

Cir No.: BVBMV/CIR/2026/525

05/08/2026

Dear Parent & Students

Our school gives utmost priority to child safety on its own accord. In line with the POCSO Act, 2012, we would like to share with you the various child safety and protection measures already in place at Bharatiya Vidya Bhavan's Mehta Vidyalaya.

- 1. Child Protection Committee (CPC):** Our school has already constituted a Child Protection Committee that actively oversees child safety mechanisms and ensures the school's commitment to the provisions of the POCSO Act, 2012.
- 2. Sessions on Safe and Unsafe Touch:** Dedicated workshops have already been conducted for students on body autonomy, safe and unsafe touch, personal boundaries, and the "No-Go-Tell" principle, helping children recognise and respond to uncomfortable situations.
- 3. Encouraging Trust and Fearless Reporting:** Students are regularly encouraged to report any inappropriate behaviour without fear or hesitation.
- 4. Cyber Safety and Safe Internet Use:** A dedicated workshop on personal boundaries and cyber safety has already been conducted for students, promoting safe use of the internet and social media and creating awareness about cyberbullying, online grooming, and protection of personal information.
- 5. Open Communication with Parents:** The school continuously maintains open communication with parents and encourages them to stay alert to early signs of emotional distress in their children — such as restlessness, insomnia, aggression, low self-esteem, sudden decrease or increase in appetite, medically unexplained stomach pain, headaches or muscle tension, separation anxiety, sudden outburst of crying or frustration, sudden drop in academic performance etc
- 6. Complaint and Reporting Mechanisms:** Grievances can be shared through the School Complaint E-Mail ID complaints@bvbmehtavidyalaya.org or principalmehatavidyalaya@gmail.com. Complaint/Suggestion boxes are also available at three locations across the campus, and all complaints are kept strictly confidential.
- 7. Helpline Numbers:** Parents and students are once again reminded of the Child Helpline (1098), DCPCR Helpline (9311551393), and Yuva Helpline (10580 / 1800-11-6888), School Counselor, Dr. Jyoti Dev Rishi, at 9350295519 / jyoti.dev.rishi@bvbmehtavidyalaya.org
- 8. Role of Parents:** We continue to seek the active cooperation of parents in supporting their child's academic and social emotional well-being, ensuring regular school attendance and working with the school to maintain a safe learning environment for all.
- 9. Staff Training and Sensitization:** All staff members are regularly trained and sensitized on the provisions of the POCSO Act, prevention and handling of bullying cases and child safety protocols to ensure a safe and secure environment for every student.

We urge all parents and students to make use of these existing resources and mechanisms, and to reach out to the School Counselor or Class/Subject Teachers/Primary Coordinator/Vice Principal in case of any concern related to bullying, academic pressure, social-emotional stress or any other concern

Principal
5/8/26

Principal
Bharatiya Vidya Bhavan's
MEHTA VIDYALAYA
Kasturba Gandhi Marg, New Delhi