Department



My best wishes to all on this World Heritage Day.

This day reminds us to respect and preserve our heritage and culture through their living embodiment, the monuments of the past.

They have an outstanding universal value as they give us glimpses of our past and help to instill pride in our nation and its glorious and varied architectural traditions.

Mrs. Jagriti Sharma H.O.D Social Science

## **FOREWORD**



Warm wishes to ail on this World Heritage Day!
In 1982, United Nations Educational, Scientific and Cultural Organization's (UNESCO) General Conference declared 18th April
as the International Day for Monuments and Sites Which is also celebrated as World Heritage Day in collaboration with
International Council of Monuments and Sites (ICMOS).

Architectural heritage reminds us of our origins and forges within us an understanding of who we are today. It also contributes to feelings of kinship, community pride and confidence. Preserved heritage adds beauty and pride to our environs and enriches our life. It also gives a boost to tourism, generates employment and promotes economic development of the area.

Frequently, our rich cultural heritage steeped in millennia old knowledge and grandeur is ignored or overlooked. Innumerable architectural remain have been left as derelict examples of our antiquity, noted and recognised only by historians and archaeologists.

Today, as the nation progresses towards a great future, it is important that we not lose connect with our past. Monuments are living history, which help us to maintain ties to our past culture and traditions. The task of preservation and protection of monuments now falls to the current youth, as our nation's cultural heritage is unique, precious and irreplaceable.

My heartfelt appreciation for the history students of the Humanities Stream who have contributed to produce this E-Souvenir with the aim of spreading awareness about the architectural heritage of India. As the theme for World Heritage Day 2022 is "Heritage and Climate", they have also highlighted the dangers posed to monuments due to climate and other factors.

I would also like to place on record my commendations for the meticulous research, writing, editing, art work, aesthetics and technological savvy of the E-Souvenir Core Team of Students whose efforts reflect their drive for excellence and their ability to adapt and face challenges with grit and determination.

Mrs. Jasmin Nisha
PGT (History)
Teacher Co. ordinator: E-Souvenie

# Visit by Director DOE & Alumnus Mr. Himanshu Gupta

Mr. Himanshu Gupta, IAS Director DOE and Alumnus Bharatiya Vidya Bhavan's Mehta Vidyalaya, New Delhi visited his alma mater on 18th May, 2022.

It was a joyous homecoming for Mr. Himanshu Gupta as he along with other senior officials, Mr. Pramod Katiyar, DDE Central, Mr. Virender Meena, DDE Zone 26 and Mrs.

Sunita Jassal, SPE of the Directorate of Education paid a visit to the school.

As a mark of respect to his alma mater, Mr. Gupta got down from his vehicle outside the school gate and walked inside cherishing old memories. He was very warmly welcomed and received by school Principal, Dr. (Mrs.) Anju Tandon, Vice Principal, Mrs. Alka Jayaswal and senior students of Mehta Vidyalaya. The sense of pride was palpable among the School Principal, Vice Principal, and the school staff as Mr. Himanshu Gupta, an alumnus of Batch 2004, who has always excelled at academia, visited the classrooms, new laboratories, dance room, language laboratory, art rooms, examination room and the state-of-theart playground. He was given a tour of the new infrastructural changes that had taken place at his alma mater. Mr Gupta recognised the lady caretaker of the KG section Mrs.Guddi and fondly touched her feet. He devoted time interacting with his old teachers and turned nostalgic while recalling their contribution.























# HOUDAY HOMEWORK DISPLAY

Mehta Vidyalaya organized 'Summer Holiday Homework Exhibition' on 15th July 2022, to showcase the projects and models prepared by the students of classes Nursery to IX. There was an exceptional display of creative minds. Shri. Ashok Pradhan, Director Delhi Kendra, and the management team, our school Principal, Dr (Mrs.) Anju Tandon and Vice Principal, Mrs. Alka Jayaswal visited all the classes from Nursery to IX and also viewed the exhibits and various inter-disciplinary projects prepared by students of Eco club, Herbal Gardening, Legal Studies, Robotics club, Disaster Management Team, Skill Development Club-Kala Naipunya, the Indo-Korean Cultural Exchange Programme, Awakened Citizen Programme and the



Wood Craft Department. The hardwork, skills and creativity of the students were deeply



































### **Yoga Utsav International Day of Yoga 2022**

Mehta Vidyalaya celebrated Yoga Utsav on the occasion of International Yoga Day from May 12, 2022 onwards. Students from classes III to XII took part in Yoga Utsav by demonstrating various yoga postures with precision and perfect execution under the supervision of Shri Mukesh Dwivedi, Yog Acharya in the school ground. Mrs. Alka Jayaswal, Vice Principal addressed the students and motivated them to adopt yoga as an integral part of their everyday life.

#### **INTERNATIONAL YOGA DAY**

The 40-day countdown to International Day of Yoga-2022 was marked successfully with a 'Yoga Utsav' on May 12, 2022 with participation of around 1000 students. Yoga Acharya Shri





Mukesh Dwivedi along with the sports faculty led the Common Yoga Protocol (CYP) session of 90 minutes wherein students practiced different 'Asanas'. The entire 'Yoga Abhyas' ended with an oath taken by all the participants to continue to practice Yoga to keep their body and mind in a healthy, stress-free and cheerful condition. Some preevents conducted in the school were chart making on any 5 'Asanas' stating their benefits wherein around 500 students from classes VI-VIII participated on May 12 with great zeal; a special Yoga session for the staff was conducted on May 19, 2022 and a ten-day session for teachers on Education on Human Values, Ethics, Skills, Habits & Wisdom Development conducted by Prof. Chand Bhardwaj from Sawan Adhyatmic Satsang Society, New Delhi. An online Yogotsav



was organized on June 21, 2022. Overall, the event got a good response and participation from the staff members, students and their parents.

# 49th MUNSHI MEMORIAL INTER SCHOOL RECITATION AND LILAVATI MUNSHI MEMORIAL PAINTING COMPETITION

Bharatiya Vidya Bhavan's Mehta Vidyalaya organized its second online 49th Munshi Memorial Inter School Recitation and Lilavati Munshi Memorial Painting Competition from 11th to 19th April culminating in the virtual prize distribution ceremony on 29th April, 2022. The mega event saw an enthusiastic participation from 25 leading schools of Delhi NCR in five main events: English Recitation, Hindi Recitation, Sanskrit Shloka Gayan and Painting for general category as well as for the differently abled.

Dr. (Mrs.) Anju Tandon, Principal, Mehta Vidyalaya highly praised the creative endeavours and excellent performance of the participating students and added that the biggest achievement for every participant was to bring forth new dimensions in their lives as they strove to achieve the high standards they set for themselves.

Chief Guest, Shri Ashok Pradhan, Director, Bhavan's Delhi Kendra enlightened all with Munshiji's valuable thoughts on teachers and students. He mentioned that Bhavans as an organisation was fulfilling Munshiji's ideals and objectives by promoting India's rich cultural heritage and values. He exhorted the students to become good human beings and responsible citizens of their country.

Highlighting the importance of art in education, Shri A.K. Sharma, Regional Education Officer, Bharatiya Vidya

Bhavan, shared an interesting anecdote from the life of the renowned painter Pablo Picasso and emphasised on the importance of learning the basics of art and strengthening one's skills to attain perfection.

Illuminating the multifaceted personality of Shri K.M. Munshi, Dr. C. K. Arya, Manager, Mehta Vidyalaya stated













that the inter school competition which was held to honour the memory of our founder father, provided a platform to the participants to give full play to their creativity, hone their skills and bloom to their fullest potential.

The evening saw video screenings on the illustrious life of Munshiji, glimpses of the competition 2022, a few performances of winners and feedback of some of the participants.

The winners were honoured with e-certificates. The programme concluded with a vote of thanks proposed by Smt. Alka Jayaswal, Vice Principal, Mehta Vidyalaya.



#### **HAPPINESS CURRICULUM SESSION 2022**

Happiness curriculum period is taken up by the class teachers during the zero period.

During this period a specific happiness curriculum of the month which is prepared by teachers is followed. The happiness classes start daily with activities like meditation, deep breathing exercises and eye exercises. This is followed by students participating in activities planned for the month. The activities planned for the session were like "What I want to become when I grow up", "Financial literacy", "Traffic rules to follow", "Places I visited during vacation", "Show and tell activity" etc.

All these activities help students to start their day with a positive note, a relaxed mind which help them to focus better in their studies.





### **Master Your Success: Unleashing Your Potential**



Mrs. Alka Jayaswal Vice Principal

Success starts right where you are.

It starts with you.

You are the architect of your success.

It is all up to you to succeed or fail.

In a world filled with endless possibilities, mastering success has become more important than ever. Achieving your goals and reaching your fullest potential requires a combination of dedication, self-awareness, and strategic planning.

Success is a journey that begins early in life, and mastering the skills and mindset for success can set children on a path towards achieving their dreams. By nurturing certain qualities and adopting specific habits, children can develop the foundation necessary to become successful individuals. This article aims to provide a guide for children on how to master their success.

Mastering your success is a transformative journey that requires a combination of mindset, skills, and habits. To embark on this path, start by defining a clear vision of what success means to you and set specific, achievable goals that align with your vision. Cultivate a growth mindset, embracing failures as learning opportunities and setbacks as stepping stones to progress. Commit to continuous learning and personal development, acquiring new knowledge and skills that are relevant to your aspirations. Develop effective habits and routines that support your goals, such as goal-setting, time management, and self-reflection. Embrace challenges and take calculated risks to expand your horizons and learn from new experiences. Surround yourself with a supportive network of mentors and like-minded individuals who can provide guidance and inspiration. Prioritize self-care and well-being to maintain balance and avoid burnout. Stay persistent, resilient, and adaptable in the face of setbacks, learning from failures and adjusting your strategies along the way. With a strong mindset, dedication, and a commitment to growth, you can navigate the complexities of success and unleash your true potential.

Key strategies and insights to help you master your success and unlock the best version of yourself.

#### **Discover Your Passion and Purpose:**

The first step in mastering success is to identify your passion and purpose. What excites you? What brings you joy and fulfillment? Take the time to reflect on your interests and values, and align them with your goals. When you have a clear sense of purpose, it becomes easier to stay motivated and focused on your path to success.

#### Set S.M.A.R.T Goals:

Setting specific, measurable, achievable, relevant, and time-bound (S.M.A.R.T) goals is crucial.

Break down your long-term aspirations into smaller, manageable steps. This approach allows you to track your progress, stay accountable, and celebrate milestones along the way. Remember to review and adjust your goals periodically to ensure they remain challenging yet attainable.

#### **Develop a Growth Mindset:**

Embrace the power of a growth mindset. Understand that intelligence and abilities can be developed through effort and perseverance. View challenges as opportunities for growth and learning. Embrace failure as a stepping stone to success, and never let setbacks deter you from pursuing your dreams. Cultivating a growth mindset will help you stay resilient and bounce back stronger.

#### **Take Ownership of Your Personal Development:**

Mastering success requires continuous personal development. Seek opportunities to learn and grow, whether through formal education, self-study, or mentorship. Attend seminars, workshops, or webinars related to your field of interest. Read books, listen to podcasts, and surround yourself with individuals who inspire and challenge you. Remember, investing in yourself is the best investment you can make.

#### **Cultivate Healthy Habits:**

Your habits play a significant role in your success. Cultivate healthy habits that promote physical, mental, and emotional well-being. Prioritize self-care, exercise regularly, maintain a balanced diet, and get enough sleep. Practice mindfulness and engage in activities that reduce stress. Taking care of your overall well-being will enhance your focus, productivity, and resilience.

#### **Network and Build Relationships:**

Success is not achieved in isolation. Network and build meaningful relationships with likeminded individuals in your field. Attend industry events, join professional organizations, and connect with mentors who can guide and support you. Surround yourself with a positive and supportive community that shares your aspirations and can offer valuable insights and opportunities.

#### **Embrace Adaptability and Innovation:**

In a rapidly evolving world, adaptability and innovation are key to success. Embrace change and be open to new ideas and perspectives. Continually seek ways to improve and innovate in your chosen field. Develop skills that are in demand and stay updated with the latest trends and technologies. Embracing a growth mindset will empower you to thrive in an ever-changing landscape.

Mastering success is a lifelong journey that requires self-reflection, continuous learning, and a relentless pursuit of growth. By discovering your passion and purpose, setting clear goals, adopting a growth mindset, prioritizing personal development, cultivating healthy habits, building meaningful relationships, and embracing adaptability and innovation, you can unlock your true potential.

Remember, success is not a destination but a transformative process that shapes your character and allows you to make a positive impact on the world.

Start today, believe in yourself, and embrace the endless possibilities that await you on your journey to mastery.

#### **INVESTITURE CEREMONY**

Bharatiya Vidya Bhavan's Mehta Vidyalaya organised the prestigious investiture ceremony for the session 2022-2023 on 31st August, 2022 with great solemnity. The ceremony started with prayer. Followed by this Principal Dr. (Mrs.) Anju Tandon, Vice Principal Mrs. Alka Jayaswal, Senior Academic Coordinator Mrs. Jagriti Sharma and Primary Coordinator Mrs. Jessy Joseph honoured the newly elected 16 Junior Student Appointments and 33 Senior Appointments along with the members of the Organizing Committee with badges. A new dimension added to the Student Council is the Organising Committee formed to help in the conceptualization & organization of various school events and activities.

After the handing over of badges and house flags, Bhavan's pledge was administered by the Principal. The oath taking ceremony indeed filled the school appointments with a sense of





pride and responsibility and geared them up to embark on the mission of duty towards their school.

Dr. Anju Tandon, Principal congratulated all the newly elected members and highlighted the attributes of a real leader. She also mentioned the efforts taken by the school in providing opportunities to nurture the students' leadership skills and overall personality development. Beaming with a new- found sense of responsibility and pride, Senior Head Boy, Hassan Ahmed & Senior Head Girl, Chhavi Dua gave a motivating and heartfelt speech.

The entire ceremony was coordinated by Chief House Coordinator, Mrs Keerti Chaturvedi, Middle wing Activity Coordinator, Mrs Saumya Marwah and Primary Activity Coordinator, Mrs Ronagana Ghosh along with Pre-primary Activity Coordinator, Mrs Indu Banerjee.

The list of nominated School Prefectorial Board for the session 2022-23 is as follows -

#### SCHOOL APPOINTMENTS 2022-23

S.No.	Post	Name	Class/Sec.
1.	HEAD BOY	HASSAN AHMED	XII-B
2.	HEAD GIRL	CHHAVI DUA	XII-C
3.	CULTURAL HEAD BOY	YASH AGNIHOTRI	XII-B
4.	CULTURAL HEAD BOY	KARTIK SHARMA	XII-C
5.	CULTURAL HEAD GIRL	ANVI SRIVASTAVA	XII-C
6.	CULTURAL HEAD GIRL	MEHAK SRIVASTAVA	XII-A
7.	SPORTS HEAD BOY	VARUN	XII-A
8.	SPORTS HEAD GIRL	AYUSHI	XII-C
9.	DISCIPLINE HEAD BOY	YASH KUMAR	XII-A
10.	DISCIPLINE HEAD GIRL	SRISHTI SINGH	XII-B
11.	DISCIPLINE HEAD BOY	DURGESH MISHRA	XII-D
12.	DISCIPLINE HEAD GIRL	URVILEKHWAR	XII-A

#### **ORGANIZING COMMITTEE APPOINTMENTS 2022-23**

S.No.	Post	Name	Class/Sec.
01.	PRESIDENT	AAYUSH KISHAN	XII-B
02.	VICE PRESIDENT	SUMEDHA SHARMA	XII-B
03.	VICE PRESIDENT	HIMANGI INDORA	XII-A
04.	GENERAL SECRETARY	KHUSHI KHOBAR	XII-B
05.	SECRETARY	ISHAA GUPTA	XII-C

#### **HOUSE CAPTAINS 2022-2023**

S.No.	House Name	Name	Class/Sec.
01.	ABHIMANYU	NISHTHA ASWAL	XII-B
		ARMAAN SARKAR	XII-B
02.	ARJUN	PALAK SHARMA	XII-B
		MANAS LOHANI	XII-D
03.	ASHWATHAMA	GAURISH SINGH	XII-D
		VEDIKA SHUKLA	XII-A
04.	GYANESHWAR	HARSHVARDHAN SHARMA	XII-D
		AVNEE KOLI	XII-B
05.	KARNA	SWATI SHARMA	XII-C
		VISHESH BHATIA	XII-D
06.	MARKANDEYA	KARTIKE SHARMA	XII-B
		TANISHKA GARG	XII-B
07.	VASHISHTHA	VAIBHAV JAIN	XII-C
		DRISHTI CHAUHAN	XII-A
08.	VISHWAMITRA	SHARIQA AREEB	XII-D
		HARSH TOMAR	XII-A

#### **SCHOOL JUNIOR APPOINTMENTS 2022-23**

S.No.	Post	Name	Class/Sec.
01.	HEAD BOY	DEV SHARMA	V-D
02.	HEAD GIRL	B. AARADHYA REDDY	V-A
03.	CULTURAL HEAD BOY	SMRITIMAN CHAKRABORTHY	V-A
04.	CULTURAL HEAD GIRL	CHERISH MALIK	V- A
05.	SPORTS HEAD BOY	FALANSH SINGH	V-D
06.	SPORTS HEAD GIRL	VEDANSHI AGGARWAL	V-C
07.	DISCIPLINE HEAD BOY	KANAV KHANNA	V-C
08.	DISCIPLINE HEAD GIRL	MAANYA GOEL	V-B

#### **HOUSE CAPTAINS 2022-2023**

S.No.	House Name	Name	Class/Sec.
01.	TAGORE	ARNAV DISWAR BHUMIKA	V-A V-A
02.	AUROBINDO	SAMRAAT SHARMA SUVIDHI LUNIA	V - B V – B
03.	VIVEKANANDA	VARISH JAIN KAVYA MAGGON	V-C V-C
04.	CHANAKYA	ARNAV GUPTA PRIYA YADAV	V-D V- D

### **Dewang Mehta Memorial IT Symposium – 2022**

In commemoration of Late Shri Dewang Mehta's birth anniversary, Bharatiya Vidya Bhavan's Mehta Vidyalaya hosted the 22nd Dewang Mehta Memorial IT Symposium on 10th August, 2022 in collaboration with NASSCOM. In both online and offline mode, the event saw the participants vying for the coveted prizes in 9 events, with 'Graphica' for Children With Special Needs (CWSN). The competition saw participation of 70 leading schools of Delhi-NCR including 14 Bhavan's schools from Pan India and 4 international schools.

Ms. Rama Vedashree, CEO, Data Security Council of India (DSCI) was the Chief Guest for the occasion. Other dignitaries present were - Shri. Rajesh Mishra, Registrar, Bhavan's Delhi Kendra; Shri. A.K. Sharma, Bhavan's Regional Education Officer; Dr. Geetika Dutta, Principal, BLMCE; Shri. Vijay Bhardwaj, Deputy Registrar, Bhavan's Delhi Kendra; Shri. Pushpendra Sharma, Manager-Systems & IT, Bhavan's Delhi Kendra; Ms. Salony Priya, Strategic Advisor at Centre for Cultural Research and Training (CCRT) & Shri Gautam Singh, Bhavanite Representative.

Calling this event as a robust platform, Dr. (Mrs.) Anju Tandon, Principal, Mehta Vidyalaya said that the competition infused in the students IT innovation and entrepreneurship skills.

Shri. Rajesh Mishra, Registrar, Bhavan's Delhi Kendra spoke about the legacy of Late Dewang Mehta and how his vision is carried forward through the competition every year.

Ms. Rama Vedashree, Chief Guest, spoke of how the IT industry in India developed and how NASSCOM as an institution rose from humble beginnings to meteoric rise because of the vision of Late Dewang







Mehta. Congratulating the winners, she added that students must be responsible online users, respect online privacy and be aware of cyber safety

The event saw the release of a brochure on 'Cyber Safety' prepared by Ebnay Razi (Secretary, TechEdge from XI-B) & Saish Sharma (Technical Head, TechBotix from X-D) by the Chief Guest & the dignitaries. The event showcased a trailer on the life of Late Shri Dewang Mehta and a video compilation of the events conducted under DMMITS-2022.

Smt. Smita Malik, HOD, Computer Science announced the much awaited results. Somerville School, Vasundhara Enclave bagged the Winner's Trophy with Tagore International School, East of Kailash standing as the Runners-up. Office Bearers of TechEdge and TechBotix Clubs were honoured for their outstanding contribution and competent management of DMMITS.

Smt. Alka Jayaswal, Vice Principal, Mehta Vidyalaya, proposed the Vote of thanks.



## **SAMVIDHAN DIVAS**

Mehta Vidyalaya celebrated Constitution Day also known as 'Samvidhan Divas' on 26 November, 2022 to commemorate the adoption of the Constitution of India. As a part of the celebration, a special assembly was held in which the importance of Fundamental Rights was highlighted through a skit by the students of Class XI. The Constitutional Pledge was taken by the students. The Legal Magazine- LEGIS VOL III was released by Principal, Mehta Vidyalaya, Dr. Anju Tandon to highlight the important legal aspects and current affairs in India.













### INDEPENDENCE DAY CELEBRATION

Mehta Vidyalaya celebrated 75 years of Independence, Azadi ka Amrit Mahotsav on 12th August, 2022 with great patriotic fervour and enthusiasm. A special cultural program was organised in the Bulmim hall. Shri Rajesh Mishra, Registrar BVB was the Chief Guest of the event. A flag march (Prabhat Pheri) was also organized in which

students along with REO, Dr A.K Sharma, school Principal Dr. Anju Tandon, Vice Principal Smt. Alka Jayaswal, students and teachers participated in it. The cultural program began with a solemn speech by the School Head Boy, Hassan Ahmad and Head Girl, Chhavi Dua. Shri. Rajesh Mishra in his address called BVB a 'Gurukul' where



the students learn about Indian culture. Conveying the message of Shri. Ashok Pradhan, Director BVB Delhi Kendra, he said, "Bharatiya Vidya Bhavan is the custodian of Indian Heritage and culture since its inception." He concluded by asking the students to learn and be aware of our rich heritage and culture. The biannual newsletter was released by the Chief Guest and dignitaries. The cultural extravaganza saw an energetic patriotic dance, a short skit depicting the contribution of Subhash Chandra Bose in the formation of INA, patriotic songs, a scintillating contemporary dance performance, a patriotic poem recitation, a Rajasthani folk dance and a classical dance on a patriotic song. The cultural events presented filled everyone with a sense of patriotism and was thoroughly enjoyed by one and all.





#### Training on Disaster Management Preparedness

Earthquake and Fire Safety Mock Drill Following the DOE Directive and Guidelines to the letter, under the Atal Mission for Rejuvenation and Urban Transformation (AMRUT), Bharatiya Vidya Bhavan's Mehta Vidyalaya carried out Disaster Management Preparedness Training on Earthquake and Fire Safety Mock Drill Training in the school campus on 19th April, 2022 for Classes III to X & XII in groups of three. The session was taken up by Mr. Sajjan Kumar, Ex- Fire Officer, NDMC on 'Basic Dos and Don'ts in case of an Earthquake and Fire Disaster'. He sensitized the students and the school community on issues of disaster

preparedness, life-saving skills and safety measures and demonstrated the various methods of dousing the fire, techniques of safety evacuation, building a makeshift stretcher, emergency methods of rescue such as: pick-a-back, two hand seat, three hand seat, four hand seat, fireman's lift etc. The main focus of the training was on Prevention; Mitigation; Preparedness and Response to any sudden disaster. School Principal, Dr. (Mrs.) Anju









Tandon and Vice Principal, Mrs. Alka Jayaswal were also present during the training program and took part in the training-cum-demonstration session. Dr. (Mrs.) Anju Tandon asked the students to recapitulate all that was demonstrated and internalize what they learnt as a preparation for any contingency in the future. The training programme was planned and conducted by the school's Disaster Management Committee under the coordination & supervision of Mrs. Anupa Jaitley, Incharge Disaster Management Committee and her team members Mrs. Jyotiee Verma & Mrs. Saumya Marwah.



# **Janmashtami Celebration**

On 18th August, 2022, the students of Pre Primary Wing celebrated 'Krishna Janamashtami' with great fervour and devotion. The programme began with Lighting of Lamp by the management committee along with Dr. (Mrs.) Anju Tandon, Principal, Mehta Vidyalaya, Mrs Alka Jayaswal, Vice Principal, Mehta Vidyalaya, Shri V K Sareen, FAO Bhavan's Delhi Kendra and PTA members.

The cultural programme saw Shloka Recitation by the students of class I & II. Natasha and Vivaan Agarwal of class II presented their views on the significance of Janamashtami. The students of Nursery presented a mesmerising dance performance on "Matki Phod, Makhan Chor" song and students of KG presented an enthralling performance on "Nanhe, Nanhe Kanha". The young learners of class I & II presented a 'Dance of Joy' that depicted the scene of the birth of 'Nanhe Kanha".

The programme concluded with the distribution of Prasad.









# **Ganesh Chaturthi**

To celebrate the birthday of Lord Ganesha, the remover of obstacles, patron of arts and sciences, and the god of new beginnings, school's administrative office celebrated Ganesh Chaturthi with utmost devotion on 5th September, 2022. Dr. (Mrs.) Anju Tandon, Principal, Mehta Vidyalaya; Mrs. Alka Jayaswal, Vice Principal, Mehta Vidyalaya and the other staff members joined the celebration by paying floral tribute to Lord Ganesha followed by Ganesha Arti.





# Teacher's Day Celebration

Bharatiya Vidya Bhavan's Mehta Vidyalaya celebrated Teacher's Day on September 5, 2022. The Student Council conducted a well thought out short programme for teachers expressing their gratitude in the form of speech and dance presentations.

The School's Staff Welfare Committee organised a formal programme that began with the lighting of the lamp. A floral tribute to Goddess Saraswati and Dr. Sarvepalli Radhakrishnan was paid followed by chanting of Saraswati Shloka by the school teachers. The dignitaries present on the occasion were — Shri Ashok Pradhan, Director Bhavan's Delhi Kendra along with his grandson Mr. Siddharth Shankar; Mr.Rajesh Mishra, Registrar Bhavan's Delhi Kendra; Dr. Shashi Prabha Kumar, Dean, Sri Sankaracharya Sanskrit Mahavidyalaya, Bhavan's Delhi Kendra; Dr. A. K. Sharma, Bhavan's Regional Educational Officer; Shri C. K. Arya, Manager, Mehta Vidyalaya; Dr. (Smt.) Anju Tandon, Principal, Mehta Vidyalaya; Smt. Alka Jayaswal, Vice Principal, Mehta Vidyalaya and PTA Executives.

The citations for Mrs. Jagriti Sharma PGT Social Science, Mrs. Dimple Joneja, HOD - Hindi and Sanskrit Department, Mrs Rajni Bhatt, PRT were read by the Principal, Mehta Vidyalaya for rendering 25 years of meritorious service to the school. The highlight of the day was the felicitation of Smt. Sarla Shankar & Prof. Vijay Shankar Award to Mr. Ajay Bharadwaj, PGT









Commerce. The award constituted a certificate and a cash award of Rs. 11,000/-. The school also felicitated Mrs. Vibha Kohli; Ex- Vice Principal, Mehta Vidyalaya and Mrs. Shashi Bhargava, Ex-Headmistress, Mehta Vidyalaya who retired in 2020.

Shri Ashok Pradhan, Director, Bhavan's Delhi Kendra, addressed the gathering with his inspiring speech where he motivated the teachers to keep students connected to their roots of Indian culture and spread it all over the world.

Mrs. Shashi Prabha Kumar emphasised on the role of teachers especially in today's scenario. The programme came to an end with the Vote of thanks proposed by Mrs. Indu Banerjee, Staff Welfare Committee Representative.



# Gandhi Jayanti Celebration

To pay tribute to our great leader Mahatma Gandhi on his 153rd birth anniversary, a special assembly was conducted on 30th September, 2022.

The programme commenced with a motivational speech on the life of Gandhiji. The tiny tots of Nursery presented a beautiful performance on Swachhta song and pledged to keep our country clean. The students of KG presented the famous quotes of Gandhiji which are also known as





'Gandhiji Ke Vachan'. The students of class-I performed on a song on his teachings to pay tribute to the 'Father of the Nation'. Class II students presented the famous slogans of Gandhiji. A skit on inspiring incidents based on the life of Gandhiji was presented by the students of class V. The programme concluded with favourite bhajans of Gandhiji 'Vaishnava Jan To' sung by a student of class V. The Principal addressed the gathering and emphasized on the preachings of Gandhiji -Ahimsa and Truth and motivated the young learners to follow in his footsteps.





# Swatchta Pakhwada

Numerous activities were conducted to educate the students about the importance of cleanliness and hygiene in the Swatchtha Pakhwada Abhiyan. Students of classes Nursery to class II learnt the importance of washing hands and taking care of their teeth & general cleanliness through crossword puzzles. Students of classes III to V made Posters on personal hygiene and on various methods of saving water. Students of class VI made beautiful Bookmarks on Clean and Green India. They also made Posters on 'Swatchta' and made creative things out of waste materials. Students of class VII prepared Comic strips on Swatch Bharat . Students of class VIII participated in a Quiz on 'Swatchta' and they also wrote Slogans on Health and Hygiene.



























# **MENTAL HEALTH WEEK**

Every year 10th October is celebrated as the World Mental Health Day, which aims at throwing light on the importance of mental well-being. Glenn Close righteously said, "What Mental Health needs is more sunlight, more candor, more unashamed conversation". Therefore each year the World Mental Health Day aims at advocating for mental health education and awareness.

Mental Health has for long been overlooked and not given as equal a priority as Physical Health. A survey by the WHO has reported that more than 20% of the world's population is suffering from one or the other mental health issue. The COVID-19 Pandemic also, has catalyzed the spread of mental illnesses, especially Depression and Anxiety. This has in turn helped shift our perspectives regarding mental health issues and people have now started paying attention to their mental health as well.



The theme for this year's Mental Health Day was Make Mental Health & Well-Being for All a Global Priority.

We at Bhavans prioritize the mental health of our employees and students. Our employees are trained to promote mental health and well-being in classrooms and also amongst one another. The American Psychological Association recognizes our school as one of the International Supporters committed to changing the culture around mental health in workplace and combating the stigma revolving around mental illnesses.

This year, our school observed the Mental Health Week from 6th to 8th October, 2022 with various activities and events organized by Mrs. Aradhana Gambhir and Dr. Jyoti Dev Rishi that worked towards sensitizing students at Bhavans towards Mental Well-being. On 6th October, Himanshu Gupta, IFS, an alumnus of Bhavans, gave the students an informative presentation on Diplomacy as a Career. He talked about handling exam stress and gave the students useful tips on dealing with Examination Anxiety especially for competitive examinations. The Principal, Dr. Anju Tandon also guided the students on handling exam pressure and encouraged our students



On 7th October, 2022 a session on anger management was conducted by Dr. Jyoti Dev Rishi for students of class 10th followed by a Nukad Natak or Street Play performance by Psychology students of Class XII and XI on Mental Health Awareness. The Vice Principal, Mrs. Alka Jayaswal spoke on the importance of Mental Health and shared with the students ways they can work on bettering their mental health at times of distress.

A session on Core Life Skills was coordinated for students of class 9th in October which talked of



basic skills and contingencies one requires for functioning as an efficient human being. The students' knowledge was also put to test in a Quiz on Mental Health. An Online Debate competition on the topic - Effect of Social Media on Mental Health of our Youth was organized for students of classes XI and XII. Activities like Poster Making, Essay Writing on Mental Health were also held for students to teach them about the importance for awareness regarding Mental Health. Psychology students under the guidance of Mrs. Aradhana Gambhir inaugurated a Psychology Youtube Channel that aims at teaching students about Psychological Concepts and Issues through the medium of informative videos.

Therefore through such endeavours, the school has been arduously working towards spreading Mental Health Awareness amongst its students and sensitizing them towards mental health issues.









# **Report on Ek Bharat Shrestha Bharat Activities**

Bharatiya Vidya Bhavan's Mehta Vidyalaya organized a series of activities under the project Ek Bharat Shrestha Bharat wherein Sikkim was assigned as the partner state of Delhi. This project initiated by the Government of India aims to promote 'unity in diversity 'among the students, enabling them to appreciate our culture and traditions.

Students of class V collected pictures and information on the topic - "Dusshera Celebration in Sikkim" and made a chart on this theme.

Class VII Students made posters on the theme of Culture of Sikkim depicting their art, music, religions, cuisine, traditional dress, celebrations etc.

Class VIII students made chart on the famous personalities of Sikkim in the fields of art, literature, music, theatre, sports etc.

Students of classes IX and XI wrote essays on the topic 'Sikkim -the land of culture' covering details on art, culture, festivals and rituals of Sikkim.

Students participated in these activities with great zeal and enthusiasm which enabled them to get an insight of the Sikkimese culture and develop a sense of appreciation for it.

These activities were coordinated by Chief House Coordinator, Mrs Keerti Chaturvedi, Middle Wing Activity











Coordinator, Mrs Saumya Marwah and Primary Activity Coordinator, Mrs Ronagana Ghosh under the guidance of our Principal, Dr. Anju Tandon and Vice Principal, Mrs Alka Jayaswal.



To keep our environment dirty-fre

# **64th Annual Day**

Bharatiya Vidya Bhavan's Mehta Vidyalaya celebrated its 64th Annual Day on 21st October, 2022 with great fanfare and grandeur. The Chief Guest for the occasion was our alumnus Shri. Himanshu Gupta, IAS, Director (Education), Directorate of Education, Govt. of NCT Delhi and the Guest of Honour was Shri. Virender Singh Meena, Deputy Director of Education, Zone 26.

School Principal, Dr. (Mrs.) Anju Tandon accorded a warm welcome to the dignitaries and presented the school's Annual Report highlighting the academic & co-curricular achievements of the school.

In his address Shri. Ashok Pradhan, Director, Delhi Kendra stated that Bharatiya Vidya Bhavan which would complete 84 years on 7th November, 2022 is an institution promoting Indian culture and Sanskriti as envisioned in NEP-2020.

The school magazine 'Bhavidya' which features the students' linguistic, creative and intellectual self-expression along with their curricular and co-curricular activities was released by the Chief Guest.

Special invitees, Alumni Batch of 1971-72 were felicitated by the Chief Guest & other dignitaries.

Saraswati Samman instituted by the Bhavanites Association was conferred upon three teachers - Dr. Jagriti Sharma, HOD, Social Science Department; Smt. Dimple Juneja,









HOD, Hindi & Sanskrit Department & Smt. Rajni Bhatt, PRT for completing 25 years of dedicated service in the institution. The citations were read out for them by Shri. Manish Ahuja, Treasurer of Bhavanites Association.

Ceremonial prizes were conferred upon Dr. Jagriti Sharma, PGT (Pol. Science); Smt. Aradhana Gambhir, PGT (Psychology); Smt. Keerti Chaturvedi, PGT (Economics); Shri Ajay Bhardwaj, PGT (Business Studies); Dr. Anju Bala, TGT (Sanskrit); Smt. Smita Malik, TGT (Computer Application); Mrs. Parinita Sengupta, TGT (Comp. Appl); Shri. Amit Jain, TGT (Physics); Smt Shilpi Joshi, TGT (Chemistry) and Km. Avneet Kaur Babbar, PGT (Biology) for outstanding contribution and motivating students to score perfect 100 in Class X & XII Board Examination 2021-22.

The much awaited prize distribution ceremony saw certificates like School Topper Awards, Subject Topper Award, Proficiency Prizes and other coveted cash prizes being awarded to the meritorious students.

In his inspiring speech, the Chief Guest, Shri Himanshu Gupta, expressed his sincere gratitude to his alma mater and his teachers for instilling humanistic values to rise in life. He stated that the students of Mehta Vidyalaya were doing well in various fields and careers. He urged the students to enjoy the phases of life and to dream big in life.

The cultural programme was a ballet - "Gyanamritum" that revealed a spiritual pathway and showcased many aspects of our Indian Sanskriti. The ballet focused on leading the audience from ignorance to enlightenment, inspiring them to become self-









realized human beings who are capable of attaining their highest potential and happiness. The ballet was conceptualized by Dr. C.K. Bhardwaj & Shri Rajan Chawla.

Smt. Alka Jayaswal, Vice-Principal proposed the Vote of thanks and the programme concluded with the rendition of the National Anthem.











# **HUBS OF LEARNING**

Bharatiya Vidya Bhavan's Mehta Vidyalaya and Kerala Education Society Senior Secondary School organised a workshop on 'Physics Projects for Class XII' on 13 May 2022 at Kerala School to provide students of Science stream with more ideas to incorporate in their projects ahead. Mrs Yamuna Shekhar, Vice Principal, Kerala School; Mr Amit Jain, PGT Physics, Mehta Vidyalaya, Mrs. Annu Sagar, PGT Physics, and Mrs Sudha Krishnakumar from DTEA School were the resource persons. There were 36 students who participated from the three schools











# **Annual Athletic Meet**

Bhavan's Mehta Vidyalaya celebrated the Annual Athletic Meet on 1st and 2nd December, 2022 amidst a lot of fun and frolic.

The event included races in categories of 100, 200, 400, 800, 1500, 3000 metres, long jump, shot put and 4x100 metre relay for both boys and girls in all three categories - sub junior, junior and senior. Once the races began, the air was filled with cheering and encouragement for the young athletes.

The competitors participated with great excitement in the track and field events. The winners who made it to the victory stand felt proud of being awarded the medals and certificates.













# **Children's Day Celebration**





Children's Day - SATRANGI BACHPAN was celebrated with great fervour and enthusiasm by Pre-Primary Wing. The programme strengthened the 'Parent-Teacher Partnership'. It saw presentations by the parent volunteers too. The programme was graced by Director, Bhavan's Delhi Kendra, Shri Ashok Pradhan; Registrar, Shri Rajesh Mishra; Regional Educational Officer, Dr A.K Sharma; Manager, Dr. C.K Arya; Principal, Dr. (Mrs.) Anju Tandon and Vice Principal, Mrs Alka Jayaswal.

Tiny tots of kindergarten presented a mesmerising cultural programme beginning with Yoga -Surya Namaskar followed by POM POM Dance, Gummy Bear Dance, Action songs, Patriotic Dance, Fun Dance



and song by parent partner Mr. Ashwani. Story telling session followed by art & craft and Aerobics were also conducted for the students of classes I & II.

The event ended with Parent Partners being felicitated by the dignitaries.



# **VEER BAL DIWAS**

Veer Bal Diwas is observed in the honor of the 'Sahibzades', the four sons of Guru Gobind Singh, the final Sikh Guru. Though the four sons attained martyrdom, 26th December marks the sacrifice of the last two Sahibzadas Zorawar Singh and Fateh Singh, at the tender ages of six and nine respectively.

To commemorate the first Veer Bal Diwas, a series of activities were organized on 26th December, 2022 for classes III to IX. Poster Making Activity was organised for classes V, VIII, IX on the theme 'First Bal Veer Diwas of India'.

An awareness generation speech was delivered by Koyal Shruti of Class IX D in a special assembly conducted on 22nd December, 2022.



### **WORLD CHILDREN'S DAY CELEBRATION**

On November 20, World Children's Day, a session on "The Sustainable Development Goals (SDGs)" was held in conjunction with UNICEF, whose mission is to increase understanding of emotional intelligence, provide resources to children and help adults.

The main goal of learning about the SDGs is to develop the abilities for a better life and a better world, increase friendship, decrease conflict, increase self-awareness, decrease volatility, increase connections, and reduce loneliness.

On 18 November, 2022, class V students participated in a session led by Mrs. Rosy Katyal and Mrs. Swetcha Pershad in their capacity as life coaches. Through engaging activities, they aimed to convey to the students the importance of living sustainably.



# **Junior Athletic Meet**

A special assembly was held on 2nd February, 2023 to award medals and certificates to the winners of different races held for the Junior Athletic Meet 2022-23.

Principal Dr. (Mrs.) Anju Tandon, Vice Principal Mrs Alka Jayaswal, Mr Prakash Rawat, Head

of Physical Education Department, felicitated the young athletes with medals and certificates.

Mrs. Alka Jayaswal, Vice Principal while addressing the winners and students motivated them to participate in 'Khelo India Khelo programme'.

Merit certificates were awarded to winners of Hindi Diwas activities by Mrs. Dimple Juneja, HOD, Hindi and Sanskrit Department.









# New Initiatives

### a) Bagless Days

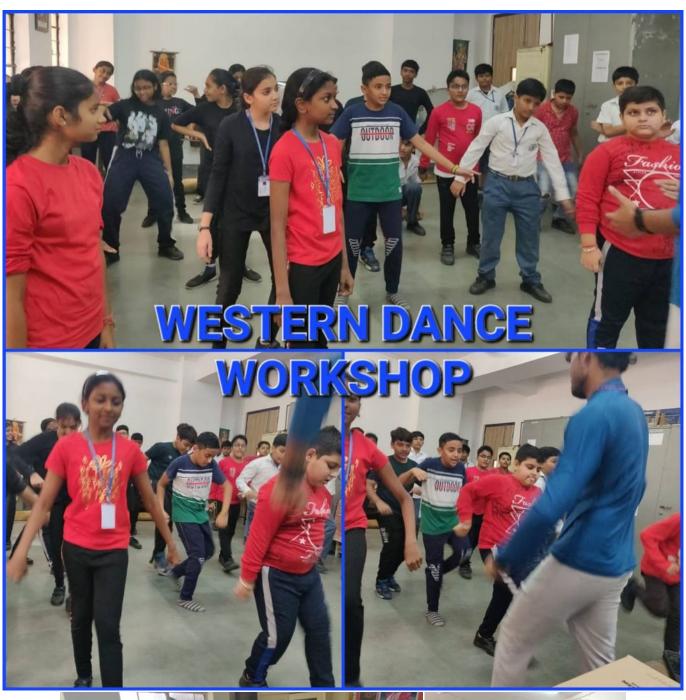
To shift the focus from bookish knowledge and rote learning to practical and discovery-based learning, Bharatiya Vidya Bhavan's Mehta Vidyalaya took its first step in introducing 'Bagless Days Project' as envisioned in NEP 2020. The project provided an exposure to the students to the variety of occupations available in the world which would enable them to make informed choices while selecting their subjects in higher classes. This project was introduced for classes VII and VIII from 31st October to 4th November, 2022.

The aim of the project was to: -

- Develop 21st century skills such as collaboration, teamwork, communication by providing exposure to the students to a world outside the classroom.
- Imbibe in students the value of dignity of labour through hands-on activities and development of life skills.
- Promote mental and physical wellbeing while encouraging holistic development of students.

The various vocational courses taken under this programme were pottery, herbal gardening, yoga, storytelling, coding, dance, culinary art, indigenous games, robotics, art and craft.











# **New Initiatives**

#### b) Pottery Workshop

A pottery workshop was organised for the students of Pre-Primary wing on 11th and 12th October, 2022 to provide hands-on learning experience to the young students about an age-old art form. Clay has a unique therapeutic quality that settles and calms children and helps retain their attention span for hours.

The experience of working with wet mud was invaluable and helped the young learners to develop motor skills, self-expression, discipline, joy and pride.

Each child made his/her own earthen clay diya or small pot and went back home proudly with their self-crafted product.



















## AWAKENED CITIZEN PROGRAM

The Awakened Citizen Program (ACP) aims that every student participating in the program should feel, at least in a small way, the extraordinary power and strength which Swami Vivekananda talks about as inherent in every human being. ACP classes were taken up in





the academic session (2022-23) for classes VI – VIII by our trained ACP teachers from 18 April, 2022.

The ACP sessions with discussion approach help students realize their potential as well as their inherent possibilities. The ACP sessions were enjoyed by the students with its self-discovery and reflection methods that provide the students with atmashraddha to tide over the challenges of life.

With the mega launch of 'Awakening' program for primary school (Classes I – V) on 15th September 2022 by Ramakrishna Mission, it is going to be the sincere endeavour of Mehta Vidyalaya to implement this at our institution for primary school as it resonates very well with the Mission & Vision of BVB's Mehta Vidyalaya as well as NEP-2020. The school is all set to partner with Ramakrishna Mission in taking ahead the pilot project of 'Awakened Citizen Program' in primary classes (I-V) with 'Awakening Program' in the academic session 2023-24.

# Azadi Ka Amrit Mahotsav – Know Your India Quiz Competition

Students of our school took part in "Azadi Ka Amrit Mahotsav Competition – 2022" organized by Ramakrishna Mission, New Delhi as a part of Azadi Ka Amrit Mahotsav, a pan-India celebration of the 75 years of India's independence. The first round of this competition was held on 7 July 2022 on the topic – 'Know Your India' in our school premises with active participation of 97 students from



Classes VI-IX & XI. The top five scorers of the first round were invited for the second round of the competition on 5 August, 2022 at R.K.Ashram. They were - N. Jithin Sai (VIII-C); Trinava Bose (VIII-C); Supratik Sengupta (VIII-A); Mohini (IX-D) and Veer Kanojia (IX-B).

Trinava Bose & N. Jithin scored a good aggregate total and were among the top 8 schools as well as top 16 students selected for the third & the final round of the guiz. In the final round



of the quiz, our school students bagged the third prize. Both students, Trinava Bose & N. Jithin received a certificate, a set of books & a cash prize of Rs 5,000/- each.

### **Vivek Shakti – A Community of ACP Value Educators**

"Vivek Shakti" an exclusive community of ACP value educators from across India is yet another initiative launched by R.K.Mission. This community supports and values educators' personal and professional growth through series of brainstorming sessions and self-reflective exercises. Through this community, ACP Facilitators from all across the nation have the opportunity to occasionally gather online to exchange ideas and discuss topics that could have a profound impact on both their own lives and the lives of their students. Ms. Saumya Nair & Mrs. Ritu Sehgal from our school have become a part of this unique community of Vivek Shakti from

North Zone and have attended the Vivek Shakti online sessions organized on 25th June on "Defining Goals", 20th August on 'Focus Group Activity' and 29th October on "Experience Sharing on Activities conducted'.

As a part of Vivek Shakti activity planned & executed under ACP our students of VI-VIII prepared a soft board on ACP's Universal Possibilities.

The Vivek Shakti sessions of 2022-23 were enriching for all teacher participants across India.











### **National Youth Day**

National Youth Day was celebrated on 12 January, 2023 with a virtual assembly put together by ACP students that included a short biography on the Life of Swami Vivekananda and a hymn on Swamiji to commemorate the 160th birth anniversary of Swamiji. The theme of this year's celebration was

"Viksit Yuva Viksit Bharat," which aimed to empower the youth of India and promote their active participation in shaping the country's future.





## **Awakening Facilitators' Development Programme**

Awakening Facilitators' Development Programme was organized by master trainers from Ramakrishna Mission for 22 primary teachers of Mehta Vidyalaya on 10 March, 2023. The day-long workshop aimed at training the teachers to orient the young learners to adopt the desired values voluntarily and face life's challenges positively. With this training of our teachers, the school fulfilled

the pre-requisite to start Awakening Program (AP) for Primary school kids from Classes I to V.

In the new academic session 2023-24 along with our regular ACP classes for the middle wing we plan to start the AP classes for the primary wing from 5 April onwards. In an effort to prepare the students of Mehta Vidyalaya to stand on their own feet, face challenges in life, and become really enlightened citizens, both ACP and AP place an emphasis on man-making and character building.







# School Counseling - Life Skill and Adolescence Education Programme

Counseling at the school level is primarily done to meet the emotional, social, and behavioral needs of the kids. Through the many counseling sessions that are occasionally scheduled for the pupils, a seamless and welcoming environment is created at school. For classes III to VIII, the school counseling program offers seminars on life skills and adolescence education.

The Adolescence Education Programme (AEP) is a significant initiative that seeks to provide Mehta Vidyalaya students with accurate, age-appropriate, and culturally relevant information, encourage positive attitudes, and foster the development of skills that will enable them to react positively and responsibly to real-life situations. Adolescence is a unique time in a person's life when they begin to develop a sense of self-identity. This time is characterized by a wide range of feelings, such as excitement, idealism, self-doubt, and anxiety. Thus, during counseling periods and sessions, pertinent subjects including teenage changes (physical and emotional), peer pressure, bullying, emotional intelligence, confidence-building, stress management, usage of social media, and decision-making are covered.

Additionally, counseling sessions include a Life Skill Programme that focuses on teaching kids positive and adaptable behaviors that will help them lead successful lives. The goal of the Life Skills Program is to give pupils the 10 core life skills: self-awareness, empathy, critical and creative thinking, decision-making, problem-solving, effective communication, interpersonal relationships, stress management, and emotion regulation.

Adolescence Education Programme (AEP) and Life Skill Programme (LSP) are taken by the School Counselor, Dr. Jyoti Dev Rishi during the counseling period on regular basis.











### BHAVANITE ASSOCIATION MEETING

### **BHAVANITES ALUMNI CRICKET MATCH**

The Bhavanites Association organized an alumni T20 cricket match on 23rd April 2022 at Gyan Bharti School, Saket. Principal, Dr. Anju Tandon and Shri Rahul Tandon presided over as chief guests and Shri Anoop Sharma, General Secretary, Bhavanites Association and Smt. Gita Sharma were the guests of honour. Shri Vinod Gulati of 1967 batch, one of the senior-most Bhavanites was the special guest.

Two teams of Bhavanites; Bhavanites Seniors and Bhavanites Juniors competed against each other in a day and night T20 match with the Seniors comprising of batches from 1980 to 2001 and the Juniors consisting of batches from 2001 to 2016. Appreciating the Bhavanites Association for organizing the match, Principal, Dr. Anju Tandon promised that the next Bhavanites sporting event would be held in the school grounds.

The winner's trophy went to the Seniors and the Man of the Match was bagged by Som Datt (1988). Utkarsh Minhas (2010) was adjudged best bowler, Rohit Dhawan (1996) as best fielder and Himanshu Nagpal (2016) as best batsman. Manish Ahuja, Treasurer thanked the gathering and congratulated the two teams for an enthralling match.



























### **WEBSITE RELAUNCHED**

The Bhavanites website was relaunched on 22 nd August 2022 to commemorate former Principal, Shri G.S. Negi's birth anniversary. A true visionary and a follower of Swami Vivekananda, Shri Negi

took the institution to greater heights and was instrumental in establishing the Bhavanites Assocation. A documentary on the life of Shri G.S. Negi and select tributes from alumni and teachers were screened. Director Delhi Kendra Shri Ashok Pradhan, Manager Shri C.K. Arya, Principal Dr. Anju Tandon and Vice Principal Mrs. Alka Jayaswal graced the occasion. The Bhavanites Association was lead by President Brig. Rana, Secretary Anoop Sharma and Treasurer Mr. Manish Ahuja.

The Website relaunch event was conceptualised by Gautam Singh of the 2011 batch. Manish Singh of the 2009 batch had redesigned the web portal.

Late Shri G.S. Negi's family was overwhelmed by the love and regard showered on him.



# **Annual Sports Day**

Mehta Vidyalaya celebrated Annual Sports Day on 30th December 2022 under the banner – Fit India, Khelo India, coined by Hon'ble PM Shri Narendra Modi.

The occasion was graced by the Chief Guest, Prof (Dr.) Mahesh Verma, Vice-Chancellor, GGSIPU and other esteemed dignitaries who inaugurated the state of art Bhavan's Sports Complex. He called Bharatiya Vidya Bhavan a premier institution deeply rooted in the values of an immemorial culture and he applauded its constant endeavour to provide a modern bridge to span the past, the present and the future, built on the strong foundation of the fundamental values of life. The exuberance and vibrance of sports day comprised of a wide array of scintillating performances such as aerobics, gymnastics, musical fitness workout, taekwondo, Zumba, Yoga Sadhna and Khelo India drill. These events were very successful in building sportsmanship, kinesthetic skills and 21st century skills of leadership and collaboration among the students.















# **Honouring Community Helpers**

Bhavan's Kindergarten celebrated Meeting and Honouring Community Helpers Activity on December 16, 2022. The activity was graced by our school dignitaries and the Community

Helpers of our Bhavan's family.

All the students performed beautifully and dressed up as different Community Helpers. Our Helpers were felicitated with a Thank you card and a flower for their constant support. Students learnt that a community needs many people to help it to function well and make the world a better place to live in.





















# Wall of Expression G20

Bharatiya Vidya Bhavan's Mehta Vidyalaya conducted an Awareness Generation Activity: 'Wall of Expressions G-20' for students of class VIII on 19th December 2022.

Students researched about the details of G-20 Presidency of India -the logo, theme and agenda of the Summit and expressed their ideas by putting up articles ,drawings and slogans on "The Wall of Expressions"

The G20 Logo draws inspiration from the vibrant colours of India's national flag – saffron, white and green, and blue. It juxtaposes planet Earth with the lotus, India's national flower that reflects growth amid challenges. The theme of India's G20 Presidency - "Vasudhaiva Kutumbakam" or "One





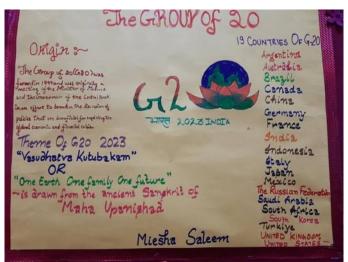




Earth  $\cdot$  One Family  $\cdot$  One Future" - is drawn from the ancient Sanskrit text of the Maha Upanishad. The theme also throws a spotlight on 'Lifestyle for Environment', with its associated,

environmentally sustainable and responsible choices, both at the level of individual lifestyles as well as national development, leading to globally transformative actions and resulting in a cleaner, greener and bluer future.

The logo and the theme together represent the unique Indian approach to our G20 Presidency, of living in harmony with the surrounding ecosystem.









# **Christmas Day Celebration**

This year Christmas was celebrated joyfully on December 23, 2022. The festive mood came alive with balloons, bells, Christmas trees and streamers displayed in the assembly

ground and school building. A special assembly was conducted with a speech on the spirit of Christmas, a lively dance on Christmas Carols by students of Nursery, KG, I & II, the story of the birth of Lord Jesus by class V, followed by a dance performance by the students of classes III to VIII. Classes III to IX along with the school choir group sang Christmas Carols. On this occasion, the first edition of the Economics & Commerce magazine MUDRAA prepared by students of XI-A & C was released by our Honorable Director Sh.Ashok Pradhan along with Sh. Rajesh Mishra, Registrar, Delhi Kendra, Dr. C. K. Arya, Manager, Mehta Vidyalaya, Principal, Dr. Anju Tandon ,Vice Principal, Mrs. Alka Jayaswal and HOD- Social Science Mrs. Jagriti Sharma



























# Founder's Day- Kulapati KM Munshiji's 136th Birth Anniversary

To commemorate the birth anniversary of our founder father Kulapati KM Munshi which falls on 30th December, a series of activities were organized on 26th December 2022 for classes III to IX. Students of classes III prepared Collages on life story of KM Munshi highlighting his role as a freedom fighter, constitution maker and an educator who promoted Indian culture and values. Class IV students participated in Slogan Writing Activity on the theme 'Words of Wisdom' shared by Munshi Jil Class VI Students made Charts on the role of Munshiji as an environmentalist. Students of class VII made Posters on the theme -'Munshiji- an eminent educationist'. CLASS IX students made Charts on the role of Kulpati Munshi in the freedom struggle and making of India's Constitution.

These activities instilled a great deal of respect and pride for our founder father among the students as they gained a deep insight of the great contributions made by him.





# BHARATIYA VIDYA BHAVAN'S MEHTA VIDYALAYA ACADEMIC EXCELLENCE (2022-23)

### **CLASSES NURSERY to V**

### **CLASS & SECTION**

	CLASS & SECTION
SL.	NAME OF THE STUDENT
	NUR-A
1.	Ahaana Choudhary
2.	Bhavya Joshi
3.	Maira Noor
4.	Mishika Rawat
5.	Saanvi Jain
6.	Tanishi Chatterjee
7.	Varun Kumar
	NUR-B
8.	Abdul Ahad
9.	Jaskeerat Singh
10.	Mohd. Mustafa
11.	Taaraa Goel
12.	V. Ditya
13.	Viraj Yadav
	NUR-C
14.	Anaya Aggarwal
15.	Ansh Gupta
16.	Gourangi
17.	Harshita Nagpal
18.	Inaaya Jafri
19.	Mohd. Ashar
20.	Prisha Gupta
21.	Ridhima Bisht
22.	Shaan Sharma
23.	Vaidehi Khirasaria
24.	Vivaan Arora
25.	Wanya Kashyap

### **CLASS & SECTION**

SL.	NAME OF THE STUDENT
	KG-A
1.	Aarav Kabir
2.	Ahaan Jain
3.	Anaya
4.	Atharv Rajput
5.	Aviral Thakur
6.	Divyansh Vijay
7.	Himaksh Wadh
8.	Husnamaab
9.	Jaya Bali
10.	Maaz
	KG-B
11.	Aadhaya Yadav
12.	Aama Khandelwal
13.	Advik Khandelwal
14.	Avani Saha
15.	Inaya Goel
16.	Kiyara Sharma
17.	Mayra Verma
18.	Mohd. Mikail
19.	Reyansh
20.	Shivansh Rawat
21.	Tanvik Khemka
22.	Tiya Sharma
23.	Mohd. Eisa

	KG-C
24.	Aarav Singh
25.	Ashna
26.	Ishan
27.	Khyansh Singh
28.	Navkar Jain
29.	Saksham Gautam
30.	Vihaan Jain
	KG-D
31.	Advik Ganju
32.	Mohd. Amaan Iftekhar
33.	Muhammed Hasan Khan
34.	Reyaansh Sharma
35.	Rodina Heisham
36.	Zaroon Ali

### **CLASS & SECTION**

SL.	NAME OF THE STUDENT	
	I-A	
1.	Aadhya Jaswal	
2.	Aaryansh Sharma	
3.	Akshat Chourasia	
4.	Anish Kumar	
5.	Kaashvi Sharma	
6.	Kavya Mandal	
I-B		
7.	Aaradhya Phogat	
8.	Aarnav Advik	
9.	Grisha Sehgal	
10.	Hriday Sharma	
11.	Mohd. Qureshi	
12.	Radha Sharma	
13.	Sheril Maheshwari	
14.	Ritvik	
15.	Saksham	

I-C	
16.	Moulik Sharma
17.	Muhammad Izaan
18.	Paridhi Saini
19.	Vivan Kumar
20.	Mohd. Zohan
21.	Yovika

### **CLASS & SECTION**

SL.	NAME OF THE STUDENT	
	II-A	
1.	Aditya Gogia	
2.	Adnan Khurram	
3.	Barnett Kaur Suri	
4.	Darshik Baranwal	
5.	Ishaab Mohammad Khan	
6.	Vivaan Aggarwal	
7.	Yeshmit Grover	
	II-B	
8.	Ishita Gupta	
9.	Natasha Arora	
10.	Parneel Singh Bisht	
11.	Aryan	
12.	Mohammad Bilal	
	II-C	
13.	Aansh Niralia	
14.	Aarayav Diswar	
15.	Naivedya Nandan	
16.	Prithvi Raj Singh	
17.	Raavya Singh	
18.	Vedant Gupta	
19.	Vihana karthikeya	
20.	Vihan Singh	
21.	Amogh Misra	
22.	Shaurya Bodeliwala	
23.	Swarn Vihan	

### **CLASS & SECTION**

CL 100 & 52011011	
NAME OF THE STUDENT	
III-A	
Aadya Gupta	
Aarav Saw	
Saad Rahman	
III-B	
Aanaya Yadav	
Agrim Pal	
Rishya Choudhary	
III-C	
Nirvi Aggarwal	
III-D	
Garv	

### **CLASS & SECTION**

SL.	NAME OF THE STUDENT	
IV-A		
1.	Aarohi Singhal	
2.	Drishan Mandal	
3.	Kartik Goyal	
IV-B		
4.	Abhyuday Singh	
5.	Aditi Shekhar	
6.	Jagrit Gautam	
7.	Shlok Gupta	
	IV-C	
8.	Lavanya Arora	
	IV-D	
9.	Pulkit Agrawal	
10.	Atishay Jain	
11.	Darsh Jain	
12.	Shivaansh Sharma	

### **CLASS & SECTION**

	CLASS & SECTION	
SL.	NAME OF THE STUDENT	
	V-A	
1.	Aarav Chaudhary	
2.	Arnav Diswar	
3.	Ayush Barik	
4.	Navya Gupta	
5.	Raiyaan Kamaal	
6.	Saarah Rahman	
7.	Smritiman Chakraborty	
	V-B	
8.	Aryansh Sharma	
9.	Dhanvi Dua	
10.	Guhan Gupta	
11.	Ishan Nigam	
12.	Kavyansh Meena	
13.	Maanya Goel	
14.	Saanvi Ghai	
15.	Shivanya	
16.	Suvidhi Lunia	
17.	Tanmay Bisht	
18.	Vaibhav Bidhuri	
19.	Vatsal Sharma	
	V-C	
20.	Aliza Ali	
21.	Ambika Sharma	
22.	Kritika Khanna	
23.	Sidak Pasricha	
24.	Aiza Fainan	
	V-D	
25.	Aarav Raj	
26.	Ananya Bhutola	
27.	Arnav Gupta	
28.	Dev Sharma	
29.	Devansh Gupta	
30.	Falansh Singh	
31.	Riyansh Goel	
	<del></del>	

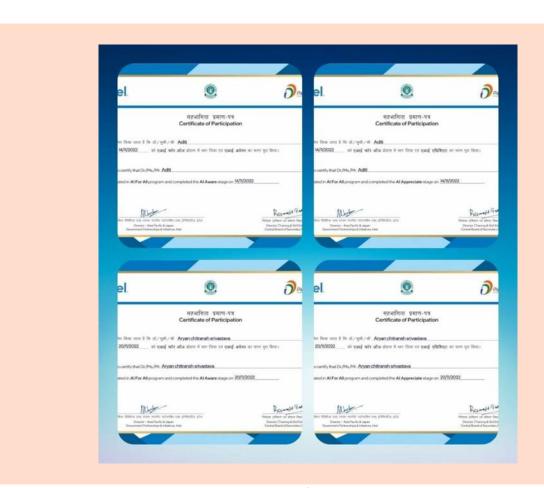
### **AI FOR ALL**

Our school was selected as the pilot school for the project AI for ALL launched by honourable Prime Minister Shri Narendra Modi and initiatives by CBSE, Ministry of Education and Intel India.

It aimed to demystify AI for people from all walks of life — a student, a stay-athome parent, a professional in any field, a senior citizen - basically, all citizens of India. AI for all is a no cost, online, self based , micro learning program. It has two modules — AI Aware and AI Appreciate.

- Al Aware introduces the participant to Al and helps them to realize that Al mimics Human intelligence.
- 2. Al Appreciate helps to understand the possibilities, concerns, and the principles of responsible Al and Al ethics.

All students in classes IV – XII along with teachers completed the course of Al Aware & Al Appreciate in about four hours. Each section included images and interactive activities with a short and easy quiz. Passing this quiz granted the participant a digital badge and a certificate.



### World Environment Day Celebration

Mehta Vidyalaya observed World Environment Day on 5th of June 2022. A wide spectrum of activities were conducted to sensitize the young learners towards the environment, to be thankful to Mother Earth for its supreme gifts to mankind and the steps to be taken to nurture it for our better future. Students got an excellent opportunity to understand the need for kindness towards animals, feeding birds, planting saplings to nurture greenery all around, saving our precious natural resources and impact of single use plastic.





### BHARATIYA VIDYA BHAVAN'S MEHTA VIDYALAYA

### **ASTRONOMY CLUB (2022-23)**

The Astronomy club of the school conducted various hands-on workshops for the session (2022-23) for the students of classes VI-IX.

The first workshop on the theme "Celebrating CHANDRAYAAN -2" was conducted on 30th September 2022. During the workshop students got an opportunity to Explore "The Giant Moon Map" (Awarded by Buzz Aldrin Foundation) to learn about the mission's landing location.

The second hands-on workshop was conducted on 18th November 2022 on the theme Space Topography in which students were given details about mapping the Surface of Celestial bodies, conversion to 3D model of topographic map, contour drawing & profiling.

Its third hands-on workshop on the theme HYDRO-ROCKETRY was conducted on 21st December 2022. The students prepared a hydro rocket and launched them in the school ground using water as a fuel.

The last hands-on workshop on the theme Lunar & Planetary Observation was conducted on 27th January 2023. During the workshop students were given details about the constellations seen in the night sky, phases of the Moon, planets etc. They learnt how to use an astronomical tool- 'Planisphere' to get the hands-on experience of planning night sky observation. Students saw the Moon-its craters, planet Jupiter and its satellites, the red planet Mars etc using a telescope in the school playground.

It was a fascinating activity which gave an opportunity to the students to watch the night sky so closely.















### **Mock Parliament Session**

A Mock Parliament Session was held for the students of class XI in BULMIM Hall on Tuesday, 20th December 2022. This was done in collaboration with the PRS Legislative Team who conducted a training session for the students on 15th December, 2022.

The students spoke and debated on various issues like the National Sports Policy and Air Pollution in Delhi.

The Data Protection and Privacy Bill 2022 was passed by the students. The event concluded with the felicitation of the best student legislators.











### **ENERGY CONSERVATION CLUB**

The Club has embarked on a dynamic journey to foster energy conservation and raise environmental consciousness. Spearheading this effort, the Energy Conservation Club, led by Mr. Amit Jain, has orchestrated a successful energy conservation initiative, aimed at instilling sustainable habits among students.

Club members, including Mrs. Saumya Marwah, Mrs. Preeti Gupta, and Mrs. Jyotiee Verma, played a pivotal role in organizing interactive workshops, engaging presentations, and handson demonstrations. These activities were meticulously designed to illuminate the importance of conserving energy in daily life.

In July 2022, the Energy Conservation Club undertook an Energy Audit for classes VIII A, B, C, D. This initiative empowered students to inspect electrical points at home, heightening their awareness of energy consumption patterns. This practical experience brilliantly highlighted the substantial impact of minor changes, such as adopting energy-efficient CFLs, in significantly reducing monthly electricity bills while maintaining comfort.

Sustaining their momentum, the club organized an enlightening Awareness Generation Programme on October 10, 2022, through a painting competition. This event was part of an initiative by Power Finance Corporation Ltd to promote environmental awareness and foster active participation in environmental conservation. Students from Classes VI and VII were tasked with creating artworks on themes like "Light the Candle of Patriotism, Save Energy for the Nation" or "Let's Make a World of Dreams", Creating Rules of Energy Saving." Similarly, students from Classes VIII, IX, and X

crafted paintings on topics like "Let's Write the Future, Switch to Electric Vehicles" or "Let Us Rise and Fulfill Our Duty, Save Energy for the Nation."

The children exhibited immense enthusiasm and creativity, using a vibrant array of colors to convey their ideas on paper.

Continuing their proactive approach, the club hosted another insightful Awareness Generation Programme on December 30, 2022. In alignment with the Bharat Amrit Mahotsav's Green Good Deeds initiative, this event aimed to disseminate environmental awareness and encourage community involvement.

This initiative showcased the creative talents of students across various classes. While Classes III, IV, VI, and VII showcased informative charts on "Solar energy-its uses and advantages," Classes V and VIII took practical action by implementing Green Deeds. Thought-provoking posters on "SAVE LPG" were designed by Class IX students.

On February 9, 2023, the Energy Conservation Club organized a captivating assembly themed "Save Energy, Save Earth." Students from classes VI to VIII united to emphasize energy conservation through eloquent presentations and captivating performances. The assembly comprised a thought-provoking presentation, an informative news update segment, a poignant Hindi poem, and a resounding speech highlighting India's steadfast commitment to energy conservation on the global stage.

A highlight of the assembly was the thoughtprovoking skit enacted by Class VII students, deftly illustrating the environmental consequences of unchecked human greed. Another significant moment was the energy conservation pledge taken by students, underscoring their unwavering dedication to energy-saving practices.

To amplify the message, a spirited rally was organized, symbolizing the school's wholehearted commitment to energy conservation. In conclusion, the assembly stood as a resounding success—raising awareness and inspiring collective action towards a more sustainable future.















### HERBAL GARDEN

The aim of this Club is to educate students to identify different types of herbs and understand their health benefits, to inculcate sensitivity and awareness towards conservation of nature from a young age and to adopt the Indian Heritage of Ancient Medicine and application of herbs in daily lives. Various activities have been carried out by the students under the supervision of teachers, to understand health benefits of herbs and to ensure sustainability of the project.

The Club recreated Herbal Garden in the school premises in the month of October 2022. Visits to Herbal Garden by students of various classes were organised. PowerPoint







Presentation based on the health benefits of Herbs and videos on different herbal plants

were shown to the students by the teachers. Several activities based on herbs were conducted for classes VI-VIII during Bagless days with the aim to identify the herbs, understand health benefits of Herbs and and to sensitise the young learners to adopt culinary herbs and medicinal herbs in their daily life to boost the immune system and protect them from diseases.















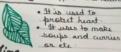




# HERB



• It contains nutrient • It is good for heart; • Contains cancer -fighting substances • Supports bone health.



lime

. It is used to

make medicine . It is also use for cancer, stomach pain etc.



· It prevents

cancer. . It gives nutr.



for shir and hair.
At improves our
energy.
May aid wight loss

At may benefit heart treath. May protect brain health

der · May fight infections · Reduces stress

and arxisty.
Brotest against
injurion and
tread wounds

عناه

May benefit teart tealth Rich in antiexidants.

May help loner blood sugar lux











### **WASTE MANAGEMENT CLUB**

The Waste Management Club conducted various activities such as Recycling of school paper waste, Compositing of wet waste, Earth Day activities and activities related to elimination of Single use Plastic to sensitize the students about the impact of single use plastic and adopt eco friendly alternatives to plastics thereby heading towards zero waste lifestyle. Also Save Soil Movement activity was conducted to create awareness about the importance of soil for the survival of all the living forms on the Earth.

Various activities included Pledge, Book Mark Making and Slogan Writing on the theme "Discouraging the use of Single Use Plastic, Poem Writing and Recitation on the Theme My





















Earth My Future, Poster Making on Eco Friendly Alternatives to Plastic, Quiz on Plastic Waste Management and Essay Writing on the Theme "Strategy of 6 R'S, Presentation on Innovative Ideas for Plastic Waste Management and Best out of waste.





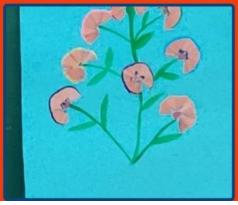












































### **Techedge Club**

The Techedge club has been supporting and helping students to achieve technological excellence for more than a decade under the guidance of Mrs. Parinita Sengupta and Mrs. Aditi Agarwal. Our endeavour has constantly been to unleash that latent tech genius in every possible student. The Club organises a number of intra and inter school competitions, assembly talks, excursions, quizzes and empower our students with the latest IT updates. In a world of technical banality, we strive to create new ideas and innovations among our students.

The 2022 core team members of the club are-

President - Suchit Jain Vice President - Laksh Baweja Secretary - Ebnay Razi Creative Head - Naman Gupta

### **Techbotix Club**

The Techbotix Club of BVB Mehta Vidyalaya is a fraternity, not just a group, but a faction of such students whose passions dwell in creating a machine that has a brain of its own. Under the guidance of Mrs. Smita Malik and Mr. Mukesh Chugh the Club offers indispensable guidance, workshops and tutorials along with tools, equipment and workplace to the students.

The 2022 core team members of the club are-

President - Rishabh Saini Vice President - Nikhil Verma Executive Member - Harshit Daundiyal Executive Member - Saish Sharma











# Kalanaipunya

A skill development club, under the brand name of Kalanaipunya has been established by the Bhavan's Mehta Vidyalaya under the guidance of Dr. (Smt.) Anju Tandon Sr Principal and Mrs. Vibha Kohli Vice Principal. This is a dream project of the esteemed Principal which has taken wings and has started to fly. This initiative aims to develop aesthetic skills, craftmanship and ecofriendly solutions among the students of commerce section of classes 11 th and 12 th. This would help them make better entrepreneurs and taking up business activities as their profession and improve decision making. Being a nonprofit organization major part of the profit earned is donated to charity. It is committed to foster inherent potential that help in developing creative pursuit, skills, lifelong learning and global leaders with foundation of Indian culture, fulfilling social and ethical responsibility to create awareness among students on how to produce creative accessories from paper and other recyclable material, sustainable material. Students make hundred percent efforts to eliminate plastic.

Bhartiya Vidya bhavan's Mehta Vidyalaya provides a platform through "KALA NAIPUNYA" where the students can learn business activities and skills of developing marketable artifacts. The commerce students learn production, marketing, selling and finance. Class 11th & 12th commerce students apply this practical knowledge and experience in business projects.

The students are offered the posts of C.E.O, Marketing Head, Sales head and Creative Head. Other than these there are members who are subordinate under various Heads.

In this club handmade and eco friendly products are produced under the Art department by the students from class 3rd to 12th during the house activity periods. These artifacts are also a part of the art integrated









activities, integrated in different subjects. All these activities are done with the guidance of teachers of Fine arts and Commerce departments and the student team of entrepreneurs.

The artifacts include decorated pencils, paper jewelry, Folk paintings, candles, jute and paper bag, bandhanwar, shagun envelopes and recycled boxes and baskets turned into trinket boxes. Many more products are being researched and samples are being made for creating on mass production for sales later. These products are displayed on different occasions likes Inter school functions, Parents teacher meetings and various functions held in school.

● The student heads and members of: Purchase team, Production team, Marketing team, Sales team and Finance team are entrusted with maintaining the sales record and accounts book etc. This helps them in transfer of knowledge or cross learning between discipline consciously breaking down boundaries between disciplines. Thus crossing over and coming together of disciplines trains the mind to join the dots between many aspects of a problem. They begin to think out-of-box and can draw inferences from range of concepts, disciplines and perspective to identify the best



integrated solutions to today's problems. Even while studying optional subjects at +2 level students have the chance to foray into other areas that interest them and harness it to the fullest. This gives all students and teachers a sense of joy and achievement.

The Kalanipunya club is very happy to have got a beautiful, encouraging note from the chairperson Padma Bhushan Miss Surrendar Soni Ji, which keeps the spirits of the team high.













# Scouts and Guides

The school collaborated with Hindustan Scouts and Guides for the mental, physical, and spiritual development of students to make them complete and perfect human beings through scouting/guiding. As scouts/guides, the young boys/girls undertook lots of activities related to Community Development, Social-Service, Adventure Activities, Yoga, All faith Meditation, Environmental Conservation, Vocational skills, National Integration, Spirit of Patriotism, Brotherhood, Loyalty, Discipline and Leadership skills.

The First phase of training 'Praveshka' started for Hindustan Scouts & Guides (HSG) on 9th,11th,12th May 2022. The training for 54 students of HSG from classes V to VIII was taken up by instructors- Ms Monika & Ms Neha from HSG.

The Second phase of training 'Komalpad' started for Hindustan Scouts & Guides (HSG) on 22nd,23rd & 24th August 2022. The training for 54 students of HSG from classes V to VIII was taken up by instructors- Mr. Mangeram & Mr. Hariom from HSG.

The Third phase of training 'Dhurvpad' for Hindustan Scouts & Guides (HSG) was conducted from 6th to 8th February 2023. The training for 48 students of HSG from classes V to VIII was taken up by instructors- Mr. Mangeram & Mr. Hariom from HSG. The students were given an introduction and explained the meaning of scouts. They actively took part in knowledge of knotting, petrol system, wood craft, some team games activities, practical tests of Praveshika and Komalpad and the knowledge of first aid. The student participants enjoyed the training and gained important life skills.



























### **Teachers' Webinars**

### Webinars Attended By School Counsellor, Mehta Vidyalaya, Dr. (Mrs.) Jyoti Dev Rishi

- Capacity building program on National Education policy at Central Board of Secondary Education (CBSE) office on May 12, 2022.
- Study Abroad Application and Courses by Career development Centre on August 21, 2022.
- Adolescent Mental Health by Career 360 on September 30, 2022.
- Adolescence Charms and Challenges by Directorate of Education (DoE), West Delhi at Govt. Boys School, Rajouri Garden 0n October 15, 2022.
- Social Emotional Learning by Bhavans Delhi Kendra from October 31 to November 4, 2022.
- Tobacco Awareness in School students by Directorate of Education (DoE) at Govt School, Lodhi Road on November 10, 2022.
- Career Counselling Workshop Law as an Option by Career Development Centre on November 11, 2022.
- Career Counseling IELTS by Career Launchers on January 19, 2023.

### Nursery-KG Department Teachers Ms. Neha Sharma, Ms. Gopa Chatterjee, Ms. Maya Sharma, Ms. Vasundhra Sharma, Ms. Chitra Sharma, Ms. Shivani Rawat & Ms. Neha Kaushik Attended Following Webinars:

- Knowing your Learners 5 days Faculty Development Programme for Pre-Primary and Primary level children by Bhavan's Leelavati Munshi College of Education (BLMCE) on July 8,2022.
- NEP 2020: Vision for School Education School Teachers by Bhavan's Leelavati Munshi College of Education (BLMCE) on July 8, 2022.
- Experiential Learning by Bhavan's Leelavati Munshi College of Education (BLMCE) on July 9, 2022.
- Activity Based Learning by Bhavan's Leelavati Munshi College of Education (BLMCE) on July 9, 2022.
- Language Across Learning the Curriculum Approach (LAC) by Bhavan's Leelavati Munshi

- College of Education (BLMCE) on July 10, 2022.
- Kinds of Learners in Our Classroom by Bhavan's Leelavati Munshi College of Education (BLMCE) on July 10, 2022.
- Assessment Tools and Techniques by Bhavan's Leelavati Munshi College of Education (BLMCE) on July 11, 2022.
- Collaborative and Cooperative Approach to Learning by Bhavan's Leelavati Munshi College of Education (BLMCE) on July 11, 2022.
- Assessment Rubrics and their uses Bhavan's Leelavati Munshi College of Education (BLMCE) on July 13, 2022.
- Building Inclusive Classroom by Bhavan's Leelavati Munshi College of Education (BLMCE) on July 13, 2022.
- 21st Century Skills by Central Board of Secondary Education (CBSE) on August 2, 2022.

### Primary Department Ms. Ritu Sehgal, Ms. Indu Banerjee, Ms. Renuka Upadhyaya, Ms. Jayashree Rajagopal, Ms. Rajni Bhatt, Ms. Pinky Kaul & Ms. Shweta Attended Following Webinars:

- Disaster Management Assessment and Evaluation Bhavan's Leelavati Munshi College of Education (BLMCE) on May 23, 2022.
- Artificial Intelligence (AI) by Bhavan's Leelavati Munshi College of Education (BLMCE) on May 25, 2022.
- NEP 2020: Vision for school education and school teachers by Bhavan's Leelavati Munshi College of Education (BLMCE) on June 8, 2022.
- Activity based learning by Bhavan's Leelavati Munshi College of Education (BLMCE) on June 9, 2022.
- Copy of Toy based Pedagogy (CBSE DIKSHA PORTAL) Central Board of Secondary Education (CBSE) DIKSHA PORTAL on June 9,2022.

## **English Faculty Members Attended The Following Webinars:**

#### MS. SHARMILA SAHA

• Setting Outcomes in Teaching Learning [COE] by Pankaj Munjal on July 8, 2022.

- How to Produce Top Class Results by Harsha Agarwal on July 13, 2022.
- Effective Communication Skills [COE] by Vibha Khosla on July 14, 2022.
- Teaching Strategies in English [COE] on July 21, 2022.
- Happy Teachers Create Happy Classrooms [COE] on July 28, 2022.

### MS. UMA SENGUPTA

- Hybrid Learning: What Best schools do by Homework App on June 13, 2022.
- Effective Communication Skills by COE Delhi East on June 22, 2022.
- Teaching Strategies in English (Secondary Level) by COE Delhi East on June 22, 2022
- Art Integration concepts for Sr. Sec (English Core) by COE Thiruvananthapuram on June 22, 2022

### MS. SAUMYA NAIR

- Teaching Strategies in English (Secondary Level) by Central Board of Secondary Education (CBSE), COE Patna on April 7, 2022.
- Focusing on Competency Based Education by Central Board of Secondary Education (CBSE) COE Allahabad by April 21, 2022.
- CBP session on -"21st Century Skills" by Central Board of Secondary Education (CBSE), COE Bhopal on May 23, 2022.
- Five days online training on "Digital Tools for Teaching, Learning and Assessment of Specific Subjects" by CIET-NCERT on May 23- 27, 2022.
- Hybrid Learning by Homework App on June 15, 2022.

### MS. MONA PATRAS

- Artificial Intelligence Appreciate by CBSE DIKSHA on May 28, 2022.
- Adopting Inclusive Practices in Classroom by Sandeep Kumar (Delhi East, COE) on May 28, 2022.
- Focusing on Competency Based Education by Central Board of Secondary Education (CBSE), COE Bengaluru on June 28, 2022.
- Salient Features of National Education Policy 2020 Central Board of Secondary Education (CBSE), COE Allahabad (Prayagraj) on June 29, 2022.

• CBP session on Story Telling in Classroom CBSE, COE Delhi on June 30, 2022.

#### MS. TULSI BAURA

- Adopting Inclusive Practices in classroom by Sandeep Kumar (Delhi East, COE) on May 28, 2022.
- Story telling in classroom by COE, Delhi East on May 30, 2022.
- Hybrid Learning Online by Homework App on June 15, 2022.
- Developing Resilience in Students by COE, Pune July 6, 2022.

### MS. RICHAJAIN

- Storytelling in Classroom by Central Board of Secondary Education (CBSE), Delhi East on June 9, 2022.
- Strengthening Reading Competency by Central Board of Secondary Education (CBSE), Delhi East on June 15, 2022.
- Digital Learning and Management by Central Board of Secondary Education (CBSE), Delhi East on June 22, 2022.
- Teaching Strategies in English (Secondary Level) by Central Board of Secondary Education (CBSE), Delhi East on July 15, 2022.
- 21st Century Skills by Central Board of Secondary Education (CBSE), Delhi East on July 19, 2022.

#### MS. HEENAJAIN

- Competency Based Questions by Homework App on July 1, 2022.
- Question Paper Design as per New Pattern by Homework App on July 11, 2022.
- NEP-Lesson Planning by Homework App on July 12, 2022.
- Integrating Drama in Classroom by Homework App on July 15, 2022.
- Strengthening Reading Competency by Homework App on July 23, 2022.

## Hindi and Sanskrit Department Teachers Attended Following Webinars:

### MS. DIMPLE JONEJA

- Classroom Nurturing by Homework App on June 11, 2022.
- Concept Of Augmented Reality by My Centra Learner on June 17, 2022.

- Professional growth for teachers by My Centra Learner on June 20, 2022.
- Interview Skills by My Centra Learner on June 21, 2022.
- POCSC Act by My Centra Learner on June 23, 2022.

# MS. ANJU BALA, MS. VIJAY LAXMI SHARMA, MS. RENU SHARMA AND MS. RAKHI KAPOOR

- Teaching Strategies in Hindi (Secondary Level) by Central Board of Secondary Education (CBSE) on April 4, 2022.
- हिंदी व्याकरण विवादास्पद विषय बिन्दुओं पर चर्चा by Dr. Ravi Prakash on April 4, 2022.
- विशेषण एक व्यापक परिदृष्य by Dr. Ravi Prakash, Full Marks Pvt. Ltd. on April 11, 2022.
- हिंदी शिक्षा प्रणाली Kriti Prakashan Pvt.Ltd. on May 15, 2022.

### MS. NEELAM RANI AND MS. NEETA SRIVASTAVA

• हिंदी शिक्षा प्रणाली Kriti Prakashan Pvt.Ltd. on May 15, 2022.

### MS. NEERU NIGAM

- NEP 2020 Objectives by Ashok Ganguli, Ex-Chairman CBSE on September 12, 2022.
- Teaching strategies in Hindi (Secondary level) by Central Board of Secondary Education (CBSE) on June 29, 2022.
- Practicing Blended Learning by Central Board of Secondary Education (CBSE) on June 21, 2022.
- POCSO Act by My Centa on June 23, 2022.

## Mathematics Faculty Members Attended The Following Webinars:

### MS. MEGHARELAN DHAMIJA

- Art of Communication An era of Holistic Development on June 9, 2022.
- Hybrid Learning on June 10, 2022.
- 3 C's of Education on June 14, 2022.
- Educating students for 21st Century on June 16, 2022.
- Improve each child with personalized Learning on June 20, 2022.

#### MR.ATUL CHANDRA

- Hybrid Learning by Homework App on June 17, 2022.
- Understanding Multiple Intelligence by Central Board of Secondary Education (CBSE) on June 21, 2022.
- Joyful Mathematics by Central Board of Secondary Education (CBSE) on June 28, 2022.
- Teaching Strategies in Mathematics Secondary Level by Central Board of Secondary Education (CBSE) on August 12, 2022.
- Focusing on Competency Based Education by Central Board of Secondary Education (CBSE) on August 24, 2022.

### MS. SWATI GUPTA

- Discover your Potential as a Teacher on June 15, 2022.
- Lesson Plans Based on NEP Part 1 on June 25, 2022.
- Lesson Plans Based on NEP Part 2 on June 27, 2022.
- Salient Features of NEP on June 29, 2022.

### MS. HEMABISHT

- Flipping Learning with Talking Presentation (Canva) by CENTA web series from May 17 to 30, 2022.
- Discover your Potential as a Teacher by Homework App on June 14, 2022.
- Experiential Learning by AIEF trainer Ayesha Tazeen from Homework App on June 15, 2022.
- Webinar on Action Research by AIEF on June 16, 2022
- 21st Century Challenges by Homework App on June 16, 2022.

### MS. JESSAMMA JOSEPH AND MS. REMYA MENON

- Hybrid Learning: What Best Schools are doing Part 1 on June 10, 2022.
- Hybrid Learning: What Best Schools are doing Part 2 on June 13, 2022.
- 3 C's of Education on June 14, 2022.
- Discover your Potential as a Teacher on June 15, 2022.

#### MS. RONANGANA DASTIDAR

- Thinking Mathematically in Physical World on June 27, 2022.
- Types of Geometrics and their Need on June 29, 2022.
- Generalisation in Mathematics on June 30, 2022.
- Matific Math League Teacher Training Programme on December 3, 2022.

#### MS. SUPREET KAUR

- World Environment Day by DLF Public School & Lung Care Foundation on June 4, 2022.
- Knowing your Learners 5 days Faculty Development Program from June 8 to 13, 2022.
- Discover your Potential as a Teacher by Homework App on June 15, 2022.
- Hybrid learning by Homework App on June 16, 2022.
- Matific Maths League Teacher Training on November 28, 2022.

## Science Faculty Members Attended The Following Webinars:

#### MS. AARTI CHOPRA

- Disaster Management on April 10, 2022.
- Changes in chemistry syllabus 2022-2023 on May 4, 2022.
- Scientific lesson plan on May 10, 2022.
- Physics Project for class XII (HUBS) on May 13, 2022.
- Lesson plan based on NEP 2020 by Homework App on June 27, 2022.

### **MR.AMITJAIN**

- Capacity Building Program on National Education Policy by Central Board of Secondary Education (CBSE) on May 12, 2022.
- Hands on Physics Project (HUBS) at Kerala School on May 13, 2022.

#### MS. ANNU SAGAR

- Scientific Lesson Plan by Directorate of Education (DoE).
- Happy Teachers Creates Happy Classroom by Central Board of Secondary Education (CBSE) on June 9, 2022.
- Salient Features of National Education Policy

- 2020 by Central Board of Secondary Education (CBSE) on June 10, 2022.
- Teaching strategies in Science by Central Board of Secondary Education (CBSE) on June 22, 2022.
- 21st Century Skill by Central Board of Secondary Education (CBSE) on June 27, 2022.

### MS. AVNEET KAUR BABBAR

- CUET Test Item Writing Confidential Workshop by The National Testing Agency (NTA) on April 9, 2022.
- Online Course on Action Research in Educational Technology (6 months asynchronous online course) by CIET-NCERT on April 30, 2022.
- National Conference on Life Science How to promote Mental Health? BVB Vidyashram, Jaipur on June 16, 2022.
- National Conference on Life Science Joy of Sustainability BVB Vidyashram, Jaipur on June 16, 2022.

#### MS. SHILPI JOSHI

- NEP- It's Impact on Teachers and Schools and What you can do about it on June 4, 2022.
- Integrating Competency Based Learning in Classroom by Learn Fest on June 19, 2022.
- Safer and Greener Chemistry Labs by Ministry of Education from July 19 to July 25, 2022.
- Digital essentials Dr. Bhavana Chibbar and Ms. Maninder Kaur on August 26, 2022.
- Hybrid learning on September 12, 2022.

### MS. PREETI GUPTA

- Teaching is a social Engineering by Homework App on May 20, 2022.
- Hybrid Learning Webinar by Homework App on June 10, 2022 and June 13, 2022.
- How to produce top class results for your class by Homework App on July 13, 2022.
- Major changes and highlights of NEP 2020 by Homework App on July 29, 2022.

#### MS. VANDANA PANDEY

- Fostering Critical thinking skill by Central Board of Secondary Education (CBSE) on May 10, 2022.
- Digital Learning and Management by Central Board of Secondary Education (CBSE) on May 12, 2022.

- Setting Outcomes in Teaching Learning by Central Board of Secondary Education (CBSE) May 26, 2022.
- Blended Learning by Central Board of Secondary Education (CBSE) on June 2, 2022.
- Increasing Learning Capacity on January 30, 2023.

### MS. AKANKSHA MALHOTRA

- Careers in Nutrition Science by Mrs. Ranjani Harish on May 7, 2022.
- Scientific Lesson Plan by Ayesha Tazeen on May 10, 2022.
- Teaching Strategies in Science (Secondary Level) on May 25, 2022.
- Improve each student with Personalized Learning on June 20, 2022.

#### MS. SHEFALI BAREJA

- Teaching Strategies in Science (Secondary Level) on May 25, 2022.
- Developing Scientific Temperament on June 9, 2022.
- Educating students about 21st Century Challenges on June 16, 2022.
- Hybrid Learning What best teachers and Schools are doing on June 24, 2022.
- Lesson Plan Based on NEP by Homework App on June 27, 2022.

### MS. NIDHI PANDE

- Experiential Learning in Practice by CoE on May 24, 2022.
- Developing Scientific Temperament by CoE on May 27, 2022.
- Zero Waste Lifestyle on June 3, 2022.
- Environmental Education in Practice by CoE on June 28, 2022.

#### MS. DEEPTI SRIVASTAVA

- Pedagogy of EVS by CoE Delhi East IP Ext. on May 19, 2022.
- Zero Waste Lifestyle on June 3, 2022.
- Selection of Effective Teaching Learning Material by CoE on July 12, 2022.
- Setting Outcomes in Teaching-Learning by CoE on July 14, 2022.
- Digital Essentials for Teachers by CoE East Delhi on August 19, 2022.

• 26th Sept EKLAVYA 3030 webinar series on September 26, October 3, 10, 17, 24, 2023

# **Social Studies Faculty Members Attended the Following Webinars:**

### DR. JAGRITI SHARMA

- Bullying Among School Students: A Deep Dive by HT Dialogues on September 8, 2022.
- AI For All by Central Board of Secondary Education (CBSE) on November 18, 2022.
- Swami Vivekananda's Teachings: Relevance For Today's Students by Central Board of Secondary Education (CBSE) on January 12, 2023.

### MR. AJAY BHARADWAJ

- Preparation of Cash Flow Statement by Sultan Chand & Sons (Pvt ltd) on April 4, 2022.
- CUET and New Admission System Sultan Chand & Sons (Pvt ltd) on May 28, 2022.
- Accountancy Webinar on CUET (UG), Discussion and General Guidance on Mock Examination Paper by Sultan Chand & Sons (Pvt ltd) on July 11, 2022.

#### MS. KEERTI CHATURVEDI

- Classrooms as Nurturing Ground for Students by The Homework App on June 18, 2022.
- Educating Students For 21st Century by The Homework App on June 18, 2022.
- Social Media as an Effective Educational tool by The Homework App on June 23, 2022.
- Lesson Plans based on NEP 2020 by The Homework App on June 27, 2022.

#### MS. ARADHANA GAMBHIR

- Becoming a Better Teacher: Maximizing Learning and Minimizing Effort by APS on December 8, 2022.
- Launch of CBSE's Draft Learning Frameworks of Classes XI-XII by Central Board of Secondary Education (CBSE) on February 17, 2023.
- The Mental Health Parity Law What You Need To Know About Mental Health Benefits in The Workplace by APA on March 2, 2023.
- KREA Professional Development Program Mind Matters by KREA on March 31, 2023.

### **MS. JASMIN NISHA**

• Teaching Strategies in History (Sr. Sec.) by

- Central Board of Secondary Education (CBSE) on June 23, 2022.
- Art Integration Across Curriculum by Central Board of Secondary Education (CBSE) on July 27, 2022.
- Item-Writing: Multiple Choice Questions by Central Board of Secondary Education (CBSE) on August 6, 2022.
- Teaching Strategies in Social Science (Secondary Level) by Central Board of Secondary Education (CBSE) on August 30, 2022.
- Fostering Critical and Creative Literacy by Central Board of Secondary Education (CBSE) on October 26, 2022.

### **MSASHIMAVIRMANI**

- Writing Confidential Workshop by NTA on March 30, 2022.
- Orientation Session for the Development of Test Items by NTA on April 9, 2022.
- NEP by Central Board of Secondary Education (CBSE) on June 16, 2022.

### MS JYOTIEE VERMA AND MS. SAUMYA MARWAH

- Hybrid learning: What the Best Schools are Doing part – 1 by Homework App on June 10, 2022.
- Hybrid learning: What Best Schools are Doing part 2 by Homework App on June 13, 2022.
- 3 C's of Education by Homework App on June 14, 2022.
- Lesson Plans based on NEP part 1 by Homework App on June 25, 2022.
- Lesson Plans based on NEP part 2 by Homework App on June 27, 2022.

# Computer Science Department Teachers Ms. Smita Malik, Ms. Parinita Sengupta, Mr. Mukesh Chugh, Ms. Aditi Agarwal and Ms. Gunjan Kakar Attended Following Webinars:

- Phishing, Vishing & Smishing: Concept and Safety Concerns by NCERT on May 6, 2022.
- Cyber Safety by Dr. Anoop Mathew, Expert Speaker on May 27, 2022.
- AI For All AI Aware by Ministry of Education on November 18, 2022.

- AI For All AI Appreciate by Ministry of Education on November 18, 2022.
- Impact of Mass Media & Technology in Education by Central Board of Secondary Education (CBSE) Skill Unit on December 27, 2022.
- NEP 2020 Challenges & Solutions by Ministry of Education on December 28, 2022.

### Physical Education Department Teachers Mr. Prakash Rawat, Mr. Rakesh Rai and Ms. Dayawati Attended Following Webinars:

- Creative intelligence May 17, 2022.
- Action Research on May 18, 2022.
- Life Management on May 20, 2022.
- Emotional Intelligence & Corporal Punishment on May 25, 2022.

# Fine Arts Department Teachers Attended Following Webinars:

### MS. KIRTI SARKAR

- Cyber Safety on May 27, 2022.
- HT Dialogues Bullying among School Students Deep Drive on September 8, 2022.

## MS. PURNIMA ROY AND MR. DEEPAK AGGARWAL

- Cyber Safety on May 27, 2022.
- New Education Policy 2020 & Performing Arts by Dr. Hemlata S Mohan CCRT, Dwarka on August 27, 2022.
- HT Dialogues Bullying Among School Students Deep Drive on September 8, 2022.

### MS. BHARTI BHARADWAJ

- Action Research on May 18, 2022.
- Cyber Safety on May 27, 2022.
- HT Dialogues Bullying among School Students Deep Drive on September 8, 2022.

### Report on Mathematics day

Bharatiya Vidya Bhavan's Mehta Vidyalaya Mathematics Day assembly was conducted on 22nd December 2022. Every year 22nd December is observed as National Mathematics Day to mark the birth anniversary of Srinivasa Ramanujan, a legendry Indian mathematician who made legendry contribution to mathematics.

The Mathematics Day was celebrated with the objective of creating awareness about importance of mathematics in day to day life situation and also create students interest in studying mathematics.

As a part of the celebrations, students across classes III – XII participated in several math based activities such as Maths poem, Maths race, Mathematical tambola, Mathematical dance, quiz, group song and speech which helped in development of conceptual understanding, logical reasoning, creativity, teamwork, mathematical resilience and perseverance. A movie show RAMANUJAN was also arranged for the students of class VIII to make students aware about the life journey of the great mathematician and his achievements.

The assembly was marvellous amalgation of mathematics in daily life. The winners of various events and mathematical olympiad were felicitated with the certificates by our respected Principal ma'am Dr. Mrs. Anju Tandon, Vice Principal ma'am Mrs. Alka Jayaswal and HOD Maths Mrs. Bandana Kumar. The assembly was concluded with the best wishes from Principal ma'am who congratulated them for their efforts and participation in the Math week celebration.







# Report of Activities conducted by Science Department 2022–23

The Science Department helps students to develop a deep understanding of the natural world, raise awareness about environmental issues, sustainability and the impact of human activities on the planet. It equips students with the knowledge and skills necessary to function as informed and responsible citizens. It also encourages the development of scientific attitude, problem-solving skills, critical thinking and sparks student's curiosity about the world around them that can lead to scientific discoveries and innovations.

- Antara Sharma(IX D) and Rudransh Tiwari(IX D) participated in CBSE SCIENCE EXHIBITION on the Topic - Trash to Treasure Eco Smart City on 19th and 20 th Dec, 2022 at Arwachin School, Delhi.
- NAEST NATIONAL ANVESHIKA EXPERIMENTAL SKILL TEST was conducted for the students of classes IX to XII in July, 2022.
- Students from class 6th to 11th participated in VIDYARTHI VIGYAN MANTHAN on 27th November 2022-23. It is a National Level Examination which tests the Scientific Temperament and finds the little hidden scientists all around India. RUDRANSH TIWARI of 8th secured 2nd Position at DISTRICT LEVEL. Teacher in charge Ms Avneet Kaur Babbar, Mrs Preeti Gupta and Ms Shefali.
- INTERNATIONAL OLYMPIAD OF SCIENCE 2022 was conducted on 15.12.2022 successfully under the leadership of IOS Incharge Mr Amit Jain to inculcate scientific temperament amongst students.

- SCIENCE DAY ASSEMBLY was conducted on 9th December 2022 to felicitate the prize winners of Science week celebration and Science exhibition. Students across classes 3rd to 12th participated in several science based activities such as science debate, Science poster presentation, Slogan writing and Science Toon. They prepared several toy-based models and performed "Fun with Science" activities on the science exhibition day.
- MUKHYAMANTRI VIGYAN PRATIBHA PARIKSHA(MVPP) 2023 was conducted on 22.01.23 by DOE, Science Branch. Three students from our school qualified the exam this year under the guidance of teacher incharges Ms. Preeti Gupta and Ms. Vandana Pandey.
- Students of classes 9th to 11th participated in Master Chef Competition Minerva 2022

   Winter Carnival on 25th December 2022 at Apeejay School, Panchsheel Park, Sheikh Sarai, New Delhi. Yashwit Doorvi of class 11th secured 1st Position in Salad Making. Aayushi Poddar and Riddhima Varma of class 9th secured 1st position and 2nd position respectively in Fireless cooking.
- Students of class 11th participated in an Immersive workshop on Fashion and Design on 20th December 2022-23 at Pearl Academy. The students participated in different hands-on sessions wherein they created articles using different techniques of design and presented a round of fashion show.

• Students of class VIII attended 9th International IIHM-Young Chef Olympiad- Grand Opening Ceremony and International Congress on Sustainability in Tourism and Hospitality at Siri Fort Auditorium, New Delhi on 29th January 23.











### **SOCIAL SCIENCE DEPARTMENT**

#### WORLD HERITAGE DAY

UNESCO has declared 18th April as World Heritage Day to preserve the heritage of people all over the world. This year the theme was 'Heritage and Climate'. The day reminded everyone of the significance of Heritage for all of us as our school embodies the ideal of "Sanskrit and Sanskriti". Brochures and collage making activities were carried out by students to commemorate this day.

# RELEASE OF E-SOUVENIR ON WORLD HERITAGE DAY

The history students of Class XII (2022-23) under the guidance of Ms. Jasmin Nisha created an e-souvenir to instill in everyone pride and respect for our national heritage and an awareness that these monuments need to be preserved. The E-Sovenior was released by Principal, Dr. Anju Tandon to commemorate World Heritage Day.

#### **DISASTER MANAGEMENT ACTIVITIES**

On April 18, 2022; Mr. Sajjan Kumar, an ex-fire officer, conducted practical disaster management sessions for classes 3 to 12. An Earthquake Preparedness Mock Drill on April 28

engaged students and staff in crucial earthquake response actions. Staff received comprehensive disaster training on May 23,2022 while another significant Earthquake Preparedness Mock Drill occurred on October 10, reinforcing preparedness under school leadership. These date-wise events highlight the school's holistic approach to safeguarding its community.

# RELEASE OF LEGIS VOL III ON CONSTITUTION DAY

Constitution Day, also known as 'Samvidhan Divas', is celebrated in our country on 26 November every year to commemorate the adoption of the constitution of India. On 26 November 1949, the Constituent Assembly of India adopted the Constitution of India, which came into effect on 26 January 1950. As a part of the celebrations, The Legis Legal Magazine VOL III was released on 17 November, 2022 by the Principal, Dr. Anju Tandon to highlight the important legal aspect and current affairs. The Social Science Department planned innovative activities to highlight and reiterate the values and principles enshrined in the Constitution of India.



#### **RELEASE OF MUDRAA**

The first edition of the Economics & Commerce magazine MUDRAA prepared by students of XI was released by Principal, Dr. Anju Tandon. This thought-provoking magazine included articles on India's G-20 Presidency, articles on stock market, the ongoing Global Economic crisis, SEBI, fodder inflation, famous Indian entrepreneurs, unicorn startups etc. It was prepared under the guidance of Mr.Ajay Bharadwaj, PGT(Commerce) and Mrs. Keerti Chaturvedi, PGT(Economics).











# **English Department**

The English department of our school celebrated the English Language Week from 2 May to 6 May, 2022 and showcased a special assembly on 9 May, 2022 as a tribute to the Bard of Bengal on the occasion of Guru Rabindranath Jayanti. The school was abuzz with wide range of activities to enhance the confidence and the language proficiency of the students. The assembly proceedings showcased a role enactment on Tagore, brief write up on the writing style of Tagore, rendition of Tagore's popular song 'Ekla Chalo Re', recitation of Tagore's poem-'Where the Mind is Without Fear' and the highlight was the skit enactment of Tagore's short story -'Kabuliwalla' by Class VIII students.

All meritorious winners of English week activities were awarded a certificate by Dr. Anju Tandon, School Principal; Mrs. Alka Jayaswal, Vice Principal & Mrs. Sharmila Saha, HOD, English department. Dr. Anju Tandon, School Principal complimented all participating students & the English department for putting up a wonderful assembly as a tribute to the Nobel Laureate whose writings have touched everyone's lives.

















# Cyber Jagrookta Diwas

According to guidelines of DoE, the first Wednesday of every month is celebrated as Cyber Jagrookta Diwas. The IT department at BVBMV is conducting many activities under guidance of HOD (IT) Mrs. Smita Malik and Program Coordinator, Mrs Aditi Agarwal. Our students are actively participating in it and have been successful in creating awareness on Cyber Safety. The students of different classes participated in a Paper flower making activity with 5 petals. Each petal should contain the name of a kind of cyber threat. Students also made posters on "How to remain safe in the cyber world". A Cyber Safety session for the students was conducted. The students of class VI actively took part in Tricolor Kite making activity for

depicting different cyber safety rules. An assembly by class X students on Cyber Jagrookta

Abhiyaan was also organised by the IT department. In the view of all these cyber safety

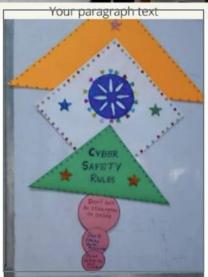
activities our students have also designed a brochure on Cyber Safety.











# Cyber Jagrookta Diwas





### IT DEPARTMENT

In today's educational landscape, information technology plays a pivotal role in facilitating teaching, learning, and administrative processes. The IT Department of the school is entrusted with the responsibility of managing, maintaining, and enhancing the technological infrastructure that supports the educational mission of our school.

The Department is the backbone of our institution's technological ecosystem. It encompasses a wide range of functions, from ensuring the availability and security of digital resources to providing technical support to educators, staff, and students.

Over the past years, the School IT Department has been at the forefront of several innovative initiatives aimed at transforming education in line with NEP 2020's vision.

#### **KEY ACCOMPLISHMENTS INCLUDE**

**Digital Content Creation:** Developing and curating digital learning resources aligned with the NEP's multidisciplinary approach.

**Tech-Equipped Classrooms:** Upgrading classrooms with interactive whiteboards, projectors, and high-speed internet for an interactive and technology-rich learning environment.





#### Teacher Training Programs:

Conducting regular training programs for educators to integrate technology effectively in teaching practices.

Our dedicated IT team is committed to staying updated with the latest technological trends and educational pedagogies to effectively support NEP 2020's goals. The team plays a crucial role in:

#### Professional Development:

Participating in regular training and certifications to maintain expertise in educational technology.

**Technical Support:** Offering round-the-clock technical assistance to







Academic Coordinator Mrs. Jagriti Sharma.

ensure seamless online and offline learning.

The School IT Department is poised for continued growth and alignment with NEP 2020.

#### **IT CURRICULUM**

Designing an Information Technology (IT) curriculum for students of Classes I to XII involves a structured approach that aligns with the age, developmental stage, and educational objectives of each class.

The curriculum includes Hands on Experience for classes 1 & 2, Computer literacy programme for 3-8, AI for classes 6-8 as per CBSE curriculum, Computer Applications in Classes 9 & 10, Web application as skill subject in classes 11 & 12, Computer Science with python as elective subject in Classes 11 & 12.

# INTERNATIONAL INFORMATICS OLYMPIAD

The department organized an International Informatics Olympiad on 1 st December 2022, for students of classes III to XII.

The meritorious students of International Informatics Olympiad were felicitated on 4th May 2023. The students brought laurels to the school by achieving good results.

They were felicitated and blessed by the Vice Principal Mrs. Alka Jayaswal and Sr.

# **Work Experience Department**

The Work Experience department is the pillar of the school as it carries forward the cultural ethics of Bharatiya Vidya Bhavan's Mehta Vidyalaya which is Sanskrit and Sanskriti. The department is headed by Mrs. Kirti B. Sarkar. The department instills creativity in various work experience subjects like Drawing, Dance, Vocal Music, Instrumental Music, Craft, Robotics, Band, Tabla and Woodcraft.



At the onset of the curricular

training, the primary students are also introduced to the various art forms to make an art integrated learning. At primary level dance, music, clay, craft and drawing are introduced. As the students graduate to class VI the (Middle school) they choose their preferred work experience, and learn the skills till class X. This develops a vocational skill which can be followed as a passion or taken up further as a profession.

The department also presents all major cultural shows held at school, various competitions relating to the creative fields are looked after by the department. All the national festivals, Basant Panchami, Christmas, Annual functions, Farewell, Swaranjali and various other functions to celebrate various festivals and occasions are taken up and students are trained to give wonderful performances. Various foreign delegates have been gifted with beautiful paintings and have witnessed some of the finest dance and musical performances.

Art integration in various subjects is an integral part of the syllabus. All the subjects Maths, Science, S.S.T, English, Hindi, and many subjects have been integrated through art. It is a very important aspect of the learning process as it decompartmentalizes the learning and makes it interesting for the students, and is a must as per C.B.S.E. curriculum.

Workshops are taken by the Department during the Summer vacations for the students and Teachers. These workshops are a major stress buster for the students and teachers.

The department also has, to its credit, 24 medals and two trophies in the D.O.E painting, dance, music and craft Competitions. The students were prepared by Mrs Kirti B. Sarkar, Mrs Papia Das, Mrs Purnima Roy, Mr Deepak Aggarwal and Mrs Bharti Bhagi. The Art students also painted the pillars of the Mehta Sadan with beautiful motifs.







# **Sports Department**

Physical fitness is an empowering attribute and a key element of a healthy life. Playing sports not just leads to a healthy life but also helps in building good relationships with peers, classmates, friends and family, and it strengthens students' horizons of conceiving things. The main goal of the sports department at Mehta Vidyalaya is to organize training and coaching so that students can learn to maintain themselves physically fit while also encouraging mass participation of the students in different sports activities. It cultivates the young talent of aspiring athletes and fosters traits like sportsmanship and teamwork among the students.

The state-of-the-art sports complex of the school focuses on recreational, instructional, competitive or a combination of these types of activities. The sports complex comprises of an athletic track, football ground, cricket pitch & net practice area, basketball court, badminton court, volleyball court, lawn tennis court, open air gym and swing area.

The Sports Department focuses on the organisation of the following events throughout the year: Sports Orientation Programme for Freshers; Fitness Camp; Competitive Sports Training & Competitions and Community Sports Activities. Additionally, the department organises Sports Day and Annual Athletic Meet wherein the budding sports enthusiasts are given a platform to showcase their talent. The winners who reach the victory stand are awarded with the medals and certificate of appreciation.



The Sports Department provides opportunity to each student of the school through specially designed activities and events for the students. Our students participate in various competitions at Inter-school, Zonal, State and National levels & have secured various positions. Some outstanding achievements of the department during the session 2022-23 were –

- 1. Dev Bhader of XII A participated in Gymnastics **Khelo India Youth Games** organised at Madhya Pradesh from January 30 to February 11, 2023 and bagged 3<sup>rd</sup> position in **66<sup>th</sup> National School Games (NSG)** held on 6 June, 2023.
- 2. Siddharth of IX-B was selected for **National Cricket Vijay Merchant Trophy** on 1 January, 2023.
- 3. Girls team comprising Ayushi, Urvi, Soumya & Khushi won 2<sup>nd</sup> position at **Badminton Zonal Tournament held at Tyagraj Sports Complex** on 26 & 27th July, 2022.
- 4. Boys team comprising Raghav, Shriasnsh, Rahul Krishna & Tanishk won 3<sup>rd</sup> position at **Badminton Zonal Tournament held at Tyagraj Sports Complex** on 26 & 27th July, 2022.
- 5. Boys team comprising Aniket, Abhimanyu, Vivaan, Laksh Baweja & Vinayak won 3<sup>rd</sup> position at **Table Tennis Zonal Tournament held at Sanskriti School** on 28 & 29th July, 2022.
- 6. Siddharth Kumar, Vikhyaat Jha, Yuvraj Chauhan & Sarthak Kapoor were selected in **Cricket Inter-Zonal Trial held at Modern School**, **B.K Road** on 13 October, 2022.
- 7. Following students won prestigious positions at **Zonal Yoga Competition held at Delhi Kannada School** from 03 to 05 September, 2022 -
  - \*Abhav Vijay -1<sup>st</sup> position in Artistic yoga \*Yug Gothwal 2<sup>nd</sup> position in Artistic yoga \*Kalash Shukhla – 3<sup>rd</sup> position in Artistic yoga \*Bhavya Shukhla - 2<sup>nd</sup> position in Artistic yoga
- 8. At **State Yoga Competition held at Chhatrasal Stadium** on 5 December, 2022 Lavanya won 3<sup>rd</sup> position.

## **Special Education Department**

Learning centre keeps a close association with the parents of the Children With Special Needs and their support in the form of 'Shadow Teacher'. With this concept of 'Shadow Teacher; parents are often called in the school as per their availability to monitor and assist their child's progress in the class. They sit with their child in the regular classroom and provide them all necessary support, guidance and individual attention. These parents are given appropriate guidance and support by the special educators at the resource centre about the various strategies and techniques to help the special children in a regular classroom situation. This way they consistently help their special child to eventually become a part of the mainstream classroom.

### **FARE THEE WELL**

School bid adieu to Mrs. Alka Jayaswal Vice Principal, Mehta Vidyalaya on her superannuation on May 30, 2023. She had rendered diligent service to the institution for 36 years.

Mrs. Bandana Kumar (PGT Mathematics) served the institution for 23 resilient years rendering invaluable service and was given a farewell on 31st March, 2023.

Mrs. Papia Das (TGT Fine Arts) superannuated on January 31, 2023 on completion of 27 years of her sincere and dedicated service at Bhavan.

Mrs. Pinky Kaul (PRT) superannuated and Mrs. Shiny George (Staff Nurse) took voluntary retirement from service on April 28, 2023 after rendering their devoted service to the institution.

Mrs. Parinita Sengupta (TGT Computer Science) took voluntary retirement from service. She served the institution for 22 years with diligence, dedication and sincerity.

Smt. Rajkala (MTS Staff) joined Bharatiya Vidya Bhavan's Mehta Vidyalaya in the year 1998. She served the institution for 24 years with sincerity and dedication.

We wish them a very happy and healthy retired life.















### WELCOME OF NEW STAFF MEMBERS

In the academic session 2022-23, the newly inducted teachers & staff who joined the Bhavan's family are-



Mr. Balishth PGT Sanskrit



Ms. Dimpy Mathur TGT English



Mrs. Bhagwati TGT Mathematics



Mrs. M. Minky TGT Social Studies



Mr. Saurav Kala TGT Computer Science



Mrs. Ruchi Yadav PRT EVS



Ms. Gursimran Kaur PRT Mother Teacher



Ms. Shalvi Shanker PRT Mother Teacher



Ms. Aswathy K K School Nurse



Mr. Ravi Dhawan Tabla Teacher



Ms. Ikra Adil Assistant Teacher



Ms. Lina Nag Assistant Teacher





Ms. Christina R. Assistant Teacher



Shweta Singh



We welcome and wish them a fruitful experience at Mehta Vidyalaya.

# Star Achievements By Young Achievers

The session 2022-23 saw a multitude of prizes being bagged by Mehta Vidyalaya students in both extra-curricular & co-curricular events and activities. Their achievements have brought laurels to the school. The entire Mehta Vidyalaya fraternity congratulates all these young achievers!

 Avik Negi (VIII A) and T. Samanway (VIII C) participated in Phase-1 of All India Asteroid

Search Campaign (AIASC) and received appreciation certificate for



their valuable efforts in observations for near-EARTH objects and main belt asteroids. They participated in the analysis of images from PAN-STARRS organized by SPACE INDIA in collaboration with International Astronomical Search Collaboration (IASC, Hardin-Simmons University, Texas, USA) on May 27—June 20, 2022.

- Yuvika Preenja (IX C) was selected for Khelo India Youth Games in Gymnastics competition held from 4th to 7th June 4 - 7, 2022 at Ambala, Haryana.
- Rahul Krishna (X A) played in Central State Level Badminton Championship and won 2nd Position in July 2022.
- Chaitanya Gautam (X A) played under-16 league 2022, organized by Delhi District Cricket Association (DDCA) under board of

control for cricket in India (BCCI) in April and

May 2022. He played 21 matches in 2022 and won (5) Man of the match award and the Best Bowler of the tournament award.



 Aditya Mukesh (X D) was selected for Under-16 state camp organized by Jharkhand state cricket association (JSCA) Under Board of control for cricket in India (BCCI).



 Tanvi Sharma (VIII D) a budding writer, wrote a couple of poems for a book titled 'Shabdon ki Baatein' published by 'Flairs and Glairs Publication House.



 Aditi Shekhar (IV B) and Aarav Gupta (V C) won first prize each in Junior Solo Light Singing Competition at DoE Zonal on July 27, 2022.



 Senior Girls group and Junior Boys group of Mehta Vidyalaya secured second & third positions respectively in DoE Badminton Zonal Tournament on July 27, 2022.



#### **ZONAL - YOGA**

Students participated and won positions in Zonal Yoga Competition on September 6, 2022.

#### **BOYS**

- Abhav Vijay (XI C) won 1st position (Artistic Yoga-Senior boys)
- Yug Gothwal (XI D) won 2nd position (Artistic Yoga-Senior boys)
- Harshit Dhaundiyal (XI B) won 3rd position (Individual Junior boys)
- Abhav Vijay (XIC) won 3rd position (Rhythmic Junior boys)







#### **GIRLS**

- Lavanya (VII A) won 1st position (Individual Sub Junior girls)
- Bhavya Shukla (VII D) won 2nd position (Artistic Yoga-Sub Junior girls)
- Kritika Bharti (VII D) won 2nd position (Individual Sub Junior girls)
- Kalash Shukla (XI A) won 3rd position (Artistic Yoga-Seniorgirls)









 Junior Boys team won 3rd position at Zonal table tennis tournament held at Sanskriti school, Chanakyapuri on August 2, 2022.



#### **ZONAL-SINGING/DANCE**

- Trinava Bose (VIII C) won 1st prize in Junior Solo Classical singing competition on August 6, 2022.
- ◆ Tanushka Verma (VIII D) won 1st position in Junior Light Solo Singing on August 4, 2022.
- Himani Dua (XI D) won 1st position in Senior Light Solo Singing







#### **ON AUGUST 1, 2022**

- Nandana Jaychandran (VIII A) won 1st prize in Solo Classical Dance
- Cherish Mallik (V A)- won 1st prize in Rajasthani folk dance
- ◆ Varish Jain (V C) won 2nd prize in Solo Maharashtrian folk dance



- Sarah Namah (IX D) 3rd prize in Solo Classical Dance (Kuchipudi) in Zonal solo dance competition.
- Bhuvnesh Vikramaditya (VIII
  B) won 2nd in Strings/ Swar
  (Jr. Boys category) at Inter
  Zonal Instrumental Solo
  Competition by DoE on
  August 8, 2022.

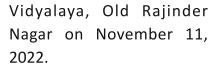


- School Team won 3rd position in DoE Zonal Patriotic (Group) Competition held at JPM Sr. Sec. School, Lodhi Estate on August 23, 2022.
- School Music Group won 2nd position in Group Folk Song in Zonal Competition by DoE on August 26, 2022.
- Koyal Shruti (IX D) won 1st in Strings / Swar (Sr. Girls category) on August 8, 2022; 1st position in District Level (Zone 26,27,28) Kala Utsav Instrumental (MELODIC)



Competition under Samagra Shiksha on September 7, 2022.

- Nandana Jaichandran (VIII A) won 2nd position in Solo Classical Dance Competition on September 14, 2022 at SKV, Old Rajendra Nagar.
- Abhav Vijay (XI C) won 1st position in District Level Kala Utsav Solo Classical Dance Competition under Samagra Shiksha, at Swami Dayanand Sarvodaya Kanya Vidyalaya, Old Rajinder Nagar on November 10, 2022.
- Ebnay Razi (XI B) won 2nd position in Boys category- District Level Kala Utsav Solo Traditional Folk Dance Competition under Samagra Shiksha, at Swami Dayanand Sarvodaya Kanya







Folk Dance Competition under Samagra Shiksha, at Swami Dayanand Sarvodaya Kanya Vidyalaya, Old Rajinder Nagar on November 11, 2022.

### BHAVAN'S MEHTA VIDYALAYA ZONAL JUNIOR ANNUAL ATHLETIC MEET NOVEMBER 22, 2022

- Bhavisya Nakul (V A) won Gold medal in musical chair
- Garv (III D) won Gold medal in Baton Pick and Run
- Aura Sharma (IV B) won Silver medal in relay race







- Bhumika (VB) won Silver medal in relay race
- Krystal (V C) won Silver medal in relay race
- Ananya Butola (V D) won Silver medal in relay race







- Vaishnavi (III B) won Bronze medal in Flat race
- Anmol Tiwari (IV B) won Bronze medal in relay race

- Samraat Sharma (V B) won Bronze medal in relay race
- Abhiraj Singh (V C) won Bronze medal in relay race
- Falansh Singh (V D) won Bronze medal in relay race
- Trijal Kumar (III B) won Bronze medal in Flat race







### SENIOR ZONAL DOE MEET-NOVEMBER 27, 2022

#### **BOYS**

- Farrid Alam (VIII B) won 2nd position in 400m; 3rd position in 100m; 2nd position in long jump.
- Marah Alam (IX B) won 2nd position in Discus Throw
- Rahul Krishna (X A) won 2nd position in 100m; 3rd position in 200m; 2nd position in 4x100m Boys
- Kartikey (XII B) won 2nd position in 4x100m Boys
- Jeevesh (XIII D) won 2nd position in 4x100m Boys
- Yash Kumar (XII A) won 3rd position in 100m;
   2nd position in 4X100 Boys



#### **GIRLS**

- Yuvika Preenja (IX C) won 2nd position in 4X100
- Vridhi Prakash (X A) won 2nd position in 4X100m Girls
- Bhumika (X B) won 2nd position in 4X100m Girls
- Akshita Dimri (XII A) won 2nd position in 4X100m Girls
- School Junior Boys team won 3rd position in Zonal table tennis tournament held at Sanskriti school, Chanakyapuri on August 2, 2022.
- Gali Yogivardhan (II B) won 2nd position in Inter School Shotokan Karate Championship held at Swastik Public School Delhi on November 27, 2022.
- Siddharth Kumar (X A) played National U-16
   Vijay Merchant Trophy organized by BCCI
   Vadodara (Gujarat) on December 1, 2022.
- Aditya (II A) won 1st position (Gold medal) in Junior Taekwondo ITF Championship 2022 held at ITF -Thyagraj Indoor Stadium Delhi on December 2, 2022.
- Vivan (I C) won 1st position (Gold medal) in Sub Junior Taekwondo ITF Championship 2022 held at ITF -Thyagraj Indoor Stadium Delhi on December 5, 2022.

The following are the winners of Delhi State Gymnastics Championship held on December 10, 2022-IG Stadium

- Dev Bhader (XII A) won Gold medal in Floor exercise; bronze medal in Roman Rings and Table Vault
- Yuvika Preenja (IX C) won Bronze medal in Table Vault
- ◆ Dev Bhader (XII A) won Gymnastic Zonal

- Competition held at Delhi State Indira Gandhi Indoor stadium bagged 5 Medals on December 20, 2022.
- Yuvika Preenja (IX C) won 3rd position in Junior National Gymnastics Championship held at Kerala from December 30, 2022 to January 3, 2023.

#### **ZONAL- CRAFT/ARTS**

- Smritiman Chakraborty (V A) won 2nd prize in DoE, Zonal Junior Painting Competition.
- Ayush Yadav (VIII A) won 2nd in Poster Making Zonal competition held at Raisina Bengali Sr. Sec School, Mandir Marg on August 25, 2022.
- Riddhima Singh (VII C) and Sonakshi Sengupta (VII C) won 2nd position in Best Out of Waste (Team) Zonal Competition on August 26, 2022.

#### **ENGLISH RECITATION**

 Rudransh Tiwari (VIII D) won 1st position under Junior Category in Zonal English Poem Recitation Competition on 05 August; 2nd position at 30th A. C. Deb Memorial Inter-School Oration Contest- 2022 on August 26, 2022 at Cambridge School, Srinivaspuri.

#### **SANSKRIT RECITATION**

- Trinava Bose (VIII C) won 2nd prize in Zonal Sanskrit Shloka Recitation Competition on August 17, 2022.
- Advaith Krishna (VII D) received a certificate for learning Chapters 12 & 15 of Shreemad Bhagvad Geeta.





#### **INFORMATION TECHNOLOGY**

- Gauri Aggarwal (IX A) & Pranav Kumar (IX D) won 3rd position in Omniscient-the Robotics event held at Ahlcon Public School on November 4, 2022.
- Tanvi Sharma (VIII D) & Adhyan Rustagi (VIII D) won 2nd position in the Scratch under IT Event Silicon Battles at Ahlcon Public School, Mayur Vihar on November 18, 2022.
- Bhavishya Nakul (IX A) & Advit Jain (IX D) won consolation prize in an inter-school IT event Geek<a/>Hertz held- St. Marks Sr. Sec. School on November 23, 2022.
- Tanvi Sharma (VIII D) & Adhyan Rustagi (VIII D) won 2nd position in an Interschool IT event CODEC held at Apeejay School on December 28, 2022.

### VIDYARTHI VIGYAN MANTHAN (DISTRICT LEVEL) EXAMINATION -2022 SEPTEMBER 27, 2022

The position holders were -

- Kshitij Sinha (VII B) won 1st position
- ◆ Rudransh Tiwari (VII D) won 1st position
- Bhavesh Lokesh Aggrawal (X C) won 1st position
- ◆ Sonakshi Sengupta (VII C) won 2nd position
- ◆ Trinava Bose (VII C) won 2nd position

- Supratik Sengupta (VIII A) won 2nd position
- Alisha (XB) won 2nd position
- ◆ Vivaan Indora (VII C) won 3rd position
- Adhyan Rustagi (VIII D) won 3rd position
- ◆ Aarushi Pandey (X C) won 3rd position

#### INTERSCHOOL COMPETITIONS

- Trinava Bose (VIII C) & N. Jithin (VIII C) won 3rd prize, received a certificate, & a cash prize of Rs 5,000/- each at the 'Know Your India Quiz' on Azadi ka Amrit Mahotsav organized by R.K. Mission on August 5, 2022.
- Pragati Palak (XII B) & Arnav Deo (X D) secured positions in Quiz Competition on the theme "Atom for Peace" held on August 23, 2022 at National Science Centre.
- Siddak Sharma (II C) and Tiya Sharma (KG B) won the Merit Top 25 trophy (out of 6000 participants) in 2nd National Abacus Competition on Sep. 4, 2022.
- Zenith Tanwar (III D) won 1st runner up & Raghav Sharma (III D) won 2nd runner up trophy in Abacus Junior Championship 2022 at Delhi Haat Auditorium on December 11 & 20, 2022 respectively.

### WINTER CARNIVAL – MASTER CHEF COMPETITION MINERVA AT APEEJAY SCHOOL-25TH DECEMBER 2022

 Yashwit Dorvi (XI A) won 1st Position in Salad Making,



- Aayushi Poddar (IX A) won 1st Position in Fireless Cooking
- Riddhima Varma (IX A) won 2nd Position in Fireless Cooking.

### MERIT SCHOLARSHIP FOR THE YEAR 2020 & 2021 DECLARED BY CENTRAL SANSKRIT UNIVERSITY, JANAKPURI ON JUNE 2022

- Adhish Goel (IX D)
- Drishti Lunia (IX D)
- Maera Khan (IX D)
- Sajal Lunia (IX D)
- Ayush Yadav (VIII A) participated in Online Singing Competition of Shiv Stotra on 18th February, 2023 won third prize of Rs. 750/and a certificate.
- Agrim Sharma (V C) won merit trophy in 2nd National Skill Smarter Abacus Competition, 2023.
- Aalif Khan (IV B) participated in Dilli Darbar, 2023 organized by the Ministry of Culture under the aegis of Azaadi Ka Amrit Mahotsav held at India Gate on February 10th to 12th 2023.
- A drawing of Akshara Lamxi A (IB) was put up in an exhibition organised from 27th to 29th March, 2023 at Hoogly, Kolkata. She got a certificate and a trophy.



### REPUBLIC DAY CELEBRATION AND BASANT PANCHAMI CELEBRATION 2023

Mehta Vidyalaya celebrated 74th Republic Day and Basant Panchami on January 25, 2023 with great pomp and show. It was a perfect amalgamation of patriotism and culture. The program started with a short prayer. Mr. Ashok Pradhan, Director, Bhavan Delhi Kendra, unfurled the national flag followed by the National Anthem. Thereafter, a floral tribute was paid to Maa Saraswati, the goddess of knowledge and wisdom.

Mr. Ashok Pradhan in his address laid stress on recent developments of our nation and about hosting the G20 summit this year. He also mentioned about 'Vasudhaiva Kutumbakam' to elucidate the country's global outlook. A plethora of activities was conducted that included speeches on the significance of Republic Day and Basant Panchami, Lively dance presentation on Saraswati Vandana, theme 'Vasudhaiva Kutumbakam', followed by a poem recitation on Basant Panchami and patriotic song presentation by school choir and energetic dance presentation on a patriotic song. It was indeed a unique celebration wherein the Republic Spirit and culture came

















### Pariksha pe charcha – 2023

#### 6th Edition of Pariksha Pe Charcha 2023

On 27 January, 2023 a team of 20 students of Mehta Vidyalaya along with teachers, Mr. Amit Jain & Ms. Saumya Nair went to Talkatora stadium to attend the 6th edition of PPC. They witnessed the live interaction along with the invited 2000 plus students & teachers from all

over the nation. It was a learning experience as the students listened intently to Shri Modiji give them tips on how to deal with exam stress, student-teacher connection, social media distractions, how to deal with criticism and much more. It was an enriching and proud moment to see and hear the charismatic Honourable PM of India.









#### LIVE STREAMING OF PARIKSHA PE CHARCHA -2023 AT SCHOOL

Pariksha Pe Charcha is a unique and popular initiative launched by the Honourable Prime Minister Shri Narendra Modi since 2018. This annual interactive program for the students,

teachers and parents has been providing support to students in overcoming examination stress while equipping teachers and parents to manage the stress during exams in a better manner.

On 27th January the PPC-2023 live streaming was telecasted for selected students of Mehta Vidyalaya, classes V to XI in the Multimedia Rooms and Munshi Memorial Hall. Students watched the program with great interest and gained a thorough understanding of the important mantras imparted by the Honorable Prime Minister of India, Shri. Narendra Modifor cracking the exams.









# 'Har Ghar Tiranga' Activity

To celebrate Azadi ka Amrit Mahotsava and participate in the Har Ghar Tiranga Abhiyan, a series of activities were held on 4th August, 2022 for the students of classes Nursery to VIII. Young learners of classes Nursery to II, proudly made Tricolour Flag using different methods like colouring, dabbing using ear bud, tearing pasting using tricolour papers etc. A mass PT was organized for classes III to VIII where students did PT drills wearing tri colour wrist bands and caps.

Principal Dr. (Mrs.) Anju Tandon and Vice Principal Mrs. Alka Jayaswal motivated and appreciated all the students who participated in various activities of 'Azadi Ka Amrit Mahotsav Manayenge, Har Ghar Tiranga Lehrayenge, Bharat ki Shaan Badhayenge'.













## Super Kiddos Day

The most awaited Super Kiddos Day was celebrated on February 28, 2023. On this day Nursery children were dressed up as their favourite superhero/ Disney character/ cartoon character. Children spoke about the cartoon they were dressed up as well as the unique characteristic/ reason why they liked the particular character so much. This was a fun filled activity where they could express themselves. Later on, some PEC (Physical Education Card) activities were also done to make the day more enjoyable for them.

































#### **Class XII Farewell Function**

Bharatiya Vidya Bhavan's Mehta Vidyalaya bid a heartwarming adieu to the outgoing batch of class XII on 3rd February, 2023. School Principal, Dr. (Mrs.) Anju Tandon accorded a warm welcome to the Chief Guest, dignitaries, parents and students. Shri Ashok Pradhan, Director Bhavan's Delhi Kendra bestowed his blessings on the students. The Chief Guest for the occasion Shri Jagdish Lakhani, Joint Executive Director, Bharatiya Vidya Bhavan, Mumbai, urged the students to follow their passion in whatever they chose to do. The school's biannual publication 'Bhavidya' Newsletter was released.





#### STUDENTS' WORKSHOP

#### **IMMERSIVE WORKSHOP ON FASHION AND DESIGN**

Home Science students of class XI A attended an Immersive workshop on Fashion and Design on December 20, 2022 at Pearl Academy, under the guidance of HOD Science Department Mrs. Aarti Chopra and Mrs. Akanksha Malhotra.

The students participated in different hands-on sessions wherein they created articles using different techniques of design and presented on a round of fashion show.

They also attended an Interior Designing session and prepared a personal space interior design model.







#### KATHAKAR-INTERNATIONAL STORYTELLERS FESTIVAL

Indira Gandhi National Centre for the Arts and Nivesh organized the 6th edition of Ghummakkad Narain Kathakar-International Storytellers Festival from 25th to 28th November 2022. The event was attended by the students of classes VIII and IX of Bharatiya Vidya Bhavan's Mehta Vidyalaya on November 28, 2022. It is one of the most popular festivals and is well-liked both by young students and adults. Students from schools and colleges have especially found it to be extremely educative

and enjoyable.



The festival showcased national and international storytellers from different regions of the world wherein stories from histories, epics, social themes, folk tales, and tales from animal kingdoms were narrated to the audience.



#### **CSIR – NATIONAL PHYSICAL LABBORATORY**

Science students of class XI visited the CSIR-National Physical Laboratory as part of their educational excursion on December 29, 2022, under the guidance of Mr. Amit Jain and Ms. Kusum Tomar.

Students comprehended how theoretical knowledge translates into practical applications, creating beneficial devices for the betterment of society.

Such experiences assist research-oriented students in discovering their potential research interests. The visit to CSIR-NPL proved to be a valuable learning experience for both students and teachers alike.













#### EXPERIMENTAL LEARNING PROGRAMME ON ENVIRONMENTAL SCIENCE

In an engaging educational event, Class IX students participated in the 'Experimental Learning Programme on Environmental Science' organized by the National Science Centre, Delhi in collaboration with the 'Earth Watch Institute' on December 21, 2022. During this program, students had the opportunity to interact with Dr. Sushil Kumar Dash, a distinguished faculty member from IIT Delhi, who shared insights on climate change issues and methods for monitoring and managing the



Air Quality Index (AQI) in our surroundings.

Furthermore, students were extended an invitation to work as Citizen Scientists in the near future, collaborating with Earth Watch Institute to operate AQI devices placed at the center. This immersive session left students motivated and more environmentally aware, instilling a sense of responsibility towards our planet.



The program was efficiently coordinated by Mrs. Vandana Pandey and Ms. Shefali Bareja, with the guidance and support of Mrs. Aarti Chopra, the Head of the Science Department.





#### **VISIT TO MOTHER DAIRY PRODUCTION UNIT**

The Commerce students of XII-C, and Economics students of XII-A, went on an educational excursion to the Mother Dairy Production Unit on October 31, 2022. They were accompanied by Mr. Ajay Bharadwaj and Mrs. Keerti Chaturvedi. The visit commenced with a warm welcome and a milktasting activity, followed by an in-depth discussion with the production unit's supervisor.

During the informative session, students gained insights into Mother Dairy's production processes, daily production volumes, consumption patterns, and the procedures involved in collecting milk from various farmers' cooperatives. They also had the opportunity to tour the entire plant, learning about the transportation methods and the critical temperature requirements necessary to maintain milk freshness.

The educational excursion concluded with a delightful treat of ice cream, and the students received

complimentary goodies from Mother Dairy. This handson experience left the students both informed and entertained, offering a unique and enjoyable approach to learning.









# Career Counseling Sessions for Students and Parents (2022-23)

#### **APRIL-MAY**

- → Session for students on "What to keep in mind while selecting stream in class XI. The session was taken by Career Counseling Experts from Pratham Institute.
- → Session on "Understanding Architecture and Designing as Career" was organized for students of classes XI & XII. The session was taken by Dr. Rashmi Ashtt, Director & Principal of Hindu College of Design, Architecture and Planning, New Delhi.
- ★ An online session was taken for students of Class XII ABCD on Understanding CUET by Career Experts from Career Development Centre.
- → Session for students and parents of classes XI and XII on "How to plan Study Abroad". The online session was taken by renowned Career Counselor, Mr. Jitin Chawla.

#### **JULY-SEPTEMBER**

- → Session for classes XI & XII on Emerging Careers of 21th Century. The session was taken by experts from Pratham Institute.
- ★ Sessions on Emerging Careers for NON Science Students. The online session was taken by experts from Amity University.
- ★ Session for students & parents of class XII with the University Experts to get all their queries answered about college admission 2022-23. The online session was organized by EDU.
- → Introduction to CBSE Career Guidance Portal and Session on "How to use the career Guidance Portal' for students of classes X, XI and XII. The recorded session was sent by CBSE.
- ★ Session for students on "Basics of Career Counselling and What to keep in mind while selecting stream in class XI". The session was taken by Career Counseling Experts from Manya Institute.
- ★ Career Fair for classes XI and XII was organised by The Hindustan Times in association with Career Launchers. Students were suggested to visit the fair along with their parents.
- ★ School Counselor along with few students of classes XI and XII attended the Career Fair at Imperial Hotel, Janpath on "Universities of USA". Students interacted with admission experts of various USA Universities.





#### **OCTOBER-DECEMBER**

- → Session for students of Class XII on Diplomacy as a Career was taken by our School alumnus and IFS, Mr. Himanshu Gupta. Besides, he also gave useful tips to 'Handle Exam Anxiety' especially during CBSE Board examination.
- → Session on Delhi College Mission Admission 2023 for students of classes XI and XII. The online session also focussed on emerging Careers like Biotechnology, Certified Fraud Examiner, New Universities Like DSEU, Anant etc., Top Universities Analysis DU, IP, Ambedkar and others and Profile Building.
- ♦ Mock Test for CUET examination was conducted by The Hindustan Times for students of classes XI and XII.
- ★ Students were sent invite to attend Career fair held in at Indira Gandhi Stadium. Many students attended the fair along with their parents and interacted with College Counselors of various universities.







- ★ An online session on All India Law Entrance was conducted for students of classes X, XI and XII. The session was organised by Career Development Centre.
- ♣ An online session on Scholarships for Universities Abroad was organised for students. The session focussed on Types of Scholarship and details of Country Scholarship. A session on 'How to be a Young Entrepreneur' was taken for students of classes XI and XII. The experts focussed on topics like 'Entrepreneurship' as a career, Skills required to be an entrepreneur, Creativity, Innovation and Decision-Making.
- ★ An online session for classes XI and XII on Specialisation and opportunities in the world by experts-Mr. Jitin Chawla and Ms.Malini Ashtt Gulati. The session focussed on Emerging Careers in Finance, Languages, Technology etc.
- An online session for classes XI and XII on 'How to apply for top Indian Universities' especially for BBA, Hotel management and other management courses by experts-Mr. Jitin Chawla and his team.
- → Session for classes XI and XII on Understanding minor details of CUET by expert, Mrs. Aditi Sharma from Edumentor.

### **HUG WITH WARMTH**

At Mehta Vidyalaya we have been striving to build a community of students with values of empathy, compassion, concern for others and dedication to be committed towards noble acts as well as reaching out to the underprivileged through the school's outreach programs.















During the severe winters from December to January, the school has been organizing "Hug with Warmth", wherein students share their old woollen clothes and blankets with the needy and less fortunate people around their locality/colony, such as house help, watchman of locality, car cleaners, rickshaw pullers, vegetable vendors etc. Collaboration work with various NGOs is also undertaken.





# शंपादकीय



संस्कृत और संस्कृति भारतीय विद्या भवन के मूल में समाहित है। सुसंस्कृत समाज और उन्नत राष्ट्र का लक्ष्य रखकर ही श्री के. एम. मुंशी जी ने भवन की स्थापना की थी। उसी लक्ष्य को मंत्र बनाकर हमारा विद्यालय निरंतर कार्यरत है।

भारत आज हर क्षेत्र में उन्नित कर रहा है। हमने चाँद पर चंद्रयान-3 को उतार कर विश्व में अपनी वैज्ञानिक शिक्त का परचम लहराया। G-20 की अध्यक्षता भारत को मिलना विश्व में हमारी पहचान को दर्शाता है। हम सभी इसके साक्षी हैं तो हमारे बच्चे भी इससे अछूते नहीं हैं। हमारे छात्र भी एक ओर अपनी संस्कृति एवं जीवन मूल्यों से जुड़े हैं तो दूसरी ओर विज्ञान के क्षेत्र में भी रुचि रखते हैं। वे अपने कर्तव्यों को याद रखते हुए समसामियक समस्याओं से भी अनिभज्ञ नहीं हैं। भाविद्या के इस अंक में हमने छात्र-छात्राओं के विचारों को विविध साहित्यिक विधाओं के माध्यम से प्रस्तुत किया है।

हम भारत के वासी हैं, नहीं किसी से कम। हमें लक्ष्य से भटका सके, नहीं किसी में दम।

-नीलम रानी

# हिंदी दिवस रिपोर्ट (2022-23)

भारतीय विद्या भवन मेहता विद्यालय में हिंदी दिवस (2022-23) के उपलक्ष्य में विविध कक्षा स्तर के छात्रों के लिए 11.11.22 और 15.11.22 को विभिन्न गतिविधियों और 24.11.22 को प्रार्थना सभा का आयोजन किया गया। सभी विद्यार्थियों ने इस में बढ़-चढ़कर भाग लिया।

❖ कक्षा नर्सरी एवं के.जी. - अभिनय प्रस्तुतीकरण

कक्षा पहली – पंचतंत्र कथा पात्र अभिनय

कक्षा दूसरी – हास्य किवता पाठ

💠 कक्षा तीसरी 💮 – 'पेड़ लगाओ' विषय पर कविता पाठ

💠 कक्षा चौथी – विज्ञापन प्रस्तुतीकरण

कक्षा पाँचवी – प्रश्नोत्तरी

◆ कक्षा छठी – कविता वाचन

कक्षा सातवीं – समाचार वाचन

कक्षा आठवीं – दोहा गायन

प्रार्थना सभा में छात्र-छात्राओं ने किवता-पाठ, दोहा-गायन, हिंदी और संस्कृत के महत्व पर भाषण व मधुर गीत प्रस्तुत किया।

इस अवसर पर प्रधानाचार्या डॉ. श्रीमती अंजु टंडन, उपप्रधानाचार्या श्रीमती अल्का जयसवाल एवं विभागाध्यक्षा श्रीमती डिम्पल जुनेजा ने हिंदी-संस्कृत गतिविधियों के विजेता छात्रों को प्रशस्ति-पत्र प्रदान किए। प्रधानाचार्या महोदया में अपने संबोधन में छात्रों को हिंदी-संस्कृत भाषा में रुचि लेकर सीखने और उसमें दक्षता प्राप्त करने का संकल्प लेने को कहा।

उन्होंने संपूर्ण विभाग को मनमोहक प्रार्थना सभा के आयोजन के लिए बधाई दी।

# शिक्षक सम्मान

मधुबन पब्लिकेशन की तरफ से वर्ष 2022 में हिन्दी दिवस के उपलक्ष्य में शिक्षक सम्मान समारोह आयोजित किया गया। इसमें देश भर से अध्यापकों ने भाग लिया। इसी संदर्भ में भारतीय विद्या भवन, मेहता विद्यालय की हिंदी-संस्कृत विभागाध्यक्षा को भी सम्मानित किया गया। पुरस्कार सम्मान वितरण समारोह दिल्ली के पी.एच.डी. चैंबर में आयोजित किया गया था। समारोह के मुख्य अतिथि प्रसिद्ध किव श्री शैलेश लोढ़ा जी व श्री हितेश झुनझुनवाला, चेयरमैन चाँद ग्रुप उपस्थित थे।



# नन्हा पौधा बनता पेड्

नन्हा पौधा बनकर पेड़,
देता है हरियाली ढेर।
फल-फूल नित हमको बाँटे,
रोग-दोष सब यही छाँटे।
आम-पीपल-नीम हो बेर,
देता है हरियाली ढेर।
छाँव इसकी मिले भरपूर,
कभी न हो ये हमसे दूर।
पौधे लगाओ न हो देर।
देता है हरियाली ढेर।
कोमल पत्ते नरम डाली,
राग सुनाती कूहू काली।
न करो कभी इनसे छेड़,
नन्हा पौधा बनता पेड़।
-पार्थ अरोड़ा, पाँचवी-'ड'

#### लाल टमाटर

लाल टमाटर, लाल टमाटर,
गोल हैं ये लाल टमाटर,
इनसे होते गाल टमाटर,
लाल टमाटर-लाल टमाटर।।
गोल-गोल ये लाल रंग के,
खाते लोग इन्हें हर वर्ग के,
लाल-टमाटर, लाल-टमाटर,
प्याज से ज्यादा हमें रूलाते,
ऊँच दामों में जब ये आते
लाल-टमाटर, टमाटर, लाल-टमाटर,
-आलिफ खान, पाँचवीं-'ब'

# शूरज की किरणें

रोज सुबह सूरज आकर,
सबको सदा जगाता है।
किरणों का प्रकाश यह निर्मल,
मन को हर्षाता हैं।
कभी धूप फैलाता हैं।
तो कभी बादलों में छिप जाता हैं।
मनुष्य को, यह अद्भृत आभास
कराता है।
पेड़-पौधों और फसलों
को हरा-भरा बनाता हैं।
शाम होते ही लाली बनकर,
अपने घर वो जाता है।
-जागृत गौतम, पाँचवी-'ब'



#### मटश

हरी-हरी मटर गोल-गोल मटर इसकी सब्जी तो खाने में लगती है चटर-पटर मटर-कचौड़ी, मटर-पनीर सबके मन को है भाता सरदी के मौसम में आता। -रचित राघव, तीसरी-'अ'

### छाता लेकर निकले हम

आसमान पर छाए बादल बारिश लेकर आए बादल झम-झम जल बरसाएँ बादल।। चली हवाएँ सन-सन-सन मधुर गीत सुनाए बादल ढोल नगाड़े बजाए बादल।। बूंदे टपके टप-टप-टप जल बरसाए झम-झम-झम बिजली चमकी चम-चम-चम छाता लेकर निकले हम,

-आदित्य वर्मा, पाँचवीं-'अ'



### शिक्षक

शिक्षक है शिक्षा का सागर,
शिक्षक बाँटे ज्ञान बराबर।

माता देती नव जीवन

पिता सुरक्षा करते हैं

लेकिन सच्ची मानवता
शिक्षक जीवन में भरते हैं।
न्याय, सत्य के पथ पर चलना
शिक्षक हम सिखाते हैं।
क्या भला है क्या बुरा है,
भेद हमे करवाते है।
जीवन में कुछ बनना हो तो
शिक्षक का सम्मान करें
आओ अब हम सब मिलकर
दिल से उन्हें प्रणाम करें।
-आराध्या श्रीवास्तव, पाँचवी-'ब'

# बेटी बचाओं, बेटी पढ़ाओं

बेटी बचाओ, बेटी पढ़ाओ।
बेटियों को महान बनाओ।।
कक्षा मे वह प्रथम आएगी।
जब अंक वह पूरे लाएगी।।
इच्छा उसकी पूरी करो।
रक्षा उसकी पूरी करो।।
किसी की उसके तुलना न करो,
उसे कभी कम न समझो।
उसमे शक्ति है और भक्ति है,
वह भी पढ़ कर कुछ बन सकती है।
बेटी बचाओ, बेटी पढ़ाओ।
बेटियों को महान बनाओ।।

**-युक्ता**, आठवीं-'अ'

# आज मेश जनमिवन है।

आज है मेरा जन्मदिन,

मम्मी पापा ने मेरे दोस्तों को बुलाया है।
गुब्बारों से घर को सजाया,

रोशनी से आँगन चमकाया।
काटा मैंने केक,

और मुझे मिले उपहार अनेक।
खाया हमने स्वादिष्ट खाना,
और बजाया सुंदर गाना।
खेलों का भी मजा उठाया,

जादूगर ने सबको भरमाया।
जादू किसी को समझ न आया,

फिर भी सबने आनंद उठाया।

-सियोना सराफ, पाँचवीं-'स'

# कैप्टन विक्रम बत्रा : मेरे प्रेरणा स्त्रोत

ऐसे वीर सपूत विरले ही पैदा होते हैं। जो अपनी जान गवाँ कर भी देश की रक्षा करते हैं। विक्म बत्रा, भारतीय सेना के एक उत्कृष्ट और साहसी अधिकारी थे, जिनका साहस और समर्पण अद्वितीय था। उन्होंने अपनी जान की परवाह न करते हुए अपने कई सैनिकों की जान बचाईं और हँसते-हँसते शहीद हो गए। कैप्टन विक्रम बत्रा का सम्पूर्ण जीवन ही मेरे लिए एक आदर्श है। उनके पूरे जीवन से तथा जीवन के हर क्षण से हमें कुछ न कुछ अवश्य सीखने को मिलता है। उनका सम्पूर्ण जीवन अनुकरणीय है। वे सदैव जोश से भरे रहते थे तथा अपने साथियों को भी सदैव उत्साहित करते थे। कैप्टन विक्रम बत्रा का जन्म 9 सितंबर 1947 को पालमपुर हिमाचल प्रदेश में हुआ था। उनके पिता गिरधारी लाल बत्रा और माता कमल काता बत्रा थीं। उनके पिता एक सरकारी स्कूल के प्रिंसिपल और माता एक स्कूल शिक्षिका थीं।

बचपन से ही बहुत होशियार थे। पढ़ाई के साथ-साथ उन्होंने NCC में भी मेडल जीते। वे बहुत प्रतिभावान थे। वे हमें सिखाते हैं कि व्यक्ति को प्रत्येक क्षेत्र में अपनी तरफ सें सदैव अच्छा प्रदर्शन करना चाहिए। विक्रम बत्रा 3 JAK रायफल में 6 दिसम्बर 1997 को लेफ्टिनेंट के पद पर प्रतिष्ठित हुए। इसके पश्चात् दो साल में ही वे कैप्टन बन गए। 7 जुलाई 1997 को 4875 प्वांइट पर उन्होंने अपनी जान गवाँ दी परन्तु जब तक जिंदा रहे, अपने साथी सैनिकों को बचाते रहे तथा दुश्मनों को धूल चटाते रहे। इनकी वीरता की गाथा आज भी भारतीय सेना के जवानों में मशहूर है।

वीर बहुत वह जोशीला,

दुश्मन से न वो डरता था।

दुश्मन के खेमे में घुसकर,

वो सबको धूल चटाता था।

इनके जैसे वीर योद्धा बहुत कम पाए जाते हैं। ये हमें सिखाते हैं कि सबसे पहले देश है तथा इसकी रक्षा के लिए हमें सदैव तत्पर रहना चाहिए। चाहे हमारी जान भी क्यों न चली जाए हमें पीछे नहीं हटना चाहिए और मातृभूमि की सेवा करनी चाहिए।

हर धर्म, हर जात, हर कर्म,

से ऊपर देश है।

इस देश के ऊपर सदैव

न्योछावर तन और मन है।

।। जय हिंद, जय भारत ।।

-कार्तिक गुप्ता, आठवीं-'ड'

# G20 और भारत

G20 विश्व के 20 प्रमुख देशों का संघ है। इसे विश्व अर्थव्यवस्था के मंच के रूप में माना जाता है। इस मंच के माध्यम से आपसी सहमित तलाशी है और वैश्विक मुद्दों पर चर्चा की है। इसे 2008 में एक आर्थिक समिति के रूप में स्थापित किया। तब से, हर वर्ष एक शिखर सम्मेलन आयोजित होता है। G20 के सदस्य देश हैं—अर्जेटीना, ऑस्ट्रेलिया, ब्राज़ील, कनाडा, चीन, फ्रांस, जर्मनी, भारत, इंडोनेशिया, इटली, जापान, मोस्को, रूस, साउदी अरब, दक्षिण अफ्रीका, तुर्की, यूनाइटेड किंगडम, यूनाइटेड स्टेट आदि। G20 का मुख्य उद्देश्य वैश्विक आर्थिक सहयोग, वित्तीय समुदाय को सम्मिलित करना और आर्थिक सुधार को सुनिश्चित करना है। G20 का आयोजन वर्ष 2023 में हमारे देश भारत में किया गया।

1 दिसंबर 2022 को, भारत ने इंडानेशिया से G20 की अध्यक्षता ग्रहण की। भारत, एक ऐसा देश जो लोकतंत्र के प्रति पूरी तरफ प्रतिबद्ध है, G20 की अध्यक्षता उनके इतिहास में एक महत्वपूर्ण पल रहा क्योंकि यह सभी की भलाई के लिए व्यावहारिक वैश्विक समाधान खोजने में महत्वपूर्ण भूमिका निभाएगा। ऐसा करने में 'वसुधेव कुटुंबकम' या 'दुनिया एक परिवार है' की सच्ची भावना को प्रकट करेगी। G20 भारत को दुनिया के सभी बड़ी अर्थव्यवस्थाओं के साथ जुड़ने और आर्थिक हितों को बढ़ावा देने के लिए एक मंच प्रदान करता है। भारत निवेश और व्यापार को आकर्षित करने के लिए G20 मंच का भरपूर लाभ उठा सकता है, जो इसके आर्थिक विकास को गति दे सकता है। G20 समूह भारत के लिए भी प्रसांगिक है क्योंकि यह अंतर्राष्ट्रीय वित्तीय स्थिरता को बढ़ने में अहम भूमिका निभाता है। G20 2023 शिखर सम्मेलन में चर्चा के प्रमुख विषयों में से एक कोविड-19 टीकों का रोलआउट और महामारी से निपटने के लिए भारत द्वारा किये गए कार्यों से दुनिया को अवगत कराया गया। G20 भारत की प्रगति में सहायक हो सकता है।

-कार्तिकेय अग्रवाल, सातवीं-'अ'

## मेश प्याश बचपन

मेरा प्यारा बचपन, तू मत जा, मत जा। इन किताबों के बोझ तले, तू मत दब जा। मेरा प्यारा बचपन, तू मत जा, मत जा। अभी तो मैंने सीखा नही. ठीक से शरारत करना। लंडना दोस्तों के साथ, फिर जोर-से हँसना। कितना प्यारा है ये, बचपन का साथ जैसे मिलाया हो. सभी ने मिलकर हाथ से हाथ मेरा प्यारा बचपन. तू मत जा, मत जा। बहुत कुछ है करने को, जो मुझे है करना तंग मुझे सब करते हैं, मुझे सभी से लड़ना। बहुत मजा आता है, जब मम्मी-पापा लाड्-लड़ाते हैं, बुआ, दादी, चाचा, सब कुछ-कुछ लाते हैं। अरमानों के सागर में. मैं तो डुबकी लगाता हूँ। बहुत प्यारा है बचपन मेरा, मैं क्यों बढ़ता जाता हूँ। मत जा-मत जा. बचपन मेरे.

क्या तुझे नहीं मैं भाता हूँ।

अंगड़ाई लेता हूँ मैं जब भी, थोड़ा बढता जाता हूँ। देख के अपनी लम्बाई मैं, बहुत खुश हो जाता हूँ। मत जा, मत जा बचपन मेरे, क्या तुझे नहीं मैं भाता हूँ। -युवराज सिंह, छटी-'ब'

डाकिया भोर हुई, भोर हुई आज डाकिया आएगा, तेरा-मेरा, मेरा-तेरा, हम सबका संदेश लाएगा। उत्साह बढ़ जाता है जब डाकिया आता है, मन खुश हो जाता है जब मित्र का पत्र आता है। इंतजार की घड़ी में बैठे रहते हैं हम. पर उत्साह हमारा कभी न होता कम। सोचते रहते हैं कि क्या संदेश आएगा. देखते रहते हैं कि कब डाकिया आएगा। तो आया डाकिया. लेकिन-एक भी पत्र न लाया डाकिया। मायूस होकर बैठ जाते हैं हम पर, फिर वह आएगा यह जानते हैं हम। -**युक्ता**, आठवीं-'अ'

# अंतर्इंद्र

वह बोला यह है नामुमिकन मैं बोला एक कोशिश कर लूं, लेकिन वह बोला तू हार जाएगा, मैं बोला कुछ सीख जाऊँगा। वह बोला दुनिया हँसेगी तुझपर, मैं बोला जी ना पाऊँगा इस तरह से डरकर, वह बोला क्यों जिद्द पर अडा है, मैं बोला मौका यह बड़ा है, वह बोला मेरे पास ना आना, हताश होकर में बोला अरे, तु ही है मेरा सर्वस्व। नयन मूँद वह, मौन हो गया, किसी गहन सोच में खो गया. क्षणिक रुका, फिर बोला मुझसे जा कर ले जो तुमने ठाना अगर रुका तो हार ना जाना आशा की डोर को थामे. हर क्षण आगे बढ्ते जाना। क्या सोचेंगे दुनियावाले, यह विचार मन में ना लाना. जो ठाना उसे करके दिखाना यह सुनकर, मैं दंग रह गया, आत्मनिष्ठा से फिर भर गया मुझपर, उसका यह विश्वास देखकर मानो मैं पुन: जीवंत हो गया। मानो पुन: जीवंत हो गया। -ऋतु सहगल (शिक्षिका)

# प्याश माँ

प्यारी जग से न्यारी माँ. खुशियाँ देती सारी माँ, चलना हमें सिखाती माँ. मंजिल हमें दिखाती माँ। सबसे मीठा बोल है माँ दुनिया में अनमोल है माँ खाना हमें खिलाती है माँ लोरी गाकर सुलाती माँ प्यारी जग से न्यारी माँ. खुशियाँ देती सारी माँ, मेरी एक आवाज पर ही, दौड़ी आती मेरी माँ। मेरी माँ, प्यारी माँ, भोली-भाली मेरी माँ। प्यारी-प्यारी मेरी माँ, प्यारी-प्यारी मेरी माँ। **-मोडज**, सातवीं-'अ'



### आज़ादी का आसमान

अक्सर मेरी रसोई की खिड़की से एक कबूतर खाने की तलाश में अंदर आ जाता है और कभी हवा से दरवाज़ा बंद हो जाता है मासूम-सा वो परिंदा घबराकर बेचैन होकर बाहर का रास्ता ढूंढता है पंख फड़फडाता है दरवाज़ों के शीशों से टकराता है में धीरे से खिड़की खोलती हूँ। वो तेज़ी से बाहर निकलता है और खुली फ़िज़ा में उड़ता हुआ दूर निकल जाता है वो अपनी आज़ादी का जश्न मन रहा है जैसे वो गुनगुना रहा है।

-चित्रा शर्मा (अध्यापिका)

# हिंदी दिवश

भारत की है बोली हिंदी, हम सबकी हमजोली हिंदी। भारत की है बात निराली, ये है हर भाषा से प्यारी। पुरखों की है ये सौगात, सब करते है इसकी ही बात। सदा करे हिंदी का सम्मान, इससे है भारत की शान। अनपढ़ हो या शिक्षित कोई, इससे है परिचित हर कोई। हम सबकी है ये अभिलाषा, हिंदी हो हम सबकी भाषा। सदा करे इसका सम्मान, इससे है भारत की शान। जय हिन्द!

-अर्व चित्रांश, तीसरी-'ब'

# मेश सपना स्वच्छ भारत अपना

स्वच्छ भारत हर भारतीय का सपना है। ऐसे ही मेरा भी सपना है कि मेरा भारत देश स्वस्थ, रोगमुक्त और खुशहाल हो। स्वच्छ भारत अभियान हमारे देश में 2 अक्टूबर, 2014 को शुरू किया गया था। इस सपने को पूरा करने के लिए हमें अपने घर, हमारे आसपास और पूरे देश को स्वच्छ बनाना है। स्वच्छता अभियान महात्मा गांधी जी याद में शुरू किया गया था। हमें भारत को स्वच्छ भारत बनाने के लिए हमेशा कूड़ा सड़कों पर इधर-उधर न फेंक कर कूड़ेदान में डालना चाहिए। सड़कों पर थूकना नहीं चाहिए। बारिश के दिनों में जगह-जगह सड़कों अथवा गड्ढों में पानी भर जाता है जिससे हर वर्ष कई तरह की बीमारियों का सामना करना पड़ता है, जैसे- डेंगू, चिकनगुनिया आदि। हमें इकट्ठे पानी को देखकर तुरंत इसकी अधिकारी को शिकायत करनी चाहिए। तािक वह जल्दी से इसका हल निकाल सकें। हमें अधिक से अधिक पेड़ लगाने चािहए और लोगों को जागरूक करना चािहए कि वे अपने स्वार्थ के लिए पेड़ों को काटना बंद करें। गाँव के लोगों और कम पढ़े-लिखे लोगों को स्वच्छता का महत्व बताना चािहए। ऐसे ही कई ऐसे कार्य करके हम सभी अपने सपनों को पूरा कर सकते हैं। 'मेरा सपना स्वच्छ भारत अपना'।

**-आरव**. आठवीं-'अ'

# बरगढ़ का वृक्ष

हर घर में एक बरगद का वृक्ष जरूरी है माना आज बहुत उन्नत हो चुके हैं हम कई उपलब्धियाँ भी पा चुके हैं हम पर फिर भी संस्कार जरूरी है। हम घर में एक बरगद का वृक्ष जरूरी है

माना बच्चों को अच्छी शिक्षा दे पाते हें हम खान-पान और सुख-सुविधा सब दे पाते हैं हम पर उनके सर्वांगीण विकास की खातिर शुद्ध आचार-विचार भी जरूरी है इसीलिए आज हर घर में, एक बरगद का वृक्ष जरूरी है।

जीवन की इए आपाधापी में और-और पाने की चाह में हम रुकते और थमते नहीं है रिश्ते तो हैं पर उनमें अपनेपन की श्वास नहीं है इसीलिए आज हर घर में एक बदगद का वृक्ष जरूरी है।

माना सांसारिक वस्तुओं में अब हम ज्यादा लीन हो गए हैं संयुक्त परिवार से एकल परिवार में सिमट गए हैं पर परिवार की समृद्धि की खातिर अपनो की पहचान जरूरी है इसीलिए आज हर घर में एक बरगद का वृक्ष जरूरी है।

> बरगद जो संस्कार तो दे शुद्ध आचार और विचार भी दे रिश्तों में गर्माहट दे, गिरने से पहले संभलने की राह भी दे जीवन में हताश हो जाये, तो नया उत्साह भी दे इसीलिए आज हर घर में एक बरगद का वृक्ष जरूरी है।

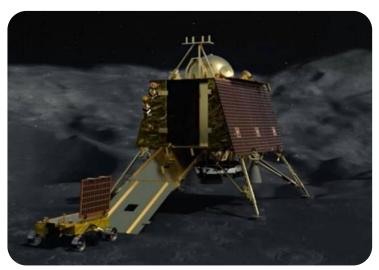
-विजय लक्ष्मी शर्मा (हिंदी अध्यापिका) (इस कविता में बरगद का वृक्ष से तात्पर्य हमारे घर के बुज़ुर्गों से है)

# चंद्रयान-३ बनाम लुना-25

#### चंद्रयान-3

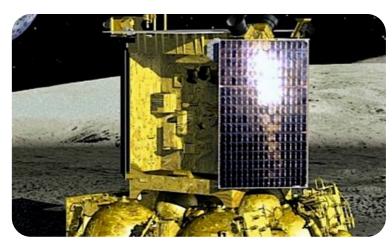
चंद्रयान कार्यक्रम में तीसरा मिशन है, जो भारतीय अंतरिक्ष अनुसंधान संगठन (इसरो) द्वारा विकसित चंद्र अन्वेषण मिशनों की एक श्रृंखला है। 24 जुलाई, 2023 को लांच किए गए इस मिशन में 'विक्रम' नामक एक चंद्र लैंडर और 'प्रज्ञान' नामक एक चंद्र रोवर शामिल है। चंद्रयान मानव जाति के लिए कैसे योगदान देगा?

चंद्रयान-3 मिशन इस बात पर प्रकाश डालेगा कि अंतरिक्ष कैसे अधिक सुलभ होता जा रहा है और कठिन मिशनों को प्राप्त करने में भारत की निरंतर दृढ़ता को प्रदर्शित करेगा। यह चंद्रमा पर स्थायी बुनियादी ढाँचे के निर्माण के लिए नई अंतरिक्ष दौड़ में भारत की साझीदारी के लिए भी अच्छा संकेत है।



#### लूना-25

लूना-25 जिसे लूना क्लोव लैंडर भी कहा जाता है। एक रूसी चंद्र लैंडर मिशन था जिसे 20 अगस्त, 2023 को लांच किया गया था। इसे चंद्रमा के दक्षिणी ध्रुवीय क्षेत्र को लिक्षत किया गया था। मिशन के दो प्राथमिक वैज्ञानिक उद्देश्य है- ध्रुवीय रेनोलिथ की



संरचना का अध्ययन करना और चंद्र ध्रुवीय बाह्यमंडल के प्लाज्मा और धूल घटकों का अध्ययन करना। 21 अगस्त को संचार टूट गया और लैंडर कथित तौर पर सतह पर दुर्घटनाग्रस्त हो गया।

-**तन्मय बिष्ट**, छटी-'ब'

### शिक्षक का महत्व

प्राचीनकाल से ही भारतीय संस्कृति में गुरु का महत्व बहुत रहा है। गुरु ब्रह्मा है, गुरु विष्णु है, गुरु ही शंकर है, गुरु ही साक्षात परब्रह्म हैं। शिक्षक हमारे जीवन में अहम भूमिका निभाते हैं। एक अच्छा शिक्षक समाज में अच्छा नागरिक बनने और अच्छा इंसान बनने में हमारी मदद करते हैं।

शिक्षक और विद्यार्थी का सम्बन्ध अनूठा होता है। शिक्षक एक माली की भाँति होते हैं और विद्यार्थी फूल की भाँति। शिक्षक विद्यार्थी के पथ प्रदर्शक होते हैं जो अपने परिश्रम और तप से बच्चों के चिरत्र का निर्माण करते हैं।

शिक्षक विद्यार्थियों को हमेशा कुछ कर दिखाने के लिए प्रोत्साहित करते हैं। शिक्षक हमेशा अपने विद्यार्थियों का ध्यान रखता है। जीवन में विजय और सफलता प्राप्त करने के लिए एक शिक्षक का जीवन में होना बहुत जरूरी है।

-अरिहंत जाडा, पाँचवीं-'ड'

### डाकिया

डािकया चाचा आए घर,
चिट्ठियाँ भी लाए भर।
संदेशों से भरी चिट्ठियाँ,
खुशियों से भरी चिट्ठियाँ।
आए लेकर पत्र मामा के,
पुत्र की खबर सुनाई माँ को।
माँ की आँख में आँसू आए,
डािकया चाचा माँ का पत्र ले चले।
डािकया लाए खूब खुशियाँ,
पूरी दुनिया में फैलाते हैं खुशियाँ।
घर से गाँव, घर से शहर,
शहर से विदेश, शहर से गाँव,
हर जगह फैलाते खुशियों की लहर।
पहुँचाए संदेशा हर जगह,
वो न हो तो संदेश पहुँचे न किसी को।



-रणवीर शुक्ला, आठवीं-'अ'

### वी२ जवान

वीर जवानों की गाथाएँ, तुमको आज सुनाती हूँ।
तूफ़ानों में डटे रहे जो, उनको शीश झुकाती हूँ।।
कर्मपथ के वे अनुयायी, मैं तो उनका दास हूँ।
उनकी ही आज़ादी में, लेता खुलकर साँस हूँ।।
गाकर उन वीरों की गाथा, मन से मैं मुस्काती हूँ।
वीर जवानों की गाथाएँ, तुमको आज सुनाती हूँ।।
हे राष्ट्र के प्रहरी, हे वीर जवान,
तुम्हें हमारा कोटि-कोटि नमन है।।



तुम्हारा शौर्य, अरि में भय है, तुम्हारी जय राष्ट्र की जय है। तुम्हारी वीरता से ही अमन है, तुम्हों हमारा कोटि-कोटि नमन है।। देश की रक्षा में तुम जीते, देश के लिए ही मर मिटते।। राष्ट्र हेतु तुम्हारा तन-मन है

तुम्हें हमारा कोटि नमन है।।

करना चाहे वार कोई छिपकर के करते खट्टे दाँत तुम रिपु के तुम तो निश्चित शत्रु दमन के तुम्हें हमारा कोटि नमन है।। टूट पड़ते पंचानन की भांति, राष्ट्र पर जब आपदा आती।। तुम्हें हमारा नमन है, तुम्हें हमारा कोटि नमन है।

> तुम ही तो भारत का गौरव, तुमसे फैला राष्ट्र का सौरव।। गौरवान्वित सारा जन-गण है, तुम्हें हमारा कोटि नमन है।।

> > -त्रि**वेणी रावत**, सातवीं-'ड'

### मेश स्वप्न

आप सभी ने 'सुभद्रा कुमारी चौहान' की वह कविता तो सुनी ही होगी-'खूब लड़ी मर्दानी वो तो झाँसी वाली रानी थी।' एक रात उनके बारे में सोचते-सोचते मैं सो गई और मेरे सपने में आई, वो मर्दानी और मुझसे बोली-जागो, देखो ये देश अभी आज़ाद नहीं हुआ है, उन गुलामी की बेड़ियों से। अभी भी बंधे हैं सब, अज्ञानता की बेड़ियों में।। भूल अपनी संस्कृति, सब चल रहे हैं उनके पीछे। जो ज्ञान दुनिया ने, है हमसे ही सीखा। अपनी सही पहचान भूल, हम उनके पीछे भाग रहे हैं। देखो वो गोरे, हमें फिर से बाँध रहे हैं।। तुम समझाओ उनको, ये देश हमारा है। तो फिर क्यों यहाँ विदेशियों का नारा है।। तुम, पढ़ो और सीखो, धर्म, ज्ञान और व्यापार अपने ग्रंथों से। तब होगा देश का कल्याण सही अर्थों में।। हे मर्दानी, तुमको ज्ञान की मशाल जलानी होगी। अपने देश को, फिर से, आज़ादी दिलानी होगी।। इस ज्ञान की मशाल को. घर-घर में जलाना होगा. सबके मन को, इस प्रकाश से जगमगाना होगा। इस ऋषि-मुनियों की धरती पर, हर ओर ज्ञान हो, भारत की तरक्की, हर देशवासी की साँझी हो। ले हाथ में हाथ, कदम बढाओ, अब सदा के लिए, अपना परचम लहराओ। दिखा दो दुनिया को है हिन्द हमारे कण-कण में, हिंद की तरक्की के लिए, अब कदम बस आगे बढ़े। देख आकाश से ये मेरा दिल गद-गद हो जाएगा.

-कृषांकी शर्मा, सातवीं-'ब'

हे मर्दानी! मेरा अधूरा सपना, सच हो जाएगा।























# **सम्पादकीयम्**

अयं निजः परो वेति, गणना लघुचेतसाम्। उदारचरितानां तु, वसुधैव कुटुम्बकम्।।



वेदाः विश्वस्य प्राचीनतमानि पुस्तकानि इत्यर्थमस्माकं संस्कृतिरिप विश्वसंस्कृतिषु प्राचीनतमा विद्यते। ऋग्वेदे कथितम् – सा प्रथमा संस्कृतिः विश्वधारा।

अगस्तमास्य त्रयोविंशत्यां तारिकायां सकलं विश्वमेकम् अलौकिकं दृश्यमपश्यत्। भरतीयै: वैज्ञानिकै: चन्द्रयानस्य तृतीयक्रमे चन्द्रस्य धरायां यानम् अवतारितम्। समस्तं जगत् विस्मयोत्फुल्लनयनै: तत्मनोहारि दृश्यमपश्यत्।

चन्द्रस्य दक्षिणी-ध्रुव-प्रदेश: दुर्गम: मन्यते स्म। भारतेन तत्र यानं सम्प्रेष्य एतादृशं कीर्तिमानं स्थापितं येन महाशक्तय: (यू.एस., रिशया, चाईना प्रभृतय:) अपि नतिशरा: अभवन्। सकल-राष्ट्राणि वर्धापन – संदेशेन सह भारतस्य कीर्तिगानम् अकुर्वन्। चन्द्रयाने स्थापितानि विक्रम-प्रज्ञान – सदृशानि यन्त्राणि चन्द्रस्य भूमे: जलवायो: खनिजानां विषये चान्वेषणं किरिष्यन्ति, येन जलकल्याण-कार्येषु तेषामुपयोगं भवेत। जनाः हर्षोल्लासेन करतलध्वनिभिः वैज्ञानिकां महतीम् उपलब्धिं मुक्तकष्ठेन प्राशंसयन्। सकलं जगत् भारतं विश्वगुरुं स्वीकृतवान्। नास्ति अधुना मातुलचन्द्र: दूरे अपितु ज्ञातोऽयं गन्तव्य: स्थल: यात्रिणां कृते।

सः चन्द्रः सर्वदा शीतलतां, शान्तिं, सुखं च प्रयच्छतु अपि चास्माकं हृदये सर्वदां निवासं कुर्यात्। इति आशास्महे।

> -**डॉ. अञ्जु बाला** संस्कृतविभागत:

### छात्रजीवनस्य सफलताया उपायाः

प्राचीनकाले विद्यार्थिन: ब्रह्मचर्याश्रमे स्थित्वा ब्रह्मचर्यस्य संयमितजीवनं यापयन्ति स्म। तदा विद्यार्थिजीवनम् ब्रह्मचर्याश्रमम् च पर्यायवाचिनी आस्ताम्। इदानीं विद्यार्थिजीवने संयमस्य, ब्रह्मचर्यस्य वा का वार्ता शिष्टताया: विनयस्य लेशमात्रम् अपि न वर्तते।

प्राचीनकालस्य विद्यार्थिनः वने स्थिते गुरोः आश्रमे वसन्ति स्म। गुरुः एव तेषां शिक्षकः भोजनादाता आसीत्। विद्यासमाप्तौ ते स्नातकाः कथ्यन्ते स्म। प्राचीनकाले विद्यार्थिनां गभीरतां ज्ञानोपासनां च दृष्ट्वा राजा अपि तेभ्यः मार्गं त्यक्त्वा पाश्वें तिष्ठित स्म। वर्तमानकालस्य छात्राः प्राचीनछात्रेभ्यः सर्वथा भिन्नाः वर्तन्ते। ते तु येन केन प्रकारेण परीक्षामुतीर्य प्रमाणपत्रस्य प्राप्तिम् स्वकीयम् उद्देश्यं लक्ष्यम् वा मन्यन्ते। परीक्षायाम् अनुचितसाधनानाम् प्रयोगं ते जन्मसिद्धम् अधिकारं जानन्ति।

इदानीं छात्राणां दुर्दशा वर्तते तेषु पुस्तकीयस्य ज्ञानस्य सदाचारस्य च अभाव: विद्यते। विद्यार्थिजीवने यानि व्यसनानि तै: तेषां जीवनं भारस्वरूपं सम्पद्यते।

#### छात्रजीवनस्य सफलतायाः उपायाः -

छात्रजीवनस्य सफलताये अभिभावकै:, शासनेन, शिक्षकै: च प्रयत्नं कर्तव्यम् छात्रेषु ये अपराधस्य अभ्यस्ता: सन्ति ते शासनेन दण्डितव्या:, अभिभावकै: तेषां सुधारस्य यत्नः कर्तव्य:। शासनेन एतादृशी व्यवस्था कर्तव्या यत् अध्ययनं प्रति तेषु रुचि: विद्यामन्दिरेषु तिष्ठेयु:।

विद्यार्थिजीवनं मानवजीवनस्य आधारः वर्तते। तं सफलं दृढं सात्विकं च कारियतुं सर्वे प्रयासाः कर्तव्याः। विद्यार्थिनः एव युवकाः भूत्वा समाजस्य सदस्याः भवन्ति।

-हिमाद्रि सोनी, दशमी D

# पुहि हसामः

प्रथम: काक: - आतपे मा गच्छ।

द्वितीय: काक: - किमर्थम्?

प्रथम: काक: - तव वर्ण: कृष्ण: भविष्यति।

उद्यानस्य द्वारे फलकम् आसीत्-'उद्याने विहार: निश्शुल्क:' इति।

(एतत् पठित्वा कृपण: उद्यानस्य अन्त: गन्तुम् उद्यमयुक्त आसीत्।)

उद्यानपालक: - (तस्य प्रवेशं निवारयन्)-'प्रवेशार्थं दश रूप्यकाणि दातव्यानि भवता

'इति।

कृपणः - 'खलु फलके लिखितम् उद्याने विहारः निश्शुल्कः अस्ति'?

उद्यानपालक: - (शान्त-स्वरेण) अन्त: विहार: निश्शुल्क: एव। किन्तु प्रवेशस्तु सशुल्क:

अस्ति ' इति।

(कक्षायाम् अध्यापकः)

अध्यापक: - (सर्वान् छात्रान् प्रति) 'क्रिकेटक्रीडाया: मम प्रत्यक्षम्।

अनुभवः – इति विषयम् आधृत्य निबन्धं लिखन्तु।

(सर्वे छात्रा: लेखने व्यस्ता: अभवन्। एक: छात्र किमपि न लिखति।)

अध्यापक: - त्वम् किमर्थं न लिखसि?

छात्र: – मया लिखितम्।

अध्यापक: - किं तत्? दर्शय।

(छात्र: सञ्चिकां ददाति। तत्र लिखितम् - क्रिकेटक्रीडा तु वृष्टिकारणत:

स्थगिता जाता।)

-अभीष्ट चतुर्वेदी, सप्तमी-A

# कौशल-प्राप्तिः

एकदा कौरवा: पाण्डवाश्च बाल्ये मिलित्वा क्रीडिन्त स्म। ते सर्वे समीपस्य वने क्रीडितुं अगच्छन्। तत्र ते अनेका विद्या क्रीडा: क्रीडन्त: आसन्। तदैव दुर्योधन: भीमसेनं प्रति वेगेन कन्दुकम् अक्षिपत्। कन्दुक: प्रहारात् आत्मानं रिक्षतुं भीमसेन झिटिति तत्रैव उपाविशत्। किन्तु कन्दुक: दूरस्थ एकिस्मिन् कूपेऽपतत्। कूप: निर्जल: आसीत् तथापि कूपे अवतरणं बालानां कृते सुकरं तु नैव आसीत्। ते सर्वे चिन्ताकुला जाता:। अपि च कन्दुक: प्राप्त्यर्थं तत्रैव उपाविशन्।

अत्रान्तरे किश्चत् धनुर्धर बाह्मणः तत्रागच्छत्। सः कूपं पिरतः चिन्ताकुलान् बालकान दृष्ट्वा अपृच्छत् – ''भो बालाः! के यूयम्? अत्र कूपं पिरतः किमर्थं तिष्ठथ।'' प्रश्नं श्रुत्वा तेषु पाण्डवाग्रजो युधिष्ठिर विनयेनावदत् – भगवन्। पाण्डुपुत्रः युधिष्ठिरोऽहम्। एते सर्वे मम भ्रातरः। अस्माकं कन्दुकः कूपेऽपतत्। कूपोऽयं निर्जलोऽपि ततः कन्दुकस्य निष्कासनः न सरलः।''

एतच्ध्रुत्वा ब्राह्मणोऽवदत् - अलं चिन्तया। अहं युष्माकं कन्दुक - निष्कासने सहायकोऽस्मि। यूयं कांश्चित् शरकाण्डान् आनयत।

एतेन मुदिता सर्वे बालका: झटिति शरकाण्डान् आनीतवन्त:। गुरु द्रोणाचार्य: एकं शरकाण्डं धनुषि निधाय कन्दुकेऽक्षिपत्। तत द्वितीय तृतीय......। एवं दशपर्यन्त शरकाण्डान् एकस्योपिर निक्षिप्य तेषां माला अरचयत्। अन्ते कन्दुकम् उपिर आकर्षत्। एतं विलक्षणं कौतुकम् उपायं च विलोक्य बालकाः विस्मिता अभवन् अपृच्छञ्च एतत् कथं सम्भवम्? ततः गुरु द्रोणाचार्यः उक्तवान् – एकाग्रमनसा, स्थिरचित्तेन सतत अभ्यासेन, एतत् कौशलं सम्भवम् अस्ति।

-अंतरा शर्मा, नवमी-D

# प्रदूषणम्

येन कारणेन अस्माकं वातावरणे जीवने च दुष्प्रभावं भवित तत् प्रदूषणं कथ्यते एषः मानव- निर्मित स्थितिः अस्ति। 'प्रदूषणं' अनेक प्रकारस्य भवित। तेषु प्रमुखाः सन्ति – वायुः, जलं, मृदा, ध्विन इति। प्रदूषणं पृथिव्याः कृते एका विकटा समस्या अस्ति। यानानां धूम्रेण, शीतयन्त्रेभ्यः क्लोरोफ्युरोकॉर्बन इत्स्य निर्गमनेन, अवकरैः यन्त्रशालानाम् अपिशष्टानि नद्याम् मिश्रणेन, ध्विन – विस्तारक-यन्त्रस्य उपयोगेन च प्रदूषणम् भवित। वयं वातावरणं प्रदूषणात् मुक्तं कारियतुं पूर्णं प्रयासं कुर्याम यथा अवकरं यत्र-तत्र न क्षेपणीयम्। यन्त्रशालानां निर्माणं नद्याः दूरे करणीयम्, दीपावल्यां स्फोटकानां प्रयोगे पूर्णतः वर्जनम्, अधिकाधिकम् वृक्षारोपणम् करणीयम् इत्यादयः प्रकारेण वयम् अस्माकं पर्यावरणं सुन्दरं स्वच्छं कर्तुं शक्नुमः।

-कुमारी सुमन, सप्तमी-A

# शूक्तयः

परोपकाराय सतां विभूतय:।	सज्जनों का सब कुछ दूसरे के लिए होता है।
लोभ : त्यक्त्वा सुखी भवेत्।	लोभ को छोड़ने से मनुष्य सुखी होता है।
क्रोधः हि नराणां प्रथमः रिपुः।	क्रोध ही मनुष्यों का पहला शत्रु है।
वाक्भूषणं भूषणम्।	सुसंस्कृत वाणी ही सच्चा आभूषण है।
विद्वान् सर्वत्र पूज्यते।	विद्वानों की हर जगह पूजा होती है।
गुणिनः जनाः नमन्ति।	गुणवान् व्यक्ति विनम्र होते हैं।
उद्यमेन हि कार्याणि सिद्धयन्ति।	परिश्रम से ही कार्य सिद्ध होते हैं।
अलम् अतिवदनेन।	अधिक नहीं बोलना चाहिए।
स्व-अर्जितं वित्तम् उत्तमम्।	अपने द्वारा कमाया गया धन ही श्रेष्ठ होता है।

-मोहित दुदीपल्ला, षष्ठी-D

# पर्यावरणे प्रदूषणस्य प्रभावः

वयं वायु-जल-मृदाभिः आवृत्ते वातावरणे निवसामः। एतदेव वातावरणं पर्यावरणं कथ्यते। पर्यावरणेः एव वयं जीवनोपयोगीवस्तूनि प्राप्नुमः। जलं वायुः च जीवने महत्त्वपूणों स्तः। साम्प्रतं शुद्धपेयजलस्य अभावः वर्तते। जनाः अवकराणि नदीषु, तडागेषु च क्षिपन्ति एवं च वयं तत् जलं पिबामः। अधुना वायुरिप शुद्धं नास्ति। जनाः तैल-युक्त-वाहनस्य प्रयोगं कुर्वन्ति, अवकराणां समुचितं व्यवस्था अपि न अस्ति येन तानि अनिशं मार्गस्य उपिर विकिर्णानि भवन्ति। तेषु विविधाः मिक्षकाः उत्पद्यन्ते। एवमेव प्रदूषित-पर्यावरणेन विविधाः रोगाः जायन्ते। प्रदूषणस्य अनेकानि कारणिन सन्ति – औद्योगिक-अपिशष्टपदार्थाः, ध्विनः, वृक्षाणां कर्तनम्, धूम्रादयः प्रमुखानि कारणिन सन्ति। अतः पर्यावरणस्य रक्षायाः अति आवश्यकता वर्तते। पर्यावरणरक्षायै वृक्षाः रोपणीयाः तेषाम् रक्षणं च करणीयाः। नदीषु, तडागेषु, मार्गेषु च अवकरणानि न क्षेपनीयाः, तैलरिहतं वाहनानां प्रयोगः करणीयः। एतेषाम् उपायानां प्रयोगेण वयम् पर्यावरणस्य रक्षां कर्तुं शक्नुमः।

-ग्रीष्मा. नवमी-D

# G20 भारतदेशः च

जी-20 विश्वस्य 20 प्रमुखदेशानां संघ: अस्ति। विश्व-अर्थव्यवस्थाया: मञ्च: इति मन्यते। अस्य मञ्चस्य माध्यमेन देशा: परस्परं अवगमनं अन्विष्य वैश्विकविषयेषु चर्चां कृतवन्तः। 2008 तमे वर्षे आर्थिकसमित्या: रूपेण अस्य स्थापना अभवत्। तत: परं प्रतिवर्षं शिखरसम्मेलनं भवति। जी-20 सङ्घस्य सदस्यदेशा: अर्जेन्टीना, आस्ट्रेलिया, ब्राज़ील, कनाडा, चीन, फ्रान्स, जर्मनी, भारत, इन्डोनेशिया, इटली, जापान, मास्को, रूस, सऊदी अरब, दक्षिण अफ्रीका, तुर्की, यूनाइटेड किङग्ड्म, संयुक्त-राज्य-अमेरिका इत्यादय: सन्ति।

जी-20 सङ्घस्य मुख्यं उद्देश्यं वैश्विक-आर्थिक-सहकार्यं, वित्तीय-समुदायस्य अभिसरणं, आर्थिक-पुनरुत्थानं च सुनिश्चितं कर्तुं वर्तते। अस्माकं भारते 2023 तमे वर्षे जी-20 इत्यस्य आयोजनं अभवत्। 2022 तमस्य वर्षस्य डिसेम्बर्-मासस्य 1 दिनाङ्के भारतेन इन्डोनेशिया-देशात् जी-20-अध्यक्षपदं स्वीकृतम्।

लोकतन्त्राय गहनतया प्रतिबद्धस्य देशस्य भारतस्य कृते जी-20 राष्ट्रपितत्वं तस्य इतिहासे महत्त्वपूर्णः क्षणः अस्ति यतः सर्वेषां हिताय व्यावहारिकवैश्विकसमाधानं अन्वेष्टुं महत्त्वपूर्णां भूमिकां निर्वहित। एवं कुर्वन् 'वसुधैव कुटुम्बकम्' अथवा 'लोकं एककुलम्' इति यथार्थं भावनां प्रकाशितम्।

जी-20 भारतस्य कृते विश्वस्य सर्वै: प्रमुखै: अर्थव्यवस्थाभि: सह संलग्नतां प्राप्तुं स्वस्य आर्थिकहितं च प्रवर्धियतुं मञ्चं प्रद्दाति। भारतदेश: जी-20 मञ्चस्य पूर्णं लाभं गृहीत्वा निवेशं व्यापारं च आकर्षियतुं शक्नोति, येन तस्य आर्थिकवृद्धि: त्वरिता भिवतुम् अर्हति। अन्तर्राष्ट्रीयिवत्तीयस्थिरतां वर्धियतुं जी-20 समूह: भारतस्य कृते अपि प्रासंगिक: अस्ति। जी-20 2023 शिखरसम्मेलने चर्चाया: एक: प्रमुख: विषय: आसीत् कोविड्-19 टीकानां प्रसारणं तथा च भारतेन महामारी-निवारणाय कृतस्य कार्यस्य विषये विश्वं सूचितम्। भारतस्य प्रगते: कृते जी-20 सहायकं भिवतुम् अर्हति। इति आशा अस्ति।

-कार्तिकेय अग्रवाल, सातवीं-D

## नारी सशक्तिकरणम्

### ( नुक्कड़-नाटकम् )

**सर्वे** – शृण्वन्तु रे शृण्वन्तु, शृण्वन्तु रे, शृण्वन्तु, शृण्वन्तु भ्राता शृण्वन्तु भिगिनी शृण्वन्तु रे शृण्वन्तु।

**मन्नत** – स्वागतं भवतां समेषामत्र आर्यावर्ते यत्र नारीणां स्थानं अग्रगण्यं मन्यते।

सिद्धि – स्वागतं भवतां समेषामत्र, अत्रैव उद्घोषो दीयते – ''यत्र नार्यस्तु पूज्यन्ते, रमन्ते तत्र देवता।

जैनील - स्वागतं भवतां समेषामत्र, तत्रैव आर्यावर्ते अद्य मातरः गृहकलेशेषु ज्वाल्यन्ते।

प्रीशा - स्वागतं भवतां समेषामत्र सम्मानं तासां अपि प्रतिपदं चाखण्ड्यते।

रक्षित – स्वागतं भवतां समेषामत्र अग्रे वर्धनमपि बाबाध्यते।

कियारा - स्वागतं भवतां समेषामत्र हसनं क्रीडनमपि बाभाण्ड्यते।

जयघोषम् : भारत मातुः भारत मातुः जय वद, जय वद, वद जय मातुः।

सिद्धि - किमर्थ गठबन्धनम्? किमर्थं कुर्मः वयं गठबन्धनम्।

**मन्नत** – आगमिष्यति तद्दिनमपि यदा सर्वे अस्माकं महत्तां द्रक्ष्यन्ति।

प्रिशा - परिवर्तिष्यन्ति च स्वकीयं रुढिवादि धारणां च।

जैनील - प्राचीन-कालाद् इदमेव भवति इदमेव भविष्यति च। न किमपि परिवर्तर्नं कर्तुं शक्नोति भवान्।

रक्षित – न कदापि समाजस्य विचारा रुढिवादिता च परिवर्तितुं शक्यते। जयघोषम् : भारत मातुः भारत मातुः जय वद, जय वद, वद जय मातुः।

### (द्वितीय: दृश्य:)

**मन्नत** - स्वप्नाः भवन्ति प्रतिबिम्बवत्, यावत् पश्यामः तावत् वर्धन्ते। लघु मनसा निर्मीयते अस्माभिः गृहं विशालम्। वास्तविकतायां सत्यता पृथगस्ति। बालैः अपरतन्त्रः स्थीयते परञ्च केचन रुढिवादिनः न सहन्ते तेषामेषा स्वतंत्रता।

सुता (1) कृतिका - भ्रातः ददातु मह्यमपि पुस्तकं पठितुम् इच्छाम्यहम्।

आरव (भ्रातः) - नीयताम् भगिनी।

पिता (रिक्षत ) - न पूर्वमेव निषिद्धं मया, गच्छ, सहायतां च कुरु कार्येषु मातु:।

सुता (1) कृतिका – पश्य माता, न ददाति पठितुं तात्।

माता (सिद्धि) - वत्से! जानासि त्वम्, न इच्छति तव जनकः पठनं तव।

सुता (1) कृतिका - किमर्थम् अम्ब। न ददाति पठितुम्। अहमपि इच्छामि स्वदेश गौरान्वितं

कर्तुम्। यथा रानी लक्ष्मी बाई, कल्पना चावला, कर्णम मलेश्वरी

इत्यादयाः कृतवत्यः।

पिता रिक्षत – गच्छ अन्त: – 'न वर्धय में क्रोधम्।'

**मन्नत** – ''नारी माता अस्ति, नारी कन्या अस्ति, नारी समाजस्य कुशलवास्तुकारा

अस्ति। यत्र नार्यस्तु पूजयन्ते, रमन्ते तत्र देवता:।'' एतादृशा: स्वप्ना:

पश्यन्ती सा दीर्घा अभवत्।

सुता (2) प्रीशा - कुत्रासि माता त्वम्?

माता सिद्धि - आम्, आम् अत्रास्मि पुत्री।

सुता (2) प्रीशा - मम आयो: युवत्य: महाविद्यालयं गच्छन्ति, भविष्यं निर्माणं च कुर्वन्ति।

किमर्धम् अहं न शक्नोमि गन्तुम्? किमर्थं भवती जनकश्च पूजयत:

सरस्वतीं कालीम् च। किम् अहं न शक्नोमि द्रष्टुं स्वप्ना:?

माता ( आत्मगतं ) - मम स्वप्नाः तु अपूर्णाः अभवन्। परम् च मम सुता एतादृशाः कष्टान्।

सिद्धि न सहिष्यति। मम पुत्री सर्वत्र गमिष्यति पठिष्यति च।

पिता रिक्षत – अज्ञोऽहं, तव स्वप्नानां विषये, अपूर्णा तव स्वप्ना, किंतु मम सुता

पूरियष्यित स्वकीयं तव मम च स्वप्नान्। यत् सा इच्छिति, करिष्यित।

मन्नत - नास्ति मातृसमा छाया, नास्ति मातृसमा गतिः।

नास्ति मातृसमा त्राणः, नास्ति मातृसमा प्रिया।

हीबा - माता गुरुतरा भूमे:।

भ्राता आरव - जननी जन्मभूमिश्च स्वर्गादपि गरीयसि।

**अवनी** – गुरूणां माता गरीयसी।

चैरिश – मातृमान्, पितृमान्, आचार्यवान् पुरुषोवेद:। अपि

सुमनः सुमनः सुमनः सुमनः सुमनोहर-कान्तियुते।

गीतम् : श्रित रजनी-रजनी-रजनी-रजनी रजनीकर वक्त्रवृते।

सुनयन विभ्रमर-भ्रमर-भ्रमर भ्रमराधिपते,

जय जय हे महिषासुर मर्दिनी रम्यकपर्दिनि शैलसुते॥

### (तृतीयः दृश्यः)

मन्नत

- नमो नम:। अहम् अस्मि मन्नत, आज तक समाचारात्। अधुनैव सर्वकारेण तन्वीनाम भविष्याय द्विलक्ष्यं द्रव्यं उद्घोषितम्। आगच्छतु कुर्मः वार्ता कैश्चन जनै: सह।

मन्नत रिक्षत को : मन्नत - भवान्: उत्तिष्ठतु। नाम किम्?

जैनील - मम नाम जैनील: अस्ति।

**मन्नत** - के विचारा: अस्ति विषयस्योपरि?

जैनील - धन्यवादम् भणामः वयं सर्वकारस्य प्रयासम्।

मन्नत रिक्षत को : मन्नत - भवत: नाम किम्?

रक्षित - मम नाम रक्षित: अस्ति।

**मन्त** - के विचारा: अस्य विषयस्योपरि?

रक्षित – बहु सहायता भविष्यत्यनेन।

मन्नत आरव को : मन्नत - उत्तिष्ठतु। भवत: नाम किम्?

आरव - मम नाम आरव: अस्ति।

**मन्नत** - कथम् करिष्यति भवान् अस्य धनस्य उपयोगम्?

आरव - कृषिकार्ये उपयोगमस्य करिष्यामः।

मन्नत - किम् पुनः भवतः पुत्र्याः भविष्यस्य? दीयते एषा राशिः सर्वकारेण

बालिकानाम् भविष्यं निर्माणीय।

- भो! कृषि वर्धिष्यते तदैव तु भविष्य-निर्माणम् भविष्यति। जैनील

- किम् करिष्यति सा पठित्वा? गृहकार्यम् एव करिष्यति। सर्वे

- सर्वकारेण दीयमान आपंचमी-कक्षा पर्यन्तं, शिक्षां न प्राप्नुवन्ति लक्षाधिका प्रीशा

बालिका। यतोहि पितरौ वदत:।

- बालिके, कुरु गठबन्धनम्।। सर्वे

- या देवी सर्वभूतेषु शक्तिरूपेण संस्थिता। सर्वे

नमस्तस्यै, नमस्तस्यै, नमस्तस्यै नमो नम:।

### ( चतुर्थः दृश्यः )

- अस्माकं देशे न दीयते अधिकार: स्त्रीणां स्त्रीभ्य:। सिद्धि

भो। नास्तीदम् महिला सशक्तिकरणम्।

प्रीशा

- यदा पर्यन्तं समाजस्यास्य न परिवर्तिष्यते विचाराः तदा पर्यन्तं न शक्यते भवितुं विकासः नारीणाम्।

### (पटाक्षेप:)

अपि गिरिनन्दिन निन्दितमेदिनि विश्वविनोदिनि निन्दिनुते गिरिवर विन्ध्यशिरोऽधिनिवासिनि विष्णुविलासिनि जिष्णुनुते। भगवित हे शिति, कण्ठकुटुम्बिनी भिर कुटुम्बिनि भिरकृते, जय जय हे महिषासुरमर्दिनि रम्यकपर्दिनि शैलसुते।। (सर्वे निर्गच्छन्ति)

-अनुभव शर्मा, संस्कृत-अध्यापक:

# जलवायुपिश्वर्तनं जीवनश्य कृते मुख्य-आपदा

जलवायुपरिवर्तनं अद्य जीवनस्य कृते प्रमुख-आपदा वर्तते। परञ्च विषयेऽस्मिन् जागरूकतायाः अभावः अस्ति। कतिपयेषु वर्षेषु अस्माकं जीवने यथा अस्य प्रभावः अभवत् तत् आतङ्कजनकम् अस्ति।

जलवायु-परिवर्तनस्य अर्थः अस्ति यत् दीर्घकाल-पर्यन्तम् तापमानस्य वातावरणस्य च द्रुतगत्या परिवर्तनं भवति। जलवायुपरिवर्तनस्य स्त्रोतं जीवाश्म-इन्धनानां-दहनेन ताप-कारणेन च भवति, अङ्गारस्य दहनेन विद्युतं उत्पद्यते यत् शक्तिशालिनि हरितगृहवायु (ग्रीनहाउस-वायु) उत्पादयित। यथा कार्बनडाय-ऑक्साइड तथा नाइट्रस-ऑक्साइड आदयः यस्य अनन्तरं हरितगृहवायुः प्रभावः भवन्ति ते सूर्यस्य तापं बाधयन्ति।

हरितगृहवायुनां विमोचनस्य कारणेन वायुमण्डले कार्बनडाय-ऑक्साइड स्तरस्य वृद्धि भवित। एतेन समुद्रस्य स्तरः निरन्तरं उदयमान, पेय जलस्य न्यूनता, हिमलशैलानां द्रवर्णं, अतिवृष्टिः, अनावृष्टिः, पशुजनसंख्यायाः च न्यूनता आदयः सर्वथा चिन्ताजनकप्रकरणानि भविन्त। नवीनमार्गदर्शिकानुसारम्, देशे स्वस्य उत्सर्जितं न्यूनीकर्तुं आवश्यकम् अस्ति। अपि च अङ्गार-आधारितविद्युत्स्य स्थाने सौरपलैटः प्रतिस्थापियतुं। एवं कृत्वा वयं स्वस्य ग्रहस्य रक्षां

कर्तुं शक्नुम:।

-**यस्मित चौधरी**, सावतीं-B

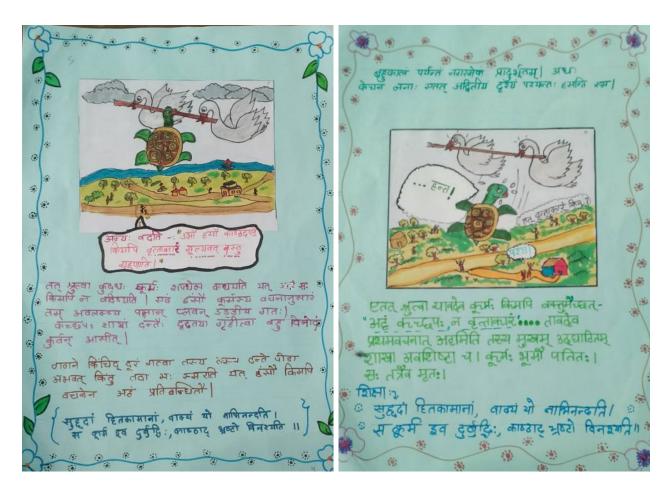
# शंस्कृत-विभागस्य उपलब्ध्यः (२०२२-२३)

क्रमांक	: तिथि:	गतिविधि:	संस्था	छात्रा:	विशेष:
1.	17.08.22	श्लोक-गायनम्	शिक्षा निदेशालय:	त्रिनाथ बोस	द्वितीय:
2.	20.09.22	श्लोक-गायनम्	शिक्षा निदेशालय: झण्डेवालान्	त्रिनाथ बोस (VIII-C)	तृतीय:
3.	18.02.23	शिवाष्टक-गायनम्	भारतीय-अभिव्यक्ति:	आयुष यादव (VIII-A)	) प्रशस्ति-पत्रम्
4.	10.01.23	श्रीमद् भगवद्गीता श्लोकोच्चारणम्	गीता परिवार:	अद्वैत कृष्णा (VII-D)	प्रशस्ति–पत्रम्
5.	फरवरी, 22	वरीयता छात्रवृत्ति: (संस्कृत-छात्रेभ्य:) 2021-22	केन्द्रीय संस्कृत विश्वविद्यालय:, जनकपुरी, दिल्ली	सृष्टि, सजल लूनिया, अधीश गोयल, मायरा खान (V-D)	रु.5000 प्रति छात्र:
6.	17 मईत: 22 मई 22,-पर्यन्तम्	संस्कृत-सम्भाषण- शिविर:	भारतीय विद्या भवनम् मेहता विद्यालय:	कक्षा VIII-XII	दश दिवसीय: (आभासीय:)
7.	03.08.22	संस्कृत-दिवस:	भारतीय विद्या भवनम् मेहता विद्यालय:	कक्षा VI-XII	सांस्कृतिक- कार्यक्रम:
8.	11 नवंबरत: – 15 नवंबर–पर्यंतं	हिन्दी-संस्कृत- सप्ताह:	भारतीय विद्या भवनम् मेहता विद्यालय:	कक्षा VI-XII	गतिविधय:
9.	फरवरी मासे 2023	भारतीय विद्या भवन, दिल्ली केन्द्र द्वारा सरल-संस्कृत-बालबोध/शिक्षक-परीक्षा कक्षा VI-VIII सर्व-सम्प्रदाय-छात्रेभ्य: आयोजिता। येषु 41 छात्रा: वि. योग्यताम् प्राप्तवन्तः।			
10.	अक्टूबर मासे 2022	नई दिल्लीस्थ: भारतीय विद्या भवनं, मेहता विद्यालय:, केन्द्रीय माध्यमिक शिक्षा परिषद: आयोजितासु परीक्षासु शताङ्कानि प्राप्त्यर्थ (कु. निशा X-D) (डॉ. अञ्जु बाला) संस्कृताध्यापिकां प्राशंसत्।			

- 11. अपि च सितम्बर मासे 2022 उत्तम-परिणाम-प्राप्त्यर्थम् अध्यापिकेयं संस्कृत-शिक्षक-संघेन 'संस्कृत-रत्न' इति प्रमाणपत्रेण सम्मानिता।
- 12. अगस्ते मासे 2023, चत्वारिंशदिधक-छात्राः संस्कृतवरीयता छात्रवृत्तिं दातुं केन्द्रिय-संस्कृत-विश्वविद्यालयेन चयनीताः।
- 13. वर्षेंऽस्मिन् एकादश-द्वादश-कक्ष्योः षोडशाधिक-छात्राः संस्कृतभाषां मनोयोगेन पठन्तः सन्ति।

## शंस्कृत-चित्रकथा





शंकर-विहारस्थेन आर्मी पब्लिक विद्यालयेन आयोजितायां 'पंचतंत्र सूक्ति संवेदनम्' इति प्रतियोगितायां चित्रकथेयं प्रेषित:।
-श्रेया श्रीवास्तव, अष्टमी 'स'

















## CREATIVE CORNER

### **Bury a Secret**

Let's bury a secret,
You and me,
Shall we hide it and forget?
Dig the ground,
Place the lock,
Whisper Goodbye,
Destroy the key to the heart.
That inherently we are all good,
Pretending to be bad.
That evil is hidden somewhere deep within

By - Moksha Srikirthi Kodiyar, VIII-B

#### The Worth of Water

Let's bury it forever deep within.

Once upon a time, there was a boy who used to live in a village. He always saved water unlike the other villagers. He would advise villagers to turn off the tap while brushing and harvest rain water. But the villagers wouldn't listen to him and continued to waste it. One fateful day, when everyone woke up, they realised there was no water supply. The villagers got worried. Fortunately, the little boy had saved water in huge buckets, he helped everyone by sharing it. After a few days, the water supply was resumed and by then the villagers had realised the importance of water.

By - Manreet Kaur, V-B

### The Bookshop

I entered the Bookshop,
as my heart guided me.
Bottling that musky scent
Inside my lungs.
Sailing through the shelves,
Fetching the best books.
Merry and pleasedAs I walked out of the Bookshop,
with my new friends.

By – **Anushka Shukla**, XII-B



### **Evening Fire**

The day died,
Empyrean ember.
The breeze hummed
as I saw my evening fire.
Gleaming with glory,
Until it faded to anEndless voyage.

By - Anushka Shukla, XII-B.

### The Puppet Artist

Once upon a time, in a small town, there was a theatre with a talented puppet artist. Every day, she would come and spend hours designing and creating the most elaborate puppets for the theatre's shows. The puppets would come to life on stage as the artist's fingers danced over their strings. The puppets would sing, dance, and act out the shows as if they were real people. And the audience would be thrilled by the magic of the puppets, forgetting for a moment that they were just puppets and not real at all. The artist would often spend hours after the shows repairing and maintaining her puppets, for she believed that her creations were not just puppets, but alive in their own right. She knew that without her care and attention, the puppets would not be able to perform the shows that brought so much joy to the town. The people in the town really admired the artist's dedication towards her work and praised her for it. She ended up becoming one of the most famous puppet artists in the world because of her enthusiasm and hard work and thus she inspired millions to do their best.

By – **Manha Khan**, VIII-D

### **Don't Give Up**

The sun is high,
See the birds fly.
Don't give up!
Just give it another try.

There's so much beauty around,
Meadows with blooms abound.
Give it another glance,
Don't give up!
Give it another chance.

Don't lose hope,
Until your last breath,
Destiny is a long way.
Be undaunted and determined!
Step by step climb the ladder of success,
Don't give up!
Just give it another chance.

Everything is going to be fine,
It's just another mile.
Hold onto your nerves and go beyond,
It's the chance for which you've been waiting for so long.
Don't give up, this is the final chance!

By - Maera Khan, XII-B

### It's Okay

It's okay to lose,
It's okay if you are feeling depressed,
Don't get distressed.

Do not be vexed, all will be fine.
Our stars are not meant to be perfectly aligned.
Let's keep up with the hope,
Believe you can cope.

Let people think whatever they want,
They just want to taunt.
It's okay if they think you have no worth.
Just know that you are unique.

If it feels right within your heart,
No one can tear your dreams apart.
Don't care about what others think about you.
Let people say whatever they want to.
Instead of explaining to them with words
Prove them wrong with your deeds.

It's okay to make mistakes,
Don't yourself forsake.
Instead of getting intimidated and hurt
By criticisms and abuse
Just try to improve yourself
Just try to obliterate your fear and weaknesses.
No one is perfect,
Just try and self-reflect
You'll surely reach your best!

By – **Dudipalla Greeshma**, IX-D.

#### The Advent of Monsoon

The weather seemed really soothing outside, like as if it was embracing every part of this world just to keep it away from the harsh reality. The clouds were coming out to comfort those in grief, while the colours of the sky made us wonder about its unknown meaning, so beautiful yet so difficult to read. The cool breeze caressed several strands of hair and made a beautiful mess, the one which pulled giggles out of pretty faces. Standing on the patio, lost somewhere in my thoughts, I felt a gentle tap on my arm followed by a running trail of wetness and soon the rain started to soak everything in it. The drops of water, blooming flowers, the scent of the earth brought an unknown relief to me. I heaved a deep sigh, a chuckle escaped my mouth and I realised that the wonder of nature is a hidden mystery of its own, even if it is science that defines it.

By - Ayushi, XII-D

### **Her Imagination**

She lives in a world of fantasy,

Taking her places that she can't go.

From the depths of ocean to the Milky way Galaxy,

She knows about things most people do not know.

Her imagination has no limits,

She can travel through different dimensions.

She stares at the sky and wishes on comets,

Many say that she lives in delusion.

On her eleventh birthday,

She wished Hagrid to come,

And take her to Hogwarts that day,

Because she thought that was her home.

Many say she escapes reality,

Maybe that is the truth.

People often question her sociability,

However, her imagination takes her to different altitudes.

By – **Etasha Banerjee**, IX-D

#### **RIDDLES**

- 1. What has to be broken before you can use it?
- Ans. An egg.
- 2. What has hands and a face, but can't hold anything or smile?
- **Ans.** A clock.
- 3. I have a tail and a head, but no body. What am I?
- **Ans.** A coin.
- 4. What gets wet as it dries?
- Ans. A towel.
- 5. Kids can make it, but never hold it or see it. what is it?
- Ans. Noise.
- 6. I'm tall when I'm young, and I'm short when I'm old. What am I?
- Ans. A candle.

By- Gauri Sharma, IV-B

### Japanese Movie review: Suzume No Tojimari

Hello everyone! I'm Sonakshi Sengupta of grade 8th and today I will be reviewing this beautiful Japanese movie that I recently watched called Suzume No Tojimari. This movie was released in the theatres on April 14, 2023 (In India) but I watched it during the Makoto Shinkai film festival which was held in the month of May 2023. This movie was one of the most awaited anime movies of the year because the director of this wonderful film is none other than Makoto Shinkai, a well-known director famous for his other masterpieces like Your name, Weathering with you and The garden of words.

Now, talking about Suzume, it's an absolute work of art! The movie is a bit confusing in the beginning... but the plot is quite interesting and unique and makes it one of the reasons why the movie is quite popular! The protagonist, Suzume is a young high school girl, who lost her mother at quite a young age and lived with her aunt. Suddenly one day, she started seeing red projections in the sky that apparently caused earthquakes and natural disasters. Soon she realised that she was the only one... who could see it!! However, one day, while going to school Suzume met a boy named Souta... and found that he could also see the red projections and was tasked with closing doors located in abandoned places across Japan to protect it from a multitude of natural disasters. I know that the synopsis of this movie is really confusing, but I assure you that Shinkai manages to tie up all lose ends neatly like a ribbon. Shinkai promised a lot with this movie, and he delivered it gracefully. There are lots of messages that I feel are important. Some of them are:

- ★ If you don't deal with your emotions... your emotions will start DEALING with you and will take over, you!
- ★ Every small thing in life could mean a lot! We should value each passing moment, no matter how insignificant or terrible it may be, because that's what makes life worth living!
- ★ And at last, always live your life with a noble cause to fight for or defend. Souta and his ancestors strove to defend Japan from calamities for centuries without being paid or recognised for their work, but they continued doing it because of their noble cause, which was to protect their homeland, Japan.

Now, there are many more life lessons and values you can get from the movie, I have only mentioned a few but by watching the movie who knows you may learn even more than me!

I hope you all will love Suzume No Tojimari and learn some good life lessons and of course enjoy the mysterious plot the way I did!

Thank you,

By – **Sonakshi Sengupta**, VIII-C

### The Nightmare

"I choose dare", I said as the bottle pointed towards me. We were playing Truth or Dare at night on our school trip to Cornwall, London. Ethan, one of my classmates replied "Well, your dare is to spend a night alone in our hotel's room no. 13". Everyone gasped; we knew that room 13 of the Hotel Del Luna was haunted. I was afraid but being a stubborn person, I said, "Sure, but Ethan, you're going to pay Cough up!". The night finally came; it was easy to book that room. I went inside the room; it was pretty normal. Legend says that a teenage girl committed suicide there, by jumping from the building. I shook off my thoughts and started reading. At midnight I felt sleepy, so I went to bed when suddenly the room looked dirty, like it wasn't cleaned for ages. I felt as if I wasn't the only person there. There was nobody in the room except me. Even though the window was open, I felt suffocated and there was an odour of something rotting. I heard footsteps and saw a red gleaming drop of blood falling from the ceiling; I looked up and saw my body hanging out of the window. There was a message on the wall, written in blood. It said, "I am always watching". I started screaming and opened my eyes and saw all my friends huddled around my bed. Ethan stepped out and said, "Are you ok?" I was relieved, as it was just a nightmare but it was short lived as I saw that my book had a gleaming drop of blood on it. I wasn't sure whether to leave the room or not. Was it really *just* a nightmare?

BY – Parinishtha Paul, VIII-D

#### What is Peace?

What is peace to you? To me;

Peace feels like the warm hugs of my mother at night,
Whenever this cruel world fills me with fright,
Peace could be like an encouraging word to believe,
Whenever you are in deep grief.
Peace could be a tree saved from an axe,
Whenever your heart cracks.
Peace is not only avoiding violence in the world,
But to stand up to it by being bold!

By – **Koyal Shruti**, X-D

### **My Guiding Star!**

How can something be as beautiful as my star?
When the sun goes down and begins the horrifying night ...
It is then when my tiny little star shines with all its might!
Giving me a ray of light,
Even from afar!
I'm pretty sure, you are my guiding star!

I didn't want you to go but sadly I couldn't hold you.

Then as promised you shine every night,

And I'm able to see you, again and again.

Now it's your twinkling light that embraces me all night and makes me feel secure.

Even from afar!

I'm pretty sure, you are my guiding star!

Isn't it mesmerizing?

To witness the way my tiny little star shines,

And makes its way through the dark grey clouds to see me smile.

Standing strong right up there providing me a beam of encouragement.

Even from afar!

I know, you are my guiding star!

By - Sonakshi Sengupta, VIII-C

#### Value of Games in Education

Games play an important role in our life, by which we learn things way much better. It helps us to study the things practically which makes learning easier. It helps us to remain fit and in good health too. Playing games is the best way to keep out stress. Games are of two types: mental and physical. Both of them are important for us. Mental games include chess, scrabbles, sudoku carrom, business etc. Physical games consist of cricket, football, hockey, tennis, badminton etc..... Mental games help us to increase the level of concentration and help us to focus on the work we do. Physical games increase our stamina, endurance and also help in staying focused. Above all, games inculcate various life skills such as critical thinking, problem solving, leadership and team spirit.

By – Aniket Raj, X-C

#### **Mathematics: A brief introduction**

#### **Brief history**

Before the modern age and the worldwide spread of knowledge, written examples of new mathematical developments have come to light only in a few locales. From 3000 BC the Mesopotamian states of Sumer, Assyria and Akkad, followed by ancient Egypt began using arithmetic, algebra and geometry for purpose of taxation, commerce, trade and also in patterns of nature and in the field of astronomy and to record time and formulate calendar.

The earliest mathematical texts available are from Mesopotamia and Egypt. All of these texts are called Pythagorean triples, so by inference, the Pythagorean theorem seems to be the most ancient and widespread mathematical development. The study of mathematics as a 'demonstrative discipline' began in 6<sup>th</sup> century BC with the Pythagorean.

Archimedes who lived between 287 BC – 212 BC is known as the father of Mathematics.

#### **Aryabhatta**

He was a mathematician and astronomer of the classical age of India. He flourished in the Gupta era and produced works such as the Aryabhatiya and Arya-Siddhanta.

Aryabhatta gave the world the digit '0'(zero) for which he became immortal. He also discovered an approximation of pi i.e., 62832/20000 = 3.1416.

#### **Baudhayana**

He is the earliest known mathematician from India and is probably the first mathematician of the world. He was the first to calculate the value of Pi. Pythagoras theorem today is already found in Baudhayana sutras which was written several years before the age of Pythagoras.

#### **Mathematical skills:**

Mathematics provides an effective way of building mental discipline and encourages logical reasoning and mental rigour. Even mathematical knowledge plays a crucial role in understanding the contents of other school subjects such as Science, Social Science and even Music and Art. It gives the students a practical approach to learning and to understanding how things happen. In many ways, Maths is closely related to Science. Mathematics is a scholarly domain and so the mathematical community works as the scientific community does.

Certain qualities that are nurtured by Mathematics are power of reasoning, creativity, abstract or spatial thinking, problem-solving ability and even effective communication skills.

By - Nakshatra Verma, VII-C

#### **Dreams**

Away, away from your reach, Resides a dream upon the breeze, Held together by a wish all free, Knitted from the strands of sea. Angry faces I secretly see, High on the clouds and above trees, Looking down right at me, I run from them, holding my dreams. Stones I collect and watch all day, Wishing a pearl to come my way. Months do pass and nothing change, My little dream run wild and stray. I nurture plants and wish flowers to stay, But like a promise they wither away. I wish to dance and feel the wind play, On my face and upon earth's wide plain. Wander and wander I truly will, And run away from fear's unsure grip. Upon me and a hundred who had hoped, To win one day and eventually stopped. So I decide to go on and on, To where my compass takes, it is home.

By - Jahnavi Gouri Panicker, X-D

#### **Failure**

Maybe I will fail,
But anyway, I will sail,
Even if I see no gain,
I will try again.
I may drown in pain,
But I won't cry in vain,
I will drive away the pain,
No more will I wail.
Now I don't fear to fail,
For I have learnt to sail
So, I will keep trying again,
My dream I will attain.

BY – Jahnavi Gouri Panicker, X-D

### A new morning

A shade of gray in the sky,
"Morning coming," says a cry,
Darkness lifts as the moon says goobye,
Sunlight brightens at the right time.

Sun is in an orange hue,
The sky is no longer the darkest blue.
Trees are lit and birds they sing,
Then fly over high with little wings.
Light spreads gradually and slow,
Chirping of birds is heard loud and low.
Sun now shines up in the sky,
It's morning, open your lazy eyes.

Morning is bright and free,
I look at the sky and feel the breeze.
Sorrows are old, while hope is seen,
A day of mystery, calls for me.

By - Jahnavi Gouri Panicker, X-D

#### **TEAM SPIRIT**

Hand in hand we walk together, Side by side perform together. When alone we just can't do it, Awaken in you that team spirit!

Some events, may you provoke,
To feel detached, and be alone.
Though you are unique and different,
To remain aloof isn't how you are created.
Look into your heart, oneness in it.
Awaken in you that team spirit!

Stand unique in the role, United by just one goal. Bring out your strengths to achieve the goal, You all are many, but one soul, There's a supreme feel in it Awaken in you that team spirit!

It's isn't about any one,
it's about everyone,
If you want something to change,
Better be the first to bring in that change,
It's not I, it's "let's do it",
Awaken in you that team spirit!

By – **Tanu Priya**, XI-A

#### **Save Water**

Water is an essence of life, It quenches our thirst, Water is an elixir for humans, It's our duty to save water first.

> Chemical formula of water is H₂O, Life without water is a big "NO!!". To ensure your bright future, Keep water clean in nature.



Our body contains 60% of water,
While the Earth contains up to 70% of water,
Water carries nutrients and oxygen to all the cells.
Water is present everywhere including in wells and tube wells.

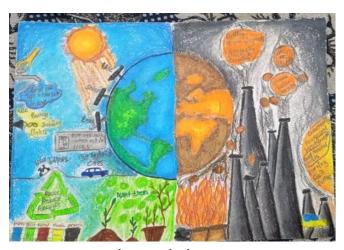
Water is used for everything,
Without water there is nothing,
Knowing this we are wasting water,
It's high time we take a pledge to save water.

By - Maninder Dhamija, IX-B

## **CREATIVE STROKES**



Aditya Bhargva, VIII-A



Abeer Iqbal, VIII-B



Ridhima Bali, IX-A



Vrinda, IX-A



Hanshita, VI-B



Abhilata, VIII-B



5-5-21.

Vrinda, IX-A



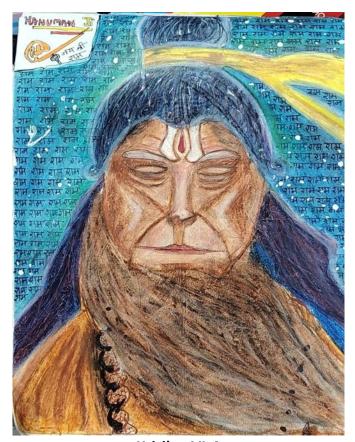
Vrinda, IX-A



Harsha Sharma, VIII-B



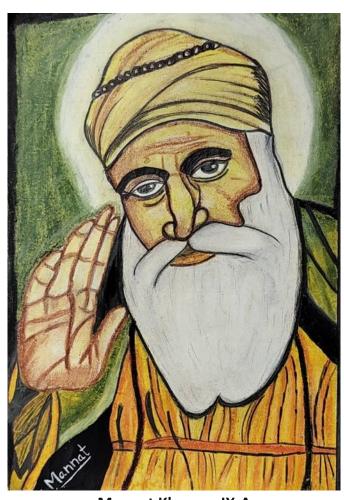
Debankon Bagh, XI-D



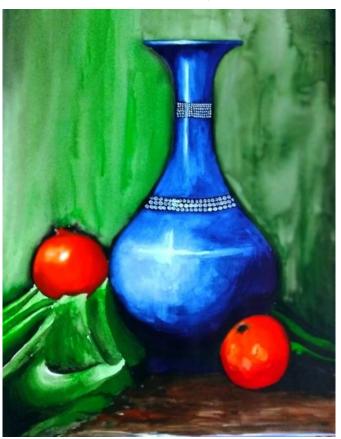
Kritika, VI-A



Debankon Bagh, XI-D



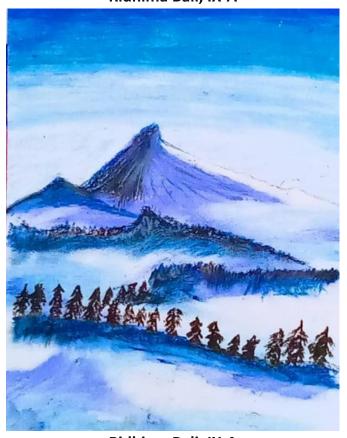
Mannat Khanna, IX-A



Debankon Bagh, XI-D



Ridhima Bali, IX-A



Ridhima Bali, IX-A



Ashmit Amrohi, VI-A



Debankon Bagh, XI-D





Siddhi Jain, VII-B

# **School Faculty**



EDITORIAL BOARD PHOTOGRAPH



**ENGLISH DEPARTMENT** 



HINDI DEPARTMENT





SCIENCE DEPARTMENT



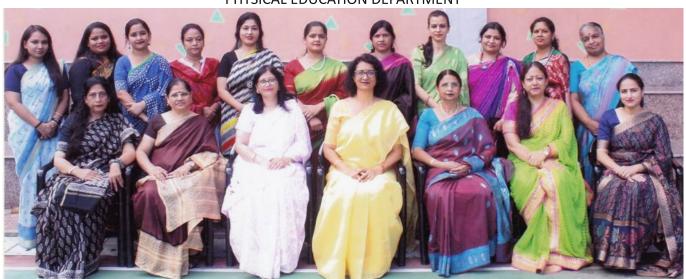


COMPUTER DEPARTMENT





PHYSICAL EDUCATION DEPARTMENT



PRE-PRIMARY NURSERY TO II CLASS DEPARTMENT



OFFICE STAFF